

Church Group Discussion Guide

Luke 8:26–39 — He Has a Name

Opening — Icebreaker (5–10 min)

Question: What's something people tend to turn to for comfort that doesn't actually deliver?

Scripture Reading (5 min)

Read Luke 8:26–39 slowly.

HEAD — Entering the Story (15–20 min)

What do we notice? What is happening here?

What part of this story grabs your attention most? And why do you think that is?

What do you notice about the man before he meets Jesus?

What words or images describe his condition?

What do you notice about Jesus in this scene?

How does He respond to someone everyone else had given up on?

The people in the region ask Jesus to leave.

Why do you think they reacted that way?

What feels surprising, confusing, or even hard to believe in this story?

HEART — Letting the Story Search Us (20–25 min)

What does this stir in us? Where does this connect to real life?

The sermon described how we sometimes return to things that don't actually help us.

Why do you think we do that as humans?

Without getting too personal yet—where do you see that pattern in people in general?

(Then gently move toward personal reflection)

If you're comfortable sharing:

Is there something in your life that has had more pull on you than you wish it did?

The man's identity gets replaced by "Legion."

Where do people today tend to lose their sense of who they are?

Jesus moves toward the man, not away from him.

What is your honest reaction to the idea that Jesus would move toward you in your mess and not avoid you?

The people were more comfortable with what they knew than with Jesus disrupting things.

Where do you see that tendency in yourself or in our culture?

Group Interaction Prompt:

When someone shares, ask:

“What did that feel like for you?” or “Can you say more about that?”

(Help the group respond to people, not just ideas.)

HANDS — Responding to Jesus (15–20 min)

What might trusting Jesus look like this week?

The sermon said: “Whatever is stronger than you is not stronger than Jesus.”

What do you think it would look like to actually trust that this week?

The man is not just freed, but he’s sent back with a story.

Why do you think Jesus sends him back into his ordinary life?

If Jesus is restoring people, not just fixing problems, what might He be restoring in you right now?
(even if you’re unsure)

Who is one person in your life who might need to hear a real, honest story, instead of a polished one?

What is one small, realistic step you could take this week?

(A conversation, a prayer, a moment of honesty, reaching out to someone...)

Gentle Closing Prompt:

What’s one word or phrase you’re taking with you tonight?

Optional Prayer Time (5–10 min)

You might close by inviting people (if they’re comfortable) to pray briefly:

For freedom where they feel stuck

For honesty before God

For one person in their life

Or simply have a leader pray for these things in the lives of you CG.