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There's always so much more going on at Tysons. Make sure to sign-up for our weekly enews at mcleanbible.org/enews to stay up to date.

If you have a ministry or event that you'd like to be considered for addition to this directory, or if you have information that needs to be updated, please email mbctysons@mcleanbible.org.

events. Edasses

## Check out our Events and Classes pages for the latest on what's going on at MBC Tysons.





**EVENTS** 

**CLASSES** 

#### **BAPTISM**



The gospel message transforms people's lives and baptism is a celebration of your new life found in Jesus Christ. If you have accepted Jesus and you're ready to take this step of obedience, complete the baptism application on our website. We will walk you through the application process, send you resources, and help prepare you for your baptism.

INFO: mcleanbible.org/baptism or mbctysons@mcleanbible.org

#### **MEMBERSHIP**



The Bible refers to the church as "members of one body." At MBC, we live this out through a formal commitment to church membership that includes an application, an interview with an elder or staff pastor, and introduction to the body at a Church Family Meeting. To become a member of MBC, your first step is to attend a Membership Orientation in person. Classes are held several times a year and are required for all prospective members.

This is a great way to learn about our vision, values, beliefs, and staff. INFO: mcleanbible.org/membership or membership@mcleanbible.org

Tysons Magford Jealu



NATHAN REED
Pastor of MBC Tysons



**JAMES PARK**Associate Location Pastor



AMIN POUR KAVEH
Associate Pastor, South Region



**DAVE MERRIFIELD**Associate Pastor, North Region



**JIMMY ROH** Associate Pastor



**DJ CORKEY** Associate Pastor



DONNIE COHN
Associate Pastor



**ARLLEN ADE** Associate Pastor

If you are a member and would like to request a meeting with one of our pastors, or if you have a wedding or funeral/memorial service need, please reach out to one of our pastors directly.

church groups

#### WHAT IS A CHURCH GROUP?

At MBC, a Church Group is a group of people who commit to Caring for one another, Growing together to become more like Jesus, and Making disciples together on mission in the world ("C-G-M"). Church Groups are designed to be representative of the entire body of Christ, including men and women of all ages and backgrounds, married and single, and families with and without children in the home. Groups meet in all kinds of places and are all different sizes, although they typically range from 3-30 people.

We want every member of MBC to experience the deep, healthy community that we read about in the New Testament – it's what we were made for. We believe that Church Groups can help us experience the strengths of a large church and yet offer the family relationships of a small church community so that no one slips through the cracks.

#### WHAT CAN I EXPECT IN A CHURCH GROUP?

All Church Groups will look a little different, yet all will include 3 essential elements.

- All Church Groups commit to building biblical community. To care for one another well, we must know one another. We spend time together and build communities that care for both physical and spiritual needs.
- All Church Groups commit to spending time together in and around God's Word. We often discuss sermons from the previous week and help each other apply what we are learning.
- 3. All Church Groups commit to deeper sharing and prayer. We spend time sharing how we are really doing, supporting one another, and praying for and with each other. We send each other out to make disciples.

#### **HOW DO I GET STARTED?**

There are two ways to connect to a Church Group.

- Attend MBC Connect following any Sunday service. This 10-minute info session is designed to orient you to MBC and answer questions you may have about what it looks like to be involved in the life of our MBC family.
- 2. Go to mcleanbible.org/tysons/groups to either,
  - Search for a Church Group that meets in the MBC Tysons building.
     Submit the contact form to connect with the group leaders to learn more.
  - Submit the Church Group Interest Form to connect with a Church Group that meets in a home near you.

More information: mcleanbible.org/churchgroups

#### MBC TYSONS CHURCH GROUP LOCATIONS





## CONNECT WITH A CHURCH GROUP

Go to mcleanbible.org/tysons/groups for a listing of all Church Groups that meet in the MBC Tysons building. To connect with a Church Group that meets in a home, please submit the Church Group Interest Form and a leader will be in touch soon with more information.

#### **SUNDAYS**

- Koinonia Church Group wayne.fujito@mcleanbible.org
- Teammates Church Group teammates@mcleanbible.org
- Friends & Fellowship Church Group glyn.roberts@mcleanbible.org

#### **WEDNESDAYS**

- Park Church Group james.park@mcleanbible.org
- Lee Church Group john.jungwon.lee24@gmail.com

We also offer different opportunities to connect with a Church Group in your heart language.

- Korean-Speaking Church Group oscillooo95@gmail.com
- Mandarin-Speaking Church Group zhihong.zhang@mcleanbible.org
- Spanish-Speaking Church Group hector500@juno.com
- Farsi-Speaking Church Group amin.pourkaveh@mcleanbible.org

Ways to serve

If you've not yet found a way to serve the Lord with your time and gifts we have many opportunities for you to consider. No experience is necessary, and you'll receive any training needed to serve in these roles. All you need is a willing spirit and a desire to serve. Visit mcleanbible.org/tysonsvolunteer to apply!

