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There's always so much more going on at Tysons. Make sure to sign-up for our weekly enews at mcleanbible.org/enews to stay up to date.

If you have a ministry or event that you'd like to be considered for addition to this directory, or if you have information that needs to be updated, please email mbctysons@mcleanbible.org.

events

### TYSONS LOCATION PRAYER NIGHT

Join us for a time of extended prayer and worship on January 8th at 7 pm in the Smith Center. As a Tysons congregation, we will gather together on our knees and seek the Lord, in humility, for what He alone wants to accomplish in us and through us both corporately and personally.

### MEADOWLARK WINTER WALK OF LIGHTS

Join our church family on December 3rd for a safe, outdoor opportunity to intentionally foster relationships with friends, neighbors, and co-workers as we approach the Christmas season. We have a limited number of tickets available for our MBC Tysons congregation at Meadowlark's Winter Walk of Lights, free of charge (first-come-first-serve basis). Our only request? You bring someone with you who doesn't know Jesus.

MEETS: December 3rd from 5:30 – 8:30 pm INFO: mcleanbible.org/tysons/events or mbctysons@mcleanbible.org

### CHRISTMAS FAMILY SCAVENGER HUNT

We're hosting a fun family Christmas scavenger hunt for our MBC Tysons church family! Invite friends, family, and neighbors to join us for a scavenger hunt around the Tysons area. Be prepared to get creative, work as a team, and look for opportunities to share the gospel with friends you bring or people you encounter while you're grabbing the perfect photo. Meet on the upper deck of the Tysons parking garage, and then head out with your team in the car. Prizes will be awarded to winning teams, and we'll celebrate with hot cocoa at the end. Let the games begin!

MEETS: December 14th from 2:30 – 5:00 pm INFO: mcleanbible.org/tysons/events

### 21 DAYS OF PRAYER

Over three weeks, from February 2-February 22, we're taking some extra time to dedicate this year to the Lord. We want to begin 2025 by focusing on Jesus and making ourselves available for whatever He wants to do in and through us. INFO: https://mcleanbible.org/21days/

### SAFEGUARDS PARENTING CONFERENCE

Join us for this essential seminar where parents and caregivers will gain wisdom and practical tools to protect and guide their children in today's complex world. Licensed professional counselor Julie Lowe, with over 20 years of experience, will share her insights on empowering kids to recognize, respond, and report harmful behavior, while anchoring these discussions in the hope of the gospel. In addition to Julie's presentation, mini-talks will cover topics like human trafficking and internet safety. Our Director of Counseling, Eliza Huie, and Director of Student Ministries, Donnie Cohn, will also provide guidance on helping kids navigate the digital world with confidence.

MEETS: January 18th from 9 am – 12 pm

INFO: mcleanbible.org/events or counseling@mcleanbible.org

### **BAPTISM CLASSES**

The gospel message transforms people's lives and baptism is a celebration of your new life found in Jesus Christ. If you have accepted Jesus and you're ready to take this step of obedience, complete the baptism application on our website. We will walk you through the application process, send you resources, and help prepare you for your baptism.

NEXT CLASSES: January 5th at 1pm and February 2nd at 11 am in the Connect Room

INFO: mcleanbible.org/baptism or mbctysons@mcleanbible.org

### NEXT MEMBERSHIP ORIENTATION

The Bible refers to the church as "members of one body." At MBC, we live this out through a formal commitment to church membership that includes an application, interviews with an elder or staff pastor, and introduction to the body at a congregational meeting. To become a member of MBC, your first step is to attend a Membership Orientation in person. Classes are held several times a year and are required for all prospective members. This is a great way to learn about our vision, values, beliefs and our staff.

NEXT CLASS: January 26th, February 23rd, and March 23rd from 1-3 pm INFO: mcleanbible.org/membership or membership@mcleanbible.org

### **ROCK STUDENT MINISTRIES WINTER CAMPS**

ALL MS and HS students are invited to join us for 2024 Winter Camps! Camp is an opportunity for students to turn down the noise of this world to tune their hearts to the voice of God. Register TODAY! You don't want to miss it!

• HS Winter Camp Dates – January 24 – 26 | @ NorthBay Adventure Camp

• MS Winter Camp Dates – January 31 – Feb 2| @ NorthBay Adventure Camp INFO: mcleanbible.org/students

### NIGHT TO SHINE

McLean Bible Church is hosting Night to Shine on Friday, February 7th, 2025 from 6-9pm! Night to Shine is an unforgettable prom night experience, centered on God's love, for people with special needs. We are blessed to be a part of this growing worldwide movement where thousands of people with special needs will be celebrated, given the royal treatment and reminded of God's love for them. \*\* We are looking for DONATIONS of formal dresses or suits to bless our Night to Shine guests with. Donation drop-off is at Tyson's MBC 1st floor, Door 2 Lower entrance.

MEETS: February 7th from 6 – 9 pm

INFO: mcleanbible.org/events or accessministry@mcleanbible.org



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NATHAN REED Pastor of MBC Tysons



JAMES PARK Associate Location Pastor



CHRIS LOWE Associate Pastor, East Region



AMIN POURKAVEH Associate Pastor, South Region



DAVE MERRIFIELD Associate Pastor, North Region



JIMMY ROH Associate Pastor



**DJ CORKEY** Associate Pastor



**DONNIE COHN** Associate Pastor



ARLLEN ADE Associate Pastor

If you are a member and would like to request a meeting with one of our pastors, or if you have a wedding or funeral/memorial service need, please reach out to one of our pastors directly.

church groups

### WHAT IS A CHURCH GROUP?

At MBC, a Church Group is a group of people who commit to Caring for one another, Growing together to become more like Jesus, and Making disciples together on mission in the world ("C-G-M"). Church Groups are designed to be representative of the entire body of Christ, including men and women of all ages and backgrounds, married and single, and families with and without children in the home. Groups meet in all kinds of places and are all different sizes, although they typically range from 3-30 people.

