

LIVING LIFTED: SET YOUR MIND ON THINGS ABOVE

COLOSSIANS 3:1-4

CHURCH GROUP SERMON DISCUSSION GUIDE – MARCH 1, 2025

SCRIPTURE READING

Colossians 3:1-4 (Read the passage aloud.)

If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth. For you have died, and your life is hidden with Christ in God. When Christ who is your life appears, then you also will appear with him in glory.

SERMON OVERVIEW

The world is full of distractions, worries, and temptations that keep us focused on the temporary instead of the eternal. In Colossians 3, Paul reminds believers that they do not belong to this world anymore. If we have been raised with Christ, then our perspective should be lifted to things above.

Like an airplane breaking through storm clouds, our circumstances may not change, but our perspective must. This sermon challenges us to:

- Look Up – Seek Christ, not earthly things.
- Lock In – Fix our minds on Him, not distractions.
- Live Out – Walk in the identity of who we are in Christ.

BIG TAKEAWAYS

- Our thoughts shape our lives. What we focus on determines how we live.
- Christ has already raised us. We are not working toward victory—we are living from it.
- We have security in Christ. Our lives are hidden in Him, untouchable by the enemy.
- Distraction is the enemy’s tactic. He cannot take your salvation, but he will try to steal your focus.
- We were made to soar. Stop crawling through life when Christ has called you higher.

ICE BREAKER QUESTION

Have you ever “lost” something that was actually in your hand or on your head? (Glasses, phone, car keys?)

Follow-up: Sometimes we act like our identity in Christ is lost when, in reality, it is already secured in Him.

DISCUSSION QUESTIONS

Observation: What Do I See in the Text? (These questions help people engage with the text.)

1. According to Colossians 3:1, what are believers commanded to do?
2. What does it mean that Christ is “seated at the right hand of God”?
3. What contrast does Paul make between “things above” and “things on earth”?
4. What does “your life is hidden with Christ” mean?
5. What future promise do we see in verse 4?

Interpretation: What Does It Mean? (These questions help the group reflect on the meaning of the passage.)

6. Why does Paul use the past tense (“you have been raised”) when talking about resurrection?
7. What does it mean to “seek” the things above? How is this different from casually thinking about them?
8. Why does Paul tell us to “set our minds” on heaven? How does this impact daily life?
9. What does the phrase “when Christ appears, you will also appear with Him in glory” teach us about our future?
10. How does knowing our true life is hidden in Christ provide security and confidence?

Application: What Do I Do? (These questions help apply the message to daily life.)

11. What is competing for your focus today? What earthly distractions keep you from seeking Christ?
12. How can you practically “set your mind” on things above each day?
13. If someone monitored your thought life, what would they say dominates your focus?
14. What specific step can you take this week to break free from worldly distractions?
15. Who in your life needs to be reminded of their identity in Christ? How can you encourage them?

FINAL CHALLENGE TO THE GROUP

Imagine if God gave you a “screen time report” on your thoughts this week.

Would it show more time focused on heaven or on earthly things?

This week, commit to living lifted—renew your mind, shift your focus, and walk in your identity in Christ.

Pray for one another and ask God to lift your perspective above the distractions of this world.

Now, go and live lifted.