### **SERVE ON SUNDAYS**

#### KID'S QUEST - SERVING OUR CHILDREN

We believe that every Christian has a God-given ministry, and with the variety of serving opportunities in Kid's Quest there is a place for everyone to use their gifts. If you have a passion for sharing Christ's love with the next generation, join our volunteer team! Get started today by completing a volunteer application online. INFO: mcleanbible.org/tysonsvolunteer

#### **ACCESS - SERVING THOSE WITH SPECIAL NEEDS**

Volunteers are the backbone of our ministry, and we need your help to be able to include these precious children, teens and adults in our church! Access has many volunteer opportunities serving with children, teens and adults with a wide range of special needs. Don't worry if you don't have experience, we will train and guide you the whole way through. You can serve weekly or every other week depending on your schedule.

INFO: mcleanbible.org/tysonsvolunteer or accessministry@mcleanbible.org

#### **ROCK STUDENT MINISTRIES**

One of the best ways to grow as you follow Jesus is to help someone else find and follow him. If you love students and have a desire to raise up ONE MORE generation whose highest allegiance is to Christ and His Kingdom, then we invite you to apply to join the movement! You can find the application to serve with the student ministry on our webpage at the link below.

INFO: mcleanbible.org/rock

#### **USHERS**

On Sundays, our team welcomes and serves MBC attendees by helping congregants find seats, collecting the offering, and cultivating a spirit of hospitality and unity. Serve 1-4 times per month during any of the main services. INFO: mcleanbible.org/tysonsvolunteer

#### **GREETERS**

On Sundays, our team welcomes MBC attendees by standing at the main entry points of the church and auditorium. We invite you to share a friendly smile as you hold open a door. Serve 1-4 times per month during any of the main services. INFO: mcleanbible.org/tysonsvolunteer

#### WELCOME CENTER HOSTS

Serve as a host at our Welcome Center in the Main Auditorium lobby. We welcome anyone who has a working knowledge of MBC and its various ministries and wants to assist people who come to the center looking for information. Serve 1-4 times per month during any of the main services.

INFO: mcleanbible.org/tysonsvolunteer

#### WORSHIP GATHERINGS: TECH, PRODUCTION, & WORSHIP

Our team has many talented people who work diligently every week to create an environment where people can draw closer to God through deep and meaningful worship. We have audio engineers, broadcast volunteers, camera operators, lighting designers, ProPresenter operators (lyrics and slides), stage managers, musicians, and worship leaders. We are always seeking more people who want to join our community! Experience varies for volunteer positions, but we invite everyone to apply online.

INFO: mcleanbible.org/tysonsvolunteer or greg.loizou@mcleanbible.org

#### **PRE-SERVICE PRAYER**

Come join us every Sunday for pre-service prayer at 8:15 and 10:30 AM in the large prayer room off the main lobby. This weekly time of prayer is an opportunity to center our attention on the Lord and confess our need for Him! INFO: glynrob@gmail.com or byhisstrength@aol.com

#### **FIRST RESPONSE TEAM**

The First Response Team provides opportunities for individuals trained in security, law enforcement, personnel protection, first responder, and/or medical emergency response to serve to protect our various MBC locations. Applicants are requested to complete the First Response Team (FRT) application form as well as the online McLean Bible Church Volunteer Application Form. It is required that FRT applicants be members of the church or in the process of becoming a member and undergo a background check.

INFO: mcleanbible.org/tysonsvolunteer or bob.sibert@mcleanbible.org

## SERVE WITH LOCAL OUTREACH

#### LOCAL OUTREACH NEWSLETTER

Sign up for the Local Outreach Newsletter! Receive monthly events, needs and requests, stories, partner spotlights, and prayer requests from MBC partners. INFO: mcleanbible.org/localoutreach

#### **MBC BABY BOUTIQUE**

Serving vulnerable babies and their parents throughout our community with new and used baby clothing and other items. We accept donations (in the bin next to the Smith Center desk, or under the Cafe stairs) and have several serve opportunities per month. INFO: lauren.deluca@mcleanbible.org

#### LOCAL OUTREACH RESOURCES

Make sure to check the Local Outreach page for creative ideas, available resources, and partner organizations that would love your help.

INFO: mcleanbible.org/localoutreach

#### **FAMILY ADVOCACY MINISTRY**

Help us launch this new ministry as we aim to better care for foster children, and to provide support and resources for our foster and adoptive families, as well as vulnerable women and children in the community.

INFO: familyadvocacy@mcleanbible.org

#### **CHRISTIAN MUSLIM RELATIONS (CMR)**

With thousands of Muslims in our area and more than 1.2 billion Muslims all over the world, we pray that CMR will be a resource and a point of contact to catalyze, help, and equip our people to reach their Muslim family members, friends and here and around the world.