We want every member of MBC to experience the deep, healthy community that read about in the New Testament – it's what we were made for. We believe that Church Groups can help us experience the strengths of a large church and yet offer the family relationships of a small church community so that no one slips through the cracks.

### WHAT CAN I EXPECT IN A CHURCH GROUP?

All Church Groups will look a little different, yet all will include 3 essential elements.

- All Church Groups commit to building biblical community. To care for one another well, we must know one another. We spend time together and build communities that care for both physical and spiritual needs.
- All Church Groups commit to spending time together in and around God's Word. We often discuss sermons from the previous week and help each other apply what we are learning.
- 3. All Church Groups commit to deeper sharing and prayer. We spend time sharing how we are really doing, supporting one another, and praying for and with each other. We send each other out to make disciples.

### HOW DO I GET STARTED?

There are two ways to connect to a Church Group.

- Attend MBC Connect following any Sunday service. This 10-minute info session is designed to orient you to MBC and answer questions you may have about what it looks like to be involved in the life of our MBC family.
- 2. Go to mcleanbible.org/tysons/groups to search for a Church Group that meets in your area. Submit the contact form to connect with the group leaders to learn more.

More information: mcleanbible.org/churchgroups

## MBC TYSONS CHURCH GROUP LOCATIONS





### CONNECT WITH A CHURCH GROUP

#### Visit mcleanbible.org/tysons/

**groups** for a listing of all Church Groups currently accepting new group members.

Some Church Groups meet in the MBC Tysons building and welcome new group members all year.

### SUNDAYS

- LOWE CHURCH GROUP chris.lowe@mcleanbible.org
- KOINONIA CHURCH GROUP wayne.fujito@mcleanbible.org
- TEAMMATES CHURCH GROUP teammates@mcleanbible.org
- FRIENDS & FELLOWSHIP CHURCH GROUP glyn.roberts@mcleanbible.org

### WEDNESDAYS

- PARK CHURCH GROUP james.park@mcleanbible.org
- LEE CHURCH GROUP john.jungwon.lee24@gmail.com

We also offer different opportunities to connect with a Church Group in your heart language.

- KOREAN-SPEAKING CHURCH GROUP oscillooo95@gmail.com
- MANDARIN-SPEAKING CHURCH GROUP zhihong.zhang@mcleanbible.org
- SPANISH-SPEAKING CHURCH GROUP hector500@juno.com
- FARSI-SPEAKING CHURCH GROUP amin.pourkaveh@mcleanbible.org

c/asses

### NEXT MEMBERSHIP ORIENTATION

The Bible refers to the church as "members of one body." At MBC, we live this out through a formal commitment to church membership that includes an application, interviews with an elder or staff pastor, and introduction to the body at a congregational meeting. To become a member of MBC, your first step is to attend a Membership Orientation in person. Classes are held several times a year and are required for all prospective members. This is a great way to learn about our vision, values, beliefs and our staff.

NEXT CLASS: January 26th, February 23rd, and March 23rd from 1-3 pm INFO: mcleanbible.org/membership or membership@mcleanbible.org

### BAPTISM CLASSES

The gospel message transforms people's lives and baptism is a celebration of your new life found in Jesus Christ. If you have accepted Jesus and you're ready to take this step of obedience, complete the baptism application on our website. We will walk you through the application process, send you resources, and help prepare you for your baptism.

NEXT CLASSES: January 5th at 1pm and February 2nd at 11 am in the Connect Room

INFO: mcleanbible.org/baptism or mbctysons@mcleanbible.org

### GRIEFSHARE

GriefShare is a 13-week support group for adults who are grieving the death of a loved one. In a Christ-centered and safe environment, participants learn valuable information about loss and grief, share with others who understand their pain, and begin their recovery from grief with renewed hope for the future.

MEETS: The next session will begin in the new year

INFO: mcleanbible.org/Tysons/classes/ or griefshare@mcleanbible.org

### **RE|ENGAGE**

Re|Engage is a marriage enrichment program examines God's design for marriage and applies biblical principles to guide couples toward one-ness in their relationship through teaching, real-life stories of grace, and small group discussion. Re|Engage is a wonderful tool if you are looking to invest in your marriage and begin working on building a better relationship. Registration is \$15 per person. Enrollment is open so feel free to join anytime between September and July. MEETS: Wednesdays at 7 pm virtually

INFO: mcleanbible.org/tysons/classes/ or reengage@mcleanbible.org

### PREPARING FOR MARRIAGE

Preparing for Marriage is a 10-week course designed to equip engaged couples at MBC with biblical principles and skills to build a marriage that lasts a lifetime. During the 10 weeks offered at the Tysons location, you will be paired with a coaching couple who will guide you through the course. Couples participating in Preparing for Marriage learn God's plans for marriage and gain lasting friendships with loving mentors for the road ahead. Please note: this class is only for engaged couples who are members or regular attenders of McLean Bible Church - Tysons. Registration for the Spring 2025 cohort opens on January 6th and closes on February 7th. The kickoff meeting is on Saturday, February 15th at 9 am at MBC Tysons.

INFO: mcleanbible.org/tysons/preparing-for-marriage/ or preparingformarriage@ mcleanbible.org

### **RE:GENERATION**

Re:Generation is a Christ-centered, biblically-based 12-step discipleship program offering healing, recovery, and freedom from all struggles including anxiety/ depression, pornography, fear, control, substance abuse, codependency, anger, eating disorders/body image, sexual abuse, and obsessive thoughts. The program is structured with daily lessons, weekly small group meetings, and begins in Groundwork. After completing the Groundwork curriculum, demonstrating a willingness to participate, and deciding to move forward, you will be placed in a Step Group to work through the 12 steps.

