

NO SEASON IS WASTED WITH GOD

1 SAMUEL 22:1-2

CHURCH GROUP SERMON DISCUSSION GUIDE – JUNE 15, 2025

SCRIPTURE READING

1 Samuel 22:1-2

1 David departed from there and escaped to the cave of Adullam. And when his brothers and all his father's house heard it, they went down there to him. 2 And everyone who was in distress, and everyone who was in debt, and everyone who was bitter in soul gathered to him. And he became commander over them. And there were with him about four hundred men.

ICE BREAKER QUESTION

Have you ever thought “I’m not where I know I should be” or “I’m not where I thought I would be”? Why or why not?

SERMON RECAP

For David, the cave of Adullam, his place of escape, became --

- a place of refuge;
- a place of community; and
- a place of ministry.

Observation: What does the passage say?

1. Read 1 Samuel 22:1-2 aloud as a group. Before interpreting or applying the passage, share observations about it.
 - Where did this passage take place? (1 Sam 22:1)
 - What circumstances prompted him to go to this place? (1 Sam 20:1, 30-33)
 - While in the cave of Adullam, who came to David? (1 Sam 22:1b2a)
 - What was the relationship between David and those who came to him? (1 Sam 22:2)
2. How would you explain or summarize today’s passage in your own words?

Interpretation: What does the passage mean?

1. Read Psalms 57 and 142. In his place of physical refuge, who did David look to as the refuge for his soul? What do these psalms reveal about the LORD? What do they reveal about David?
2. What stands out to you most as you read and consider today’s passage?

Application: How can we apply this passage to our lives?

1. In Psalm 57 and 142, David’s place of refuge was the LORD. In times of distress in your life, to whom or what do you turn for consolation, and why?
2. Do you feel a temptation to isolate in unhealthy ways? Have you ever taken some intentional, extended time to be alone with the Lord? What would it look like for you to pursue time like this at some point over the summer?
3. Read 1 Corinthians 11:23-26 and 10:14-17. The cave of Adullam became a place of ‘community’ for David. Biblical *commun*-ity is grounded in Biblical *commun*-ion with Christ. How does communion with Christ take its shape in your life?
4. How might communion with Christ take its shape in Biblical fellowship among members of Christ’s body? Consider the three people who know you best. Do they know how you’re truly doing in this season of life? What might need to change for a few others to know you more fully?
5. The cave of Adullam also became a place of service for David. Consider the routine rhythms of your life – the places you go, and the people with whom you interact. In this season of your life, how might the LORD be moving in you in order to move *through* you to reveal Himself and His glory to others? In other words, how might your participation in the body and blood of Christ (1 Corinthians 10:16-17) express itself now?