INFO: cmr@mcleanbible.org

#### **ANSWERING MUSLIMS' QUESTIONS**

The war between Israel and Hamas, the confusion about Islam, and the presence of thousands of Muslims in our neighborhood are addressed in this class. Moreover, Muslims themselves are asking questions about Christians' faith! The "Answering Muslims' Questions" (AMQ) class will help believers to understand the mind and culture of Muslims and how to respond adequately to their questions. AMQ is a 12-session class on Zoom. The theme of the class is taken from 1 Peter 3:15: "Aways be ready to give an answer." The next virtual class starts on January 20, 2026. Keep an eye out on the eNews to register!

INFO: cmr@mcleanbible.org

#### **ENGLISH FOR SPEAKERS OF OTHER LANGUAGES (ESOL)**

English classes for adults of all ages and backgrounds. Join us to learn English and make friends from all nations! Our goal is to teach English, develop friend-ships, and show Christ's love to our international friends. Registration takes place at the first class.

MEETS: Mondays and Thursdays at 10 am, September to May.

INFO: aimee.palumbo@mcleanbible.org

#### LAZARUS COMPUTER MINISTRY

Our mission is to provide computers to individuals, families, ministry and missionary partners unable to afford computers. This equipment helps to provide people access to needed information, show God's love and spread the gospel. Lazarus Computer Ministry is in need of computer donations, in particular working laptops and desktop computers that are less than 8 years old. All donated computers are erased as part of the refurbishment process.

INFO: computerministry@mcleanbible.org

#### MCLEAN CAREER MINISTRY (MCM)

Need hope and help finding your next job? Visit the McLean Career Ministry (MCM) on Wednesdays at 7:15 pm in Community Room F. The MCM team will help you build and refine your resume, design your search dashboard, expand your population of potential jobs, and become an interview pro. Pick up an extra dose of hope and prayer while you are there.

Got a heart to serve those in the job search?

We need MCM volunteers! Regular MBC attendees with professional work experience, good communication skills, and some confidence are welcome. Options include being a Search Ally and sharing 30-60 minutes of your time each week following up with a job seeker or managing a topic table on Wednesday evenings from 7:15-9:00 pm. Job seekers and volunteers can email mcm@mcleanbible.org for more information.

#### **OPERATION KINDNESS (OKM)**

We meet in the Rock Gym at 6:30 pm on the second Tuesday of every month except for December. OKM packs around 30 to 35 boxes monthly and donations are welcomed. An OKM donation bin is located across from the entrance to the MBC café under the stairwell to the third floor. A complimentary light dinner is served after the OKM packing operations are completed, enabling wonderful fellowship. OKM also strives to care for and minister to the dependents of deployed military members and their families in the local area.

INFO: wayne.fujito@mcleanbible.org

## SERVE WITH OUR LOCAL OUTREACH PARTNERS

Below are some of the organizations throughout the DMV we partner with who do excellent work supporting various vulnerable populations. Most, but not all, are Christian based, but all provide opportunities to share the love of Christ through service. Feel free to contact the organization you are interested in to see what volunteer roles, events, prayer teams, or other giving options are available.

To learn about more opportunities we have to serve others in our city, sign up for our local outreach newsletter at www.mcleanbible.org/localoutreach

## ADOPTION/FOSTER CARE

#### PROJECT BELONG

Project Belong inspires, recruits, and resources the local church to care for vulnerable children with the love of Christ. Get involved by supporting a social worker, or to mentor a youth.

INFO: www.projectbelongva.org/dont-go-alone

#### **FOSTER THE FAMILY**

Foster the Family serves foster families & children in the greater D.C. metropolitan area.

INFO: www.fosterthefamilydc.org/volunteers

#### **DC127**

DC127 supports foster families.

INFO: www.dc127.org/dc127-volunteering

#### PREGNANCY RESOURCE CENTERS

While each PRC is unique, most have opportunities to make meals, provide office support, or help with classes.

- MOSAIC: mosaic-virginia.org/donate/volunteer
- ASSIST: assistpartners.org/volunteer
- LIFE FIRST: lifefirstva.org/get-involved
- CAPITOL HILL PREGNANCY CENTER: capitolhillpregnancycenter.org/ volunteers.html
- SANCTITY OF LIFE MINISTRIES: slmgetinvolved.org/volunteer
- · ABBA CARE: abbacare.org

## FOOD/HUNGER

#### **WESTERN FAIRFAX CHRISTIAN MINISTRIES**

WFCM serves residents of Western Fairfax County who are experiencing food insecurity and financial instability.

INFO: wfcmva.org/get-involved-volunteer

#### **FOOD FOR OTHERS**

Food for Others distributes food for those in need.

INFO: foodforothers.org/ffovolunteer

#### **MOBILE HOPE**

Mobile Hope provides support and emergency shelter to youth up to age 24 who are at-risk, precariously housed or homeless and empowers them to become self-sufficient and experience improved well-being.

INFO: mobile-hope.org/volunteer

#### **HOUSE OF MERCY**

House of Mercy provides food, clothing, and household items to those in need in Northern Virginia.