MEETS: Wednesdays from 7-8:30 pm at MBC Tysons in Room 1A INFO: regeneration@mcleanbible.org

### SHARE THE STRUGGLE COUNSELING GROUPS

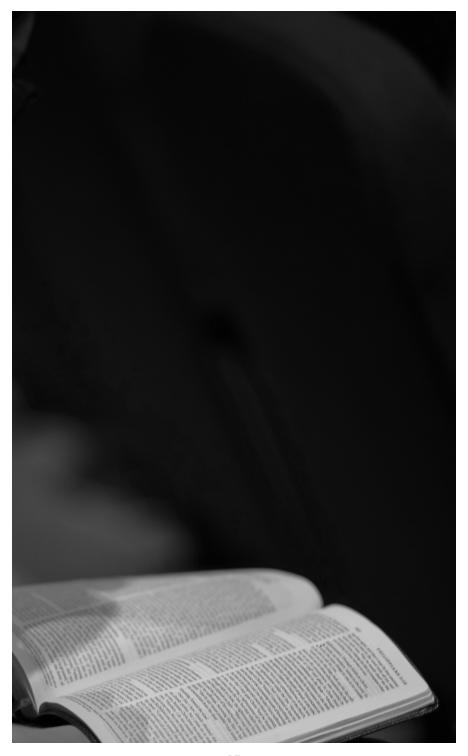
Join an 8-week counseling group this winter to connect with other believers, work through struggles, and receive biblical direction and support. Expert-led video courses and facilitated group interactions will help you understand, process, and overcome some deepest struggles on topics including trauma, anxiety, and other struggles. The cost per group is \$40. Space is limited. INFO: counseling@mcleanbible.org

### PARENT COMMISSIONING

Parent Commissioning is a public expression of the fact that your child was created by God and belongs to Him. You are making a declaration, before Him and those witnessing the ceremony, of your commitment to make disciples of your children, leading and teaching them to follow and obey King Jesus in all areas of life. Our aim is to provide you with tools for laying a gospel foundation in your home. Attend an upcoming Parent Commissioning class to take the first step toward participating in a Parent Commissioning ceremony.

NEXT CLASS: January 19th at 11:30 am in Room 1208 INFO: mcleanbible.org/tysons/classes or kidsquest@mcleanbible.org

For more classes being added, please visit mcleanbible.org/tysons/classes



Ways to serve

If you've not yet found a way to serve the Lord with your time and gifts we have many opportunities for you to consider. No experience is necessary, and you'll receive any training needed to serve in these roles. All you need is a willing spirit and a desire to serve. Visit mcleanbible.org/tysonsvolunteer to apply!

## **SERVE ON SUNDAYS**

### KID'S QUEST - SERVING OUR CHILDREN

We believe that every Christian has a God-given ministry, and with the variety of serving opportunities in Kid's Quest there is a place for everyone to use their gifts. If you have a passion for sharing Christ's love with the next generation, join our volunteer team! Get started today by completing a volunteer application online. INFO: mcleanbible.org/tysonsvolunteer

### ACCESS - SERVING THOSE WITH SPECIAL NEEDS

Volunteers are the backbone of our ministry, and we need your help to be able to include these precious children, teens and adults in our church! Access has many volunteer opportunities serving with children, teens and adults with a wide range of special needs. Don't worry if you don't have experience, we will train and guide you the whole way through. You can serve weekly or every other week depending on your schedule.

INFO: mcleanbible.org/tysonsvolunteer or accessministry@mcleanbible.org

### **ROCK STUDENT MINISTRIES**

One of the best ways to grow as you follow Jesus is to help someone else find and follow him. If you love students and have a desire to raise up ONE MORE generation whose highest allegiance is to Christ and His Kingdom, then we invite you to apply to join the movement! You can find the application to serve with the student ministry on our webpage at the link below. INFO: mcleanbible.org/rock

### USHERS

On Sundays, our team welcomes and serves MBC attendees by helping congregants find seats, collecting the offering, and cultivating a spirit of hospitality and unity. Serve 1-4 times per month during any of the main services. INFO: mcleanbible.org/tysonsvolunteer or leah.buller@mcleanbible.org

### GREETERS

On Sundays, our team welcomes MBC attendees by standing at the main entry points of the church and auditorium. We invite you to share a friendly smile as you hold open a door. Serve 1-4 times per month during any of the main services. INFO: mcleanbible.org/tysonsvolunteer or leah.buller@mcleanbible.org

### WELCOME CENTER HOSTS

Serve as a host at our Welcome Center in the Main Auditorium lobby. We welcome anyone who has a working knowledge of MBC and its various ministries and wants to assist people who come to the center looking for information. Serve 1-4 times per month during any of the main services. INFO: mcleanbible.org/tysonsvolunteer or leah.buller@mcleanbible.org

### WORSHIP GATHERINGS: TECH, PRODUCTION, & WORSHIP

Our team has many talented people who work diligently every week to create an environment where people can draw closer to God through deep and meaningful worship. We have audio engineers, broadcast volunteers, camera operators, lighting designers, ProPresenter operators (lyrics and slides), stage managers, musicians, and worship leaders. We are always seeking more people who want to join our community! Experience varies for volunteer positions, but we invite everyone to apply online.

INFO: mcleanbible.org/tysonsvolunteer or greg.loizou@mcleanbible.org

### PRE-SERVICE PRAYER

Come join us every Sunday for pre-service prayer at 8:15 and 10:30 AM in the large prayer room off the main lobby. This weekly time of prayer is an opportunity to center our attention on the Lord and confess our need for Him! INFO: glynrob@ gmail.com or byhisstrength@aol.com

### FIRST RESPONSE TEAM

The First Response Team provides opportunities for individuals trained in security, law enforcement, personnel protection, first responder, and/or medical emergency response to serve to protect our various MBC locations. Applicants are requested to complete the First Response Team (FRT) application form as well as the online McLean Bible Church Volunteer Application Form. It is required that FRT applicants be members of the church or in the process of becoming a member and undergo a background check.

INFO: mcleanbible.org/tysonsvolunteer or bob.sibert@mcleanbible.org

# SERVE WITH LOCAL OUTREACH

## LOCAL OUTREACH NEWSLETTER

Sign up for the Local Outreach Newsletter! Receive monthly events, needs and requests, stories, partner spotlights, and prayer requests from MBC partners. INFO: mcleanbible.org/localoutreach

### MBC BABY BOUTIQUE

Serving vulnerable babies and their parents throughout our community with new and used baby clothing and other items. We accept donations (in the bin next to the Smith Center desk, or under the Cafe stairs) and have several serve opportunities per month. INFO: lauren.deluca@mcleanbible.org

## LOCAL OUTREACH RESOURCES

Make sure to check the Local Outreach page for creative ideas, available resources, and partner organizations that would love your help. INFO: mcleanbible.org/localoutreach

### FAMILY ADVOCACY MINISTRY

Help us launch this new ministry as we aim to better care for foster children, and to provide support and resources for our foster and adoptive families, as well as vulnerable women and children in the community. INFO: familyadvocacy@mcleanbible.org

### CHRISTIAN MUSLIM RELATIONS (CMR)

With thousands of Muslims in our area and more than 1.2 billion Muslims all over the world, we pray that CMR will be a resource and a point of contact to catalyze, help, and equip our people to reach their Muslim family members, friends and here and around the world.

INFO: cmr@mcleanbible.org

### ANSWERING MUSLIMS' QUESTIONS

The war between Israel and Hamas, the spread of antisemitism, the confusion about Islam and the presence of thousands of Muslims in our neighborhood. Moreover, Muslims themselves are asking questions about Christians' faith! And they have every right to receive an answer from you. The "Answering Muslims' Questions" (AMQ) class will help you as believers to understand the Muslims mind and culture and how to respond adequately to his questions. AMQ is a 12-session class on Zoom. The theme of the class is taken from 1 Peter 3:15: "Aways be ready to give an answer."

INFO: cmr@mcleanbible.org

### ENGLISH FOR SPEAKERS OF OTHER LANGUAGES (ESOL)

English classes for adults of all ages and backgrounds. Join us to learn English and make friends from all nations! Our goal is to teach English, develop friend- ships, and show Christ's love to our international friends. Registration takes place at the first class.

MEETS: Mondays and Thursdays at 10 am, starting September 9. INFO: aimee.palumbo@mcleanbible.org

### LAZARUS COMPUTER MINISTRY

Our mission is to provide computers to individuals, families, ministry and missionary partners unable to afford computers. This equipment helps to provide people access to needed information, show God's love and spread the gospel. Lazarus Computer Ministry is in need of computer donations, in particular working laptops and desktop computers that are less than 8 years old. All donated computers are erased as part of the refurbishment process. INFO: computerministry@mcleanbible.org

### **OPERATION KINDNESS (OKM)**

We meet in the Rock Gym at 6:30 pm on the second Tuesday of every month except for December. OKM packs around 30 to 35 boxes monthly and donations are welcomed. An OKM donation bin is located across from the entrance to the MBC café under the stairwell to the third floor. A complimentary light dinner is served after the OKM packing operations are completed, enabling wonderful fellowship. OKM also strives to care for and minister to the dependents of deployed military members and their families in the local area.

INFO: wayne.fujito@mcleanbible.org

## SERVE WITH OUR LOCAL OUTREACH PARTNERS

Below are some of the organizations throughout the DMV we partner with who do excellent work supporting various vulnerable populations. Most, but not all, are Christian based, but all provide opportunities to share the love of Christ through service. Feel free to contact the organization you are interested in to see what volunteer roles, events, prayer teams, or other giving options are available.

To learn about more opportunities we have to serve others in our city, sign-up for our local outreach newsletter at www.mcleanbible.org/localoutreach

# ADOPTION/FOSTER CARE

## PROJECT BELONG

Project Belong inspires, recruits, and resources the local church to care for vulnerable children with the love of Christ. Get involved by supporting a social worker, or to mentor a youth.

INFO: www.projectbelongva.org/dont-go-alone

### FOSTER THE FAMILY

Foster the Family serves foster families & children in the greater D.C. metropolitan area.

INFO: www.fosterthefamilydc.org/volunteers

## DC127

DC127 supports foster families. INFO: www.dc127.org/dc127-volunteering

### PREGNANCY RESOURCE CENTERS

While each PRC is unique, most have opportunities to make meals, provide office support, or help with classes.

- MOSAIC: mosaic-virginia.org/donate/volunteer
- ASSIST: assistpartners.org/volunteer
- LIFE FIRST: lifefirstva.org/get-involved
- CAPITOL HILL PREGNANCY CENTER: capitolhillpregnancycenter.org/ volunteers.html
- SANCTITY OF LIFE MINISTRIES: slmgetinvolved.org/volunteer
- ABBA CARE: abbacare.org

# FOOD/HUNGER

## WESTERN FAIRFAX CHRISTIAN MINISTRIES

WFCM serves residents of Western Fairfax County who are experiencing food insecurity and financial instability. INFO: wfcmva.org/get-involved-volunteer

### FOOD FOR OTHERS

Food for Others distributes food for those in need. INFO: foodforothers.org/ffovolunteer

## MOBILE HOPE

Mobile Hope provides support and emergency shelter to youth up to age 24 who are at-risk, precariously housed or homeless and empowers them to become selfsufficient and experience improved well-being. INFO: mobile-hope.org/volunteer