INFO: houseofmercyva.org/get-involved

#### **FAIRFAX FISH**

FISH provides funds and volunteers to serve the needy and elderly in the greater Fairfax City area of Fairfax County by providing life's necessities.

INFO: fairfaxfish.org

## CLOTHING/FURNITURE/ COMPUTERS

#### SHARE OF MCLEAN

SHARE provides emergency assistance to the McLean area, including food, clothing, furniture and more. INFO: mcleanbaptist.org/share

#### **HOUSE OF MERCY**

House of Mercy provides food, clothing, and household items to those in need in Northern Virginia. INFO: houseofmercyva.org/get-involved

## **HOMELESSNESS/POVERTY**

#### THE LAMB CENTER

The Lamb Center is a daytime drop-in shelter for individuals experiencing homelessness in Fairfax, Virginia. We provide a variety of services without cost to our guests, including breakfast, lunch, showers, laundry service, Bible studies, case management, AA meetings, a nurse practitioner clinic, a dental clinic, and much more. INFO: www.thelambcenter.org/get-involved

#### **CENTRAL UNION MISSION**

Together we provide safe shelter, hot meals, medical care, job training and compassionate care to transform lives here in the Washington D.C., metropolitan area. INFO: missiondc.org/get-involved

#### TREE OF LIFE

Tree of Life extends practical help by providing food, lifeskills, shelter, healthcare and relief. INFO: tolministries.org/want-to-help

#### **VIRGINIA WOMEN & FAMILY SUPPORT CENTER**

VWFSC provides housing and training for homeless moms of young children. INFO: vawfsc.org/volunteer

#### HOPE FOR NOVA

Hope for NoVA provides hope to low-income and under-served individuals and families in Northern Virginia through food, kids programming, and more. INFO: hopefornova.org/volunteer

## OTHER VULNERABLE POPULATIONS

#### RESET180

Reset180 serves victims of trafficking. Volunteers can help with office support, survivor services, prayer, and more. INFO: reset180.com/volunteer







#### FOR NEWBORN TO 5th GRADE CHILDREN

Our Kid's Quest ministry offers programming from newborn through 5th grade children during Sunday worship service times. We engage children with the life-changing truth of the gospel in fun and creative ways. God has ordained parents to be the primary disciplers of their children, so Kid's Quest aims to be supplemental in children's discipleship while supporting parents in their high calling.

#### **FIRST STEPS**

#### Nursery: Birth-17 Months

The Nursery helps little ones learn that church is a safe place to experience God's love through His people. The Nursery uses playing, talking, praying, singing and care-giving to familiarize each child with God's Name and His love for them. This helps to lay a foundation for children to know and trust God as they prepare to move into our toddler classes.

#### Toddlers: 18 Months- Turning 3 After September

The Toddler area encourages children to build a foundation on God's Word through engaging in play, Bible stories, crafts, worship, prayer, and a monthly memory verse. We strive to come alongside and support parents as they lead their toddlers to know and follow Christ.

#### **EARLY CHILDHOOD**

#### Preschool: 3 Years as of October 1st- Pre-Kindergarten

The Preschool mission is to help preschool children to know, love, and follow God. Through prayer, giving, Bible memory, etc., every lesson teaches that Jesus came to love and forgive sinners. Preschoolers experience:

- Small Group: A getting-started activity, Bible truth, mission exploration, and an integrating craft.
- 2. Large Group: A large group time which brings our Bible lesson to life through interactive storytelling and song.

#### Kindergarten: 5 Years as of October 1st

The kindergarten mission is to help children know, love, and follow God. Through prayer, giving, Bible memory, etc., children are discipled to understand that they are sinners in need of salvation. Every lesson teaches children about Jesus' desire to know them and for them to know Him as their personal Lord and Savior. Kindergarteners experience:

- Small Group: A getting-started activity, Bible truth, mission exploration, and an integrating craft.
- 2. Large Group: A large group time which brings our Bible lesson to life through interactive storytelling and song as well as an extended time for age-appropriate discipleship and Gospel presentation.

#### **ELEMENTARY**

#### Lower Elementary: 1st Grade - 3rd Grade

Lower elementary encourages children to grow daily in their personal relationship with Christ by strengthening their foundation in the Bible and helping them become a witness to their family and friends. Elementary kids experience:

- 1. Care: Children and their small group leaders engage in fun activities designed to create an environment in which leaders build lasting relationships with children.
- Grow: During large group, children participate in discovering God's Word through Bible verse memorization, interactive storytelling techniques, worship, and prayer.
- 3. Disciple: Children break off into their small groups for a dedicated time of reflection in God's Word through activities and intentional discussion.
- 4. Pray: Children and leaders join in prayer for each other.

#### Upper Elementary: 4th and 5th Grade

Upper elementary equips children to live out their faith in practical ways as they take ownership of their walk with Christ and prepare for middle school. Students are challenged to go deeper in their knowledge of Scripture and to live boldly as disciples of Jesus in their schools, communities, and families. Upper Elementary kids experience:

- 1. Care: Leaders foster a safe and welcoming environment where students can build lasting friendships and be encouraged in their faith.
- Grow: Large group gatherings engage students in deeper Bible teaching, Scripture memory, worship, and prayer that connect God's Word to everyday life.
- 3. Disciple: Small groups give students opportunities to discuss, reflect, and apply God's truth in personal and meaningful ways.
- 4. Pray: Students are encouraged to pray boldly—both for their own lives and for others—developing confidence in their personal prayer life.

For more information or to serve with any of these listed ministries please visit mcleanbible.org/tysons/children. If you have any questions about the above listed programming, please reach out to us at kidsquest@mcleanbible.org. To stay connected with all things Kid's Quest follow us on Facebook and Instagram @tysonskidsquest.

### ADDITIONAL CLASSES/RESOURCES

#### **FAMILY DISCIPLESHIP CLASSES**

Join us as we walk alongside parents and caregivers to equip and encourage them to lead their family in spiritual growth. This series of classes provides biblical teaching, practical tools, and space for discussion with other families who desire to

grow in Christ. Be strengthened in your role, supported by community, and inspired with strategies for discipling your children at home. Classes occur at various times throughout the year. Please contact Chris.Suarez@Mcleanbible.org for dates and details.

#### **FAMILY PRAY AND PLAY**

Families of babies to preschool-aged children will enjoy time to play, make a craft, meet other families, enjoy a music and story circle time, and go on a Family Prayer Walk. MEETS: Wednesday Mornings, 10:30 am – 12 pm INFO: donna.fitzpatrick@mcleanbible.org

#### **MOVEMENT CLASS**

Join us as we create a time for moms and others who care for babies and toddlers to enjoy a bonding movement experience together, while having fellowship with other families and exposing them to fun strategies for discipling our youngest children. A time for you and your little one(s) to bond, play, worship, and wiggle. INFO: donna.fitzpatrick@mcleanbible.org

#### KID'S QUEST PARENT EMAIL

Every week, our Kid's Quest team sends ministry announcements, curriculum information, and discipleship resources to parents. You don't want to miss out on these helpful tools as you teach your child the word of God! Head over to https://mcleanbible.org/tysons/children/ and opt in at the bottom right!

#### **AWANA**

Awana is a global ministry for youth ages 3 years through 12th grade that focuses on learning God's Word in a fun atmosphere. Each week, Awana provides consistent, positive teaching and training that stresses strong moral and spiritual values. Focusing on child discipleship, our students learn about the reality of God and the truths of the Bible and to know, love, and serve Christ. The Awana ministry runs on parent participation. For more information and to register, please visit the link below. Dues to join are \$60.

MEETS: Sundays 4:30 - 6:15 pm, September to May

INFO: mcleanbible.org/tysons/awana or awanatysons@mcleanbible.org



Students



#### MIDDLE SCHOOL AND HIGH SCHOOL STUDENTS, GRADES 6-12

#### WHO WE ARE

Life in the DMV moves fast for students – school, sports, friends, activities, and everything in between. But in the middle of all that, where do you find real purpose, real connection, and something that really lasts?

The Rock is a community for all students to find life in Jesus and respond with all we are. Our community is all about Jesus – discovering who He is, deepening our relationship with Him, and responding to His invitation to follow Him.

No matter your background, doubts, or questions, you belong here. Come hang out, have fun, and be part of something bigger than yourself. We can't wait to meet you!

The best way for parents to stay up to date is through the Parent Newsletter and you can sign up on our webpage.

INFO: mcleanbible.org/rock or rock.tysons@mcleanbible.org

#### SUNDAY MIDDLE SCHOOL COMMUNITY

We invite our middle school students to join us for Sunday Community at 11:00 AM in the Rock Gym. Rock Communities are designed for middle school students to engage with each other as they engage the Word of God.

MEETS: Sundays at 11 am in the Rock Gym

#### **SUNDAY SMALL GROUPS**

Sunday High School (HS) Small Groups are a great way to get connected if you can't join us for Midweek. It's just like Midweek, but on Sunday nights and it's specifically for HS students. So, if you can't make it to Midweek due to sports or after-school commitments, don't worry - we've got you covered!

MEETS:Sunday evenings in the Rock Lounge most weeks during the school year, 6:30-8pm

#### **MIDWEEK**

Following Jesus is better together. Midweek is designed for students (6th – 12th grade) to find community through Bible study as they encounter God through His Word and enjoy real friendships in small groups.