### HOUSE OF MERCY

House of Mercy provides food, clothing, and household items to those in need in Northern Virginia. INFO: houseofmercyva.org/get-involved

### FAIRFAX FISH

FISH provides funds and volunteers to serve the needy and elderly in the greater Fairfax City area of Fairfax County by providing life's necessities. INFO: fairfaxfish.org

## CLOTHING/FURNITURE/ COMPUTERS

## SHARE OF MCLEAN

SHARE provides emergency assistance to the McLean area, including food, clothing, furniture and more. INFO: mcleanbaptist.org/share

## HOUSE OF MERCY

House of Mercy provides food, clothing, and household items to those in need in Northern Virginia. INFO: houseofmercyva.org/get-involved

# HOMELESSNESS/POVERTY

## THE LAMB CENTER

The Lamb Center is a daytime drop-in shelter for individuals experiencing homelessness in Fairfax, Virginia. We provide a variety of services without cost to our guests, including breakfast, lunch, showers, laundry service, Bible studies, case management, AA meetings, a nurse practitioner clinic, a dental clinic, and much more. INFO: www.thelambcenter.org/get-involved

### **CENTRAL UNION MISSION**

Together we provide safe shelter, hot meals, medical care, job training and compassionate care to transform lives here in the Washington D.C., metropolitan area. INFO: missiondc.org/get-involved

### TREE OF LIFE

Tree of Life extends practical help by providing food, lifeskills, shelter, healthcare and relief. INFO: tolministries.org/want-to-help

### VIRGINIA WOMEN & FAMILY SUPPORT CENTER

VWFSC provides housing and training for homeless moms of young children. INFO: vawfsc.org/volunteer

### HOPE FOR NOVA

Hope for NoVA provides hope to low-income and under-served individuals and families in Northern Virginia through food, kids programming, and more. INFO: hopefornova.org/volunteer

## OTHER VULNERABLE POPULATIONS

## RESET180

Reset180 serves victims of trafficking. Volunteers can help with office support, survivor services, prayer, and more. INFO: reset180.com/volunteer



children

KID'S QUEST FOR NEWBORN TO 5th GRADE CHILDREN

Our Kid's Quest ministry offers programming from newborn through 5th grade children during Sunday worship service times. We engage children with the lifechanging truth of the gospel in fun and creative ways. Due to currently limited classroom capacities, children can check-in to Kid's Quest each Sunday on a first come, first serve basis. God has ordained parents to be the primary disciplers of their children, so Kid's Quest aims to be supplemental in children's discipleship while supporting parents in their high calling. Stay connected with us on Facebook @tysonskidsquest.

INFO: mcleanbible.org/tysons/children or kidsquest@mcleanbible.org

### KID'S QUEST PARENT EMAIL

Every week our Kid's Quest team sends ministry announcements, curriculum information, and discipleship resources to parents. You don't want to miss out on these helpful tools as you teach your child the word of God! Email kidsquest@ mcleanbible.org to be added to this distribution list.

#### AWANA

Awana is a global ministry for youth ages 3 years through 12th grade that focuses on learning God's Word in a fun atmosphere. Each week, Awana provides consistent, positive teaching and training that stresses strong moral and spiritual values. Focusing on child discipleship, our students learn about the reality of God and the truths of the Bible and to know, love and serve Christ. The Awana ministry runs on parent participation. For more information and to register, please visit the link below. Dues to join are \$55.

MEETS: Sundays 4:30 – 6:15 pm, September to May

INFO: mcleanbible.org/tysons/awana or awanatysons@mcleanbible.org

#### PARENT COMMISSIONING

Parent Commissioning is a public expression of the fact that your child was created by God and belongs to Him. You are making a declaration, before Him and those witnessing the ceremony, of your commitment to make disciples of your children, leading and teaching them to follow and obey King Jesus in all areas of life. Our aim is to provide you with tools for laying a gospel foundation in your home. Attend an upcoming Parent Commissioning class to take the first step toward participating in a Parent Commissioning ceremony.

NEXT CLASS: January 19th at 11:30 am in Room 1208 INFO: mcleanbible.org/tysons/classes or kidsquest@mcleanbible.org

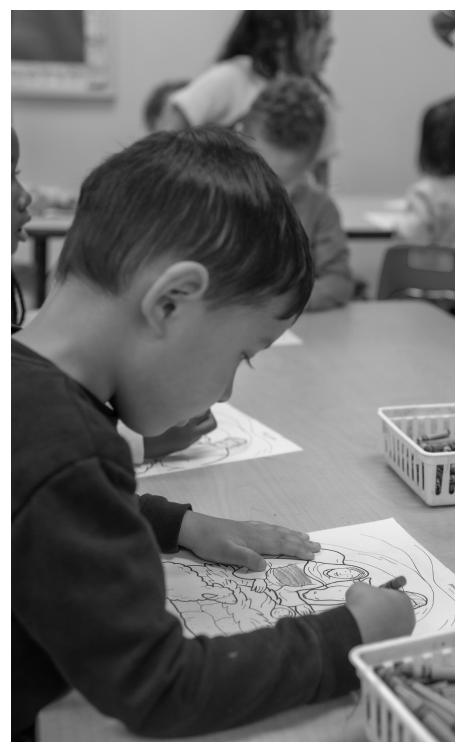
### DANCE WITH ME CLASSES

We want to create a time for moms and others who care for babies and toddlers to enjoy a bonding movement experience together, while having fellowship with other families and exposing them to fun strategies for discipling our youngest children. Exercise and wellness will be discussed too! Families are welcome to enjoy time afterwards for "Stay & Play."

MEETS: Monday mornings, 10am – 12:00pm, February through April INFO: donna.fitzpatrick@mcleanbible.org

### FAMILY PRAY AND PLAY

Families will enjoy time to play with their children, meet other families, enjoy a music & story circle time, and a Family Prayer Walk! MEETS: Wednesday Mornings, 10:00am – 11:30am, February through April INFO: donna.fitzpatrick@mcleanbible.org



students

# R THE ROCK STUDENT MINISTRIES

## MIDDLE SCHOOL AND HIGH SCHOOL STUDENTS, GRADES 6-12

The Rock is a movement for all students to find and follow Jesus. True life is found in Jesus and life in Jesus leads to following Jesus. Everything that we do from our weekly communities to topical classes, to age-specific hangouts is targeted to help students find life in Jesus and relentlessly follow him. Our aim is to partner with parents to raise up ONE MORE generation whose highest allegiance is to Christ and His Kingdom. The best way for parents to stay up to date is through the Parent Newsletter and you can sign up on our webpage.

INFO: mcleanbible.org/rock or rock.tysons@mcleanbible.org

### SUNDAY MIDDLE SCHOOL COMMUNITY

We invite our middle school students to join us for Sunday Community at 11:00 AM in the Rock Gym. Rock Communities are designed for middle school students to engage with each other as the engage the word of God. This semester we are unpacking the question "Who am I?" as we dig into God's Word together. MEETS: Sundays at 11 am in the Rock Gym INFO: mcleanbible.org/rock or rock.tysons@mcleanbible.org

### MIDWEEK

Following Jesus is better together. Midweek is designed for students (6th – 12th grade) to find community through Bible study, as they encounter God through His Word and enjoy real friendships in small groups.

We meet on Wednesdays from 7:00-8:45 PM in the Rock Gym. For the first thirty minutes we play games and hangout or have worship together. During this time, pizza is available for \$1 a slice. Then, we all head into grade and gender specific small groups lead by our ministry staff and serve teams. This semester we are unpacking various encounters with Jesus through the gospel of Luke in our small groups. We pray that our students encounter and enjoy the abundant life God has for them as they dig into God's Word together.

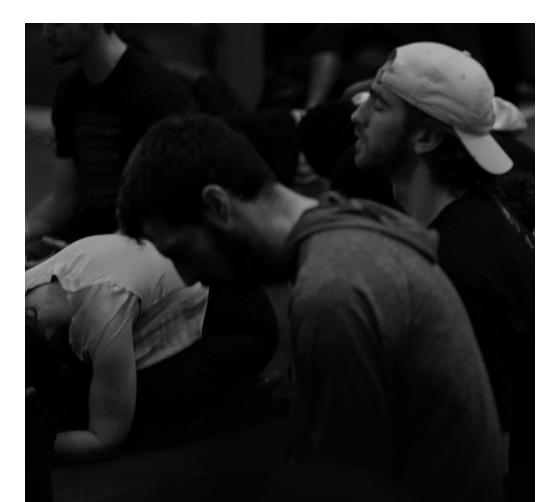
MEETS: Wednesdays from 7:00 – 8:45 PM in the Rock Gym

### ROCK STUDENT MINISTRIES WINTER CAMPS

ALL MS and HS students are invited to join us for 2024 Winter Camps! Camp is an opportunity for students to turn down the noise of this world to tune their hearts to the voice of God. Register TODAY! You don't want to miss it!

• HS Winter Camp Dates – January 24 – 26 | @ NorthBay Adventure Camp

• MS Winter Camp Dates – January 31 – Feb 2| @ NorthBay Adventure Camp INFO: mcleanbible.org/students



### JOIN THE MOVEMENT

One of the best ways to grow as you follow Jesus is to help someone else find and follow him. If you love students and have a desire to raise up ONE MORE generation whose highest allegiance is to Christ and His Kingdom, then we invite you to apply to join the movement! You can find the application to serve with the student ministry on our webpage at the link below. INFO: mcleanbible.org/rock

### GET CONNECTED

Don't miss out on our upcoming events, classes, and communities! Signup for our Parent Newsletter through our website and stay up to date on all of the ways that your student can get connected to the movement! INFO: mcleanbible.org/rock



young adults



## YOUNG ADULTS, 18-EARLY 30S

### JOIN US THURSDAY NIGHTS

Citywide is a gathering of young adults (18-early 30s) on Thursday evenings. We will gather weekly to study God's Word together and enjoy time in community. Wherever you are in your faith journey, we'd love to have you join! MEET: Thursdays at 7 pm in the Rock Gym INFO: mcleanbible.org/youngadults or citywide@mcleanbible.org

## **CITYWIDE CHRISTMAS WORSHIP NIGHT**

Come for a night dedicated to worship & praise as we celebrate the true meaning of Christmas with post worship night activities to follow. MEETS: December 12, 2024, 7 - 10 pm

**SAVE THE DATE:** New Sermon Series Starts// January 9th **SAVE THE DATE:** Citywide Dating Different Series// February 13th

\*\* Please note CW will not be meeting from 12/19/2025-1/2/2025

Want to know more? Follow us at @wearecitywide on Instagram

special needs ministry



## CHILDREN, TEENS, AND ADULTS WITH SPECIAL NEEDS

Our special needs ministry sees each person as fearfully and wonderfully made by God to glorify Him. Access has special Sunday classes and provide 1-on-1 buddies for inclusion within children's ministry. It is our desire to develop all into fully devoted followers of Christ and integrate them into the church body. The best way to stay up to date on any upcoming events for Access is to sign up for our newsletter. Please sign up on our website mcleanbible.org/access or email accessministry@mcleanbible.org to request to be added to the distribution list. INFO: mcleanbible.org/access or accessministry@mcleanbible.org