We meet on Wednesdays from 7:00-8:45 PM in the Rock Gym. For the first thirty minutes we play games and hang out or have worship together. During this time, pizza is available for \$1 a slice. Then, we all head into grade and gender specific small groups led by our ministry staff and serve teams. We pray that our students experience the abundant life God has for them as they dig into God's Word together. MEETS: Wednesdays from 7:00 – 8:45 PM in the Rock Gym



ALL MS and HS students are invited to join us for Summer and Winter Camps! Camp is an opportunity for students to turn down the noise of this world to tune their hearts to the voice of God. While away, students have the chance to make and build deep friendships while participating in tons of fun adventures, competitions, and activities. Year after year, we've seen God change students' lives and eternities through camp. Find out more details at our website – https://mcleanbible.org/tysons/students/

#### JOIN THE MOVEMENT

One of the best ways to grow as you follow Jesus is to help someone else find and follow him. If you love students and have a desire to raise up ONE MORE generation whose highest allegiance is to Christ and His Kingdom, then we invite you to apply to join the movement! You can find the application to serve with the student ministry on our webpage at the link below. INFO: mcleanbible.org/rock

#### **GET CONNECTED**

Don't miss out on our upcoming events, classes, and communities! Signup for our Parent Newsletter through our website and stay up to date on all of the ways that your student can get connected to the movement! INFO: mcleanbible.org/rock



govna adults



#### YOUNG ADULTS, 18-EARLY 30S

#### JOIN US THURSDAY NIGHTS

Citywide is a community for young adults (18-early 30s) to find and follow Jesus together. We gather weekly on Thursday evenings, 7-9pm, to study God's Word and enjoy time in community. A free dinner is provided as well as intentional opportunities to make new friends. There's no need to sign up in advance. Just swing by on a Thursday and give it a try. Wherever you are in your faith journey, we'd love to have you join!

The Citywide community also participates in MBC's young adult retreats, and our young adults organize lots of hang-outs beyond our Thursday gatherings to connect over food, sports, and more. We can't wait to meet you!

Want to know more? Follow us at @wearecitywide on Instagram

pecial reeds ministra



#### CHILDREN, TEENS, AND ADULTS WITH SPECIAL NEEDS

Our special needs ministry sees each person as fearfully and wonderfully made by God to glorify Him. Access has special Sunday classes and provides 1-on-1 buddies for inclusion within children's ministry. It is our desire to develop all into fully devoted followers of Christ and integrate them into the church body. The best way to stay up to date on any upcoming events for Access is to sign up for our newsletter. Please sign up on our website mcleanbible.org/access or email accessministry@mcleanbible.org to request to be added to the distribution list. INFO: mcleanbible.org/access or accessministry@mcleanbible.org

#### **BEAUTIFUL BLESSINGS - CHILDREN WITH DISABILITIES**

Sunday classes specifically designed for children with special needs and adapted for each child's ability level, age group and need. We also offer inclusion within children and student ministries with 1-on-1 buddies. We will work with you on what is the best place for your child to thrive on Sunday mornings.

MEETS: Sundays at 9 am and 11 am

INFO: mcleanbible.org/access or accessministry@mcleanbible.org

#### SATURDAY RESPITE

Saturday Respite is a fun-filled Saturday for children ages 2-15 with special needs and their typically developing siblings, giving their parents a much-needed break. We host Saturday Respite monthly from 10am-2pm and typically hold it on the 3rd Saturday of the month. Registration is required to attend. Please email accessministry@mcleanbible.org if you are interested in attending or serving as one of our amazing 1-on-1 Buddy volunteers!

## FRIENDSHIP CLUB - TEENS & ADULTS WITH DEVELOPMENTAL DISABILITIES

Friendship Club is a vibrant community for individuals 16+ with developmental disabilities. This weekend class includes lessons adapted for each member's ability level, small group discussion, a snack, games, and fellowship. In addition to weekend services, members of the Club plan and engage in fun fellowship. MEETS: Sundays at 9 am and 11 am in Room 1201

INFO: mcleanbible.org/access or accessministry@mcleanbible.org

#### FRIENDSHIP CLUB SOCIALS

Friendship Club Socials are a monthly gathering of our wonderful teens and adults with disabilities and other team members within our ministry to build good community together. We have game and movie nights, go bowling and do so many other fun things together! Registration is required to attend any Friendship Club Social. Please email accessministry@mcleanbible.org if you are interested in attending or serving as one of our amazing volunteers!

#### ADULTS WITH DISABILITIES DAY PROGRAM (A.D.D.P)

A.D.D.P. is a day program for adults with developmental delays. Program goals include spiritual formation, literacy, vocational training, personal care and independence, recreation and leisure, social skills, travel training and community navigation, and self-advocacy. Weekly activities feature a book club, small group devotional, life skills, volunteer opportunities, and community outings. INFO: mcleanbible.org/access or addp.tysons@mcleanbible.org

#### JILL'S HOUSE

Jill's House is a Christian non-profit that provides short-term, overnight respite care for families raising kids ages 6-17 with intellectual disabilities, not only in the DC metro area but all around the country. Parents regularly receive 24-48 hours to rest and recharge, while their kids are engaged in fun activities, tailored to their interests and abilities. You can become involved by praying, volunteering and giving to make an impact in the lives of these families. Please visit jillhouse.org/volunteer for all available volunteer opportunities.