## **BEAUTIFUL BLESSINGS - CHILDREN WITH DISABILITIES**

Sunday classes specifically designed for children with special needs and adapted for each child's ability level, age group and need. We also offer inclusion within children and student ministries with 1-on-1 buddies. We will work with you on what is the best place for your child to thrive on Sunday mornings. MEETS: Sundays at 9 am and 11 am

INFO: mcleanbible.org/access or accessministry@mcleanbible.org

## ADULTS WITH DISABILITIES DAY PROGRAM (A.D.D.P)

A.D.D.P. is a day program for adults with developmental delays. Program goals include spiritual formation, literacy, vocational training, personal care and independence, recreation and leisure, social skills, travel training and community navigation, and self-advocacy. Weekly activities feature a book club, small group devotional, life skills, volunteer opportunities, and community outings. INFO: mcleanbible.org/access or addp.tysons@mcleanbible.org

# FRIENDSHIP CLUB – TEENS & ADULTS WITH DEVELOPMENTAL DISABILITIES

Friendship Club is a vibrant community for individuals 16+ with developmental disabilities. This weekend class includes lessons adapted for each member's ability level, small group discussion, a snack, games, and fellowship. In addition to weekend services, members of the Club plan and engage in fun fellowship. MEETS: Sundays at 9 am and 11 am in Room 1201 INFO: mcleanbible.org/access or accessministry@mcleanbible.org

#### SATURDAY RESPITE

Saturday Respite is a fun-filled Saturday for children ages 2-15 with special needs and their typically developing siblings, giving their parents a much-needed break. We host Saturday Respite monthly from 10am-2pm and typically hold it on the 3rd Saturday of the month. Registration is required to attend. Please email accessministry@mcleanbible.org if you are interested in attending or serving as one of our amazing 1-on-1 Buddy volunteers!

#### **FRIENDSHIP CLUB SOCIALS**

Friendship Club Socials are a monthly gathering of our wonderful teens and adults with disabilities and other team members within our ministry to build good community together. We have game and movie nights, go bowling and do so many other fun things together! Registration is required to attend any Friendship Club Social. Please email accessministry@mcleanbible.org if you are interested in attending or serving as one of our amazing volunteers!

#### JILL'S HOUSE

Jill's House is a Christian non-profit that provides short-term, overnight respite care for families raising kids ages 6-17 with intellectual disabilities, not only in the DC metro area but all around the country. Parents regularly receive 24-48 hours to rest and recharge, while their kids are engaged in fun activities, tailored to their interests and abilities. You can become involved by praying, volunteering and giving to make an impact in the lives of these families. Please visit jillhouse.org/volunteer for all available volunteer opportunities. INFO:jillshouse.org





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## **GLOBAL OUTREACH NEWSLETTER**

Sign up for the monthly Global Outreach Newsletter! Receive monthly stories and prayer requests from MBC missionaries and partners, and hear about upcoming global events, classes, trips and more! INFO: mcleanbible.org/globaloutreach

## GLOBAL OUTREACH 2025 PRAYER GUIDE

The Global Outreach 2025 Prayer Guide is Global Outreach's 52-week prayer strategy for the entire church. Limited paper editions will be available for pick up in MBC lobbies in mid-December as supplies last. The current week can be found at mcleanbible.org/gopray. Each weekly entry will prompt the reader to learn about and pray for MBC missionaries, MBC partner organizations, and some of the least evangelized regions in the world. Please join us in praying for the nations!

#### **2025 SHORT-TERM TRIPS**

MBC sends short-term teams around the world to effectively advance the goals of our long-term partners in places where thegospel is both accessible and inaccessible. Depending on the destination country, short-term trips typically last between six tofourteen days. We invite all MBC members who have a committed relationship with Christ to consider joining a short-term trip. Spring and Summer 2025 trip dates are posted on the Global Outreach page and indicate which are currently open for applications.

INFO: mcleanbible.org/globaloutreach

care Ministries

#### ANOINTING

Members of the Elder Board are available, upon request, to pray for and anoint with oil those who are injured or ill. This is done in accordance with James 5:14. If you'd like our elders or pastors to pray over you for such a circumstance, please contact us at the information below.

INFO: anointing@mcleanbible.org

#### BENEVOLENCE

The Benevolence Fund assists people currently attending MBC who are facing a short-term financial crisis. Strict guidelines are followed for the fair disbursement of funds. To be considered for financial support, you'll need to apply for benevolence funds and meet with a financial counselor at MBC. INFO: benevolence@mcleanbible.org

## COUNSELING

We want the church to be a place where hurting and suffering people can find support and care. If you find yourself facing challenges or struggles, we want to care for you. To learn how MBC can connect you to care through lay counseling or a professional Christian counseling referral, please visit our webpage. INFO: mcleanbible.org/counseling or counseling@mcleanbible.org

## FINANCIAL COACHING

We have many volunteers who enjoy serving people in the area of personal finance. These folks are available to assist in areas including budgeting, debt reduction, and other financial concerns. We also counsel on how to manage money using biblical principles. Our volunteers are not financial planners, but individuals who seek to help you honor the Lord no matter what financial circumstance or crisis you might be in.

INFO: financialcounseling@mcleanbible.org

## **STEPHEN MINISTRY**

Stephen Ministry provides personal and spiritual support, care, and prayer through trained Stephen Ministers for adults who are having trouble dealing with life's circumstances. To learn more about how to serve with Stephen Ministry or to request a Stephen Minister, please send us a confidential email or call us at (703) 770-4398, and one of our MBC Stephen Ministry Leaders will contact you. INFO: stephenministries.org or stephenministry@mcleanbible.org

communifies

### WOMEN'S WEDNESDAY NIGHT BIBLE STUDY

The Wednesday Night Women's Bible Study meets in person and virtually on Wednesday evenings at 7 pm. You can join at any time. The Wednesday Night Women's Bible Study provides an opportunity to fellowship with other sisters in Christ and grow deeper in your knowledge of the Word. For the 2024-2025 study, we will be going through Galatians and Colossians.