INFO: jillshouse.org



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#### GLOBAL OUTREACH NEWSLETTER

Sign up for the monthly Global Outreach Newsletter! Receive monthly stories and prayer requests from MBC missionaries and partners, and hear about upcoming global events, classes, trips and more!

INFO: mcleanbible.org/globaloutreach

#### GLOBAL OUTREACH PRAYER GUIDE

The Global Outreach Prayer Guide is Global Outreach's 52-week prayer strategy for the entire church. Limited paper editions will be available for pick up in MBC lobbies in mid-December as supplies last. The current week can be found at mcleanbible.org/gopray. Each weekly entry will prompt the reader to learn about and pray for MBC missionaries, MBC partner organizations, and some of the least evangelized regions in the world. Please join us in praying for the nations!

#### **SHORT-TERM TRIPS**

MBC sends short-term teams around the world to effectively advance the goals of our long-term partners in places where the gospel is both accessible and inaccessible. Depending on the destination country, short-term trips typically last between six to fourteen days. We invite all MBC members who have a committed relationship with Christ to consider joining a short-term trip. Upcoming trips that are open for applications are listed on the Global Outreach page at the link below. INFO: mcleanbible.org/globaloutreach

Ministries

#### **GRIEFSHARE**

GriefShare is a 13-week support group for adults who are grieving the death of a loved one. In a Christ-centered and safe environment, participants learn valuable information about loss and grief, share with others who understand their pain, and begin their recovery from grief with renewed hope for the future.

MEETS: Thursdays at 7 pm. Register online at http://www.GriefShare.org/INFO: griefshare@mcleanbible.org

#### PREPARING FOR MARRIAGE

Preparing for Marriage is a 10-week course designed to equip engaged couples at MBC with biblical principles and skills to build a marriage that lasts a lifetime. During the 10 weeks offered at the Tysons location, you will be paired with a coaching couple who will guide you through the course. Couples participating in Preparing for Marriage learn God's plans for marriage and gain lasting friendships with loving mentors for the road ahead. Please note: this class is only for engaged couples who are members or regular attenders of McLean Bible Church - Tysons. INFO: mcleanbible.org/tysons/preparing-for-marriage/ or preparingformarriage@mcleanbible.org

#### **RE|ENGAGE**

Re|Engage is a marriage enrichment program that examines God's design for marriage and applies biblical principles to guide couples toward oneness in their relationship through teaching, real life stories of grace, and small group discussion. Re|Engage is a wonderful tool if you are looking to invest in your marriage and begin working on building a better relationship. Registration is \$15 per person. Enrollment is open so feel free to join anytime between September to June.

MEETS: Wednesdays at 7 pm virtually. INFO: reengage@mcleanbible.org

#### **RE:GENERATION**

Re:Generation is a Christ-centered, Biblically-based 12-step discipleship program offering healing, recovery, and freedom from all struggles including anxiety/depression, pornography, fear, control, substance abuse, codependency, anger, eating disorders/body image, sexual abuse, and obsessive thoughts. The program is structured with daily lessons, weekly small group meetings, and begins in Groundwork. After completing the Groundwork curriculum, demonstrating a willingness to participate, and deciding to move forward, you will be placed in a Step Group to work through the 12 steps.

INFO: To review if the class is currently open please check www.mcleanbible.org/tysons/regeneration or email: regeneration@mcleanbible.org

#### SHARE THE STRUGGLE COUNSELING GROUPS

Join an 8-week counseling group this winter to connect with other believers, work through struggles, and receive biblical direction and support. Expert-led video courses and facilitated group interactions will help you understand, process, and overcome some deep struggles on topics including trauma, anxiety, and other struggles. The cost per group is \$80. Space is limited.

#### LAY COUNSELING

As a ministry of the church, we have a team of volunteer lay counselors who are MBC members trained in biblical counseling or other related counseling education. Lay counselors act as an extension of pastoral care, offering compassionate, Gospelcentered counsel to MBC members and regular attenders free of charge. INFO: counseling@mcleanbible.org

#### PRAYER AND ANOINTING

Members of the Elder Board are available, upon request, to pray for and anoint with oil those who are injured or ill. This is done in accordance with James 5:14. If you'd like our elders or pastors to pray over you for such a circumstance, please contact us at the information below.

INFO: anointing@mcleanbible.org

#### **BENEVOLENCE**

The Benevolence Fund assists people currently attending MBC who are facing a short-term financial crisis. Strict guidelines are followed for the fair disbursement of funds. To be considered for financial support, you'll need to apply for benevolence funds and meet with a financial counselor at MBC.

INFO: benevolence@mcleanbible.org

#### FINANCIAL COACHING

We have many volunteers who enjoy serving people in the area of personal finance. These folks are available to assist in areas including budgeting, debt reduction, and other financial concerns. We also counsel on how to manage money using biblical principles. Our volunteers are not financial planners, but individuals who seek to help you honor the Lord no matter what financial circumstance or crisis you might

INFO: counseling@mcleanbible.org



communities

#### WEDNESDAY NIGHT WOMEN'S BIBLE STUDY

The Wednesday Night Women's Bible Study runs from September-May and provides an opportunity to fellowship with other sisters in Christ and grow deeper in your knowledge of the Word. Together we explore the hope and blessings that God's Word provides. For more information, please email wednesdaywomen@mcleanbible.org

#### WEDNESDAY MORNING MEN'S COMMUNITY

We are a community of men who meet weekly for coffee, pastries, biblical encouragement, and fellowship. We meet at 6:30 am in Community Room E (3rd floor). No need to register – just come and experience a mid-week boost to your spiritual life. For more information, please email bob.sibert@mcleanbible.org

#### **DEAF MINISTRY**

The goal of Signs of Life is to provide opportunities for the Deaf to grow in their relationship with Jesus Christ. We are devoted to providing reasonable accommodations, so all people may join together in community to learn, grow, and fellowship. Join us for church services at 11:00 AM every Sunday with ASL interpreter. Contact briananav@gmail.com about American Sign Language (ASL) interpreting requests.

INFO: rylove2@gmail.com

#### **UNION - FOR ENGAGED AND RECENTLY MARRIED COUPLES**

Union is designed to strengthen marriages for the glory of God and the advancement of His Kingdom. Marriage-based studies and themes, social gatherings, service opportunities, and community meals are offered to help you build community. Please email for more information.

MEETS: Sundays at 9am in Community Room F.

INFO: union@mcleanbible.org

#### LOVING OUR PRODIGALS

A dedicated safe and confidential environment for Biblical support and encouragement for mothers faced with rebellious teenagers or young adults. We are meeting virtually, with in person meetings arranged as the need arises. INFO: kaz.fujito@mcleanbible.org

#### TRANSITIONS - FOR PARENTS OF TEENS

Parenting teens and pre-teens can be challenging. We strive to be a community where members are known and cared for. We encourage one another to seek hard after God, the only One who can give us the wisdom we need to live and parent well.

MEETS: Sundays at 11am in Community Room G.

INFO: transitions@mcleanbible.org

#### AFRICANS AND FRIENDS OF AFRICA

We strive to be a community where Africans and friends of Africa can worship our Lord Jesus together while celebrating our African heritage. We hope that this community will point Africans to church groups and other MBC ministries where they can each serve our larger church community and magnify Christ. MEETS: Every third Sunday of the month in Community Room F at 12:45pm.

INFO: Arllen.ade@mcleanbible.org or sheilabmusiime@gmail.com

#### JAPANESE BIBLE STUDY

Open to the Japanese community in the DMV area, or anyone who is interested in studying God's Word in Japanese. Our time of study and fellowship is led by Pastor Kei Kataoka from Washington Japanese Christian Church.

MEETS: Wednesdays at 10:30 am INFO: kaz.fujito@mcleanbible.org

#### **KOINONIA MENTORING - FOR MEN**

We are a group of mature Christian men who meet once a month to connect with younger followers and as a group discuss life issues that we are all facing. Weekly, each mentor meets with his respective mentee(s) for ongoing discipleship, diving deeply into God's word and discussing how to overcome life's challenges using Christ as our example. Meeting in-person and virtual.

MEETS: 3rd Saturday of the month at 9 am in Amy Carmichael Conference Room INFO: mentoringmbc@gmail.com

#### **FUEL - FOR SINGLE ADULTS**

If you are single and in your 30s, 40s, or early 50s, join us for Bible-based teaching and get connected to community. Fuel is an active, mid-sized group and a place to gain biblical perspectives, engage in meaningful discussions, develop friendships, and experience authentic community. Fuel provides monthly socials and serving opportunities. Please contact us to check on dates that we are on summer break.

MEETS: Sundays at 1pm in Community Room E.

INFO: fuel\_socials@yahoo.com

#### **COMMUNITY BIBLE STUDY**

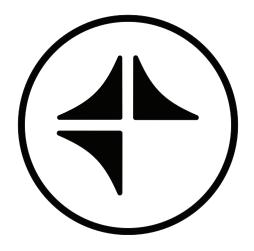
Community Bible Study is an in-depth Bible study available to all with the vision of transforming lives through the Word of God. This year's Women's and Children's study is in the book of Psalms from September through May, in-person from 9:25 - 11:30 am Tuesday mornings. Registration is available at mclean.cbsclass.org.

The Men's study is in-person and online from 7:00 p.m. to 8:30 p.m on Thursday evenings from September through May. Registration is available at tysons.cbsclass.org.















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#### **STAY UPDATED**

Get that latest information through our Tysons enews. Sign up at bit.ly/enewsmbc

#### **SERVE**

There are many ways you can jump in and start serving at MBC Tysons. Visit mcleanbible.org/serve to apply and connect with the ministry leaders.