MEETS: Wednesdays at 7 pm in Community Room C

INFO: mcleanbible.org/tysons/classes or kim.blair@mcleanbible.org

### WEDNESDAY MORNING MEN'S COMMUNITY

The WMMC meets weekly on Wednesday mornings at 6:30 am in Tysons Community Room E (3rd Floor East). Coffee is available at 6:30 and during the fellowship time afterwards in the MBC Café featuring pastries and McDonald's sandwiches. The WMMC is doing a deep dive into Hebrews using the book Christ-Centered Exposition: Exalting Jesus in Hebrew by R. Albert Mohler, Jr., edited by David Platt. There is no registration fee or need to sign up - just show up and experience a mid-week one-hour boost of encouragement and fellowship in your spiritual life.

MEETS: Wednesdays at 6:30 am in Community Room E

INFO: mcleanbible.org/tysons/communities or bob.sibert@mcleanbible.org

## FRIENDS AND FELLOWSHIP - ADULT BIBLE STUDY

We are a year-round Bible study group. We welcome a wide range of ages, cultures, and spiritual backgrounds, including new believers and those with theological training. Our weekly meetings feature worship, prayer, and Bible study. We connect with one another for fellowship and mutual encouragement before, during, and after class, and at socials and service projects.

MEETS: Sundays at 1 pm in Amy Carmichael Conference Room, and virtually INFO: glynrob@gmail.com

## FUEL - FOR SINGLE ADULTS

If you are single and in your 30s, 40s, or early 50s, join us for Bible-based teaching and get connected to community. Fuel is an active, mid-sized group and a place to gain biblical perspectives, engage in meaningful discussions, develop friendships, and experience authentic community. Fuel provides monthly socials and serving opportunities. This community will resume September 8, 2024. MEETS: Sundays at 1 pm in Community Room F

INFO: fuel\_socials@yahoo.com

## **KOINONIA - FOR ADULTS**

We are a caring community of adults (mostly 55+) who meet for fellowship, discipleship and Bible study. Our group experiences biblical community by making new friends, serving together, assisting, and praying for each other while growing deeper in relationship with Christ. We are now in the planning stages of our major Koinonia Service Project to serve others.

MEETS: Sundays at 11 am in Community Room E , as well as via Zoom INFO: wayne.fujito@mcleanbible.org

## **KOINONIA MENTORING - FOR MEN**

We are a group of mature Christian men who meet once a month to connect with younger followers and as a group discuss life issues that we are all facing. Weekly, each mentor meets with his respective mentee(s) for ongoing discipleship, diving deeply into God's word and discussing how to overcome life's challenges using Christ as our example. Meeting in-person and virtual.

MEETS: 3rd Saturday of the month at 9 am in Amy Carmichael Conference Room INFO: mentoringmbc@gmail.com

## TRANSITIONS - FOR PARENTS OF TEENS

Parenting teens and pre-teens can be challenging. We strive to be a community where members are known and cared for. We encourage one another to seek hard after God, the only One who can give us the wisdom we need to live and parent well.

MEETS: Sundays at 11 am in Community Room G INFO: transitions@mcleanbible.org

## LOVING OUR PRODIGALS

A dedicated safe and confidential environment for Biblical support and encouragement for mothers faced with rebellious teenagers or young adults. We are meeting virtually, with in person meetings arranged as the need arises. INFO: kaz.fujito@mcleanbible.org

## UNION - FOR ENGAGED AND RECENTLY MARRIED COUPLES

Union is designed to strengthen marriages for the glory of God and the advancement of His Kingdom. Marriage-based studies and themes, social gatherings, service opportunities, and community meals are offered to help you build community. Please email for more information. This community will resume September 8, 2024.

MEETS: Sundays at 9 am in Community Room F INFO: union@mcleanbible.org

## **TEAMMATES - FOR ADULTS**

TeamMates is a welcoming community which seeks to connect couples interested in strengthening their marriage, equipping them to become effective disciples through their marriages, and ultimately, impact their spheres of influence and the world for Jesus. We invite you to join us, ask important questions about life, and get answers through biblical teaching. Relationships are authentic, and marriages are strengthened. This community will resume September 8, 2024.

MEETS: Sundays at 11 am in Community Room F INFO: teammates@mcleanbible.org

#### DEAF MINISTRY

The goal of Signs of Life is to provide opportunities for the Deaf to grow in their relationship with Jesus Christ. We are devoted to providing reasonable accommodations, so all people may join together in community to learn, grow, and fellowship. Join us for church services at 11:00 AM every Sunday with ASL interpreter. Contact briananav@gmail.com about American Sign Language (ASL) interpreting requests. INFO: lovegc1985@gmail.com

## INTERNATIONAL FELLOWSHIP COMMUNITIES

AFRICAN FELLOWSHIP Arllen.ade@mcleanbible.org

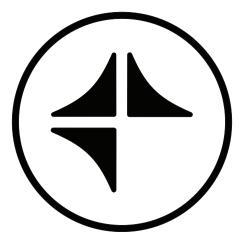
ARABIC FELLOWSHIP berty.abdelmasih@mcleanbible.org

CHINESE FELLOWSHIP chinesefellowship@mcleanbible.org

ETHIOPIAN WORSHIP AND PRAYER fgetachew3@gmail.com

FILIPINO FELLOWSHIP pj.aluning@gmail.com

JAPANESE BIBLE STUDY kaz.fujito@mcleanbible.org





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## STAY UPDATED

Get that latest information through our Tysons enews. Sign up at bit.ly/enewsmbc

## SERVE

There are many ways you can jump in and start serving at MBC Tysons. Visit mcleanbible.org/serve to apply and connect with the ministry leaders.