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There's always so much more going on at Tysons. Make sure to sign-up for our weekly enews at mcleanbible.org/enews to stay up to date.

If you have a ministry or event that you'd like to be considered for addition to this directory, or if you have information that needs to be updated, please email mbctysons@mcleanbible.org.

events

TYSONS LOCATION PRAYER NIGHT

Join us for a time of extended prayer and worship on October 2nd at 7 pm in the Smith Center. As a Tysons congregation, we will gather together on our knees and seek the Lord, in humility, for what He alone wants to accomplish in us and through us both corporately and personally.

MBC TYSONS CHURCH PICNIC

You're invited to our MBC Tysons Church Picnic on September 28th at Lake Fairfax Park. Bring your family and friends for a day of food, games, a bounce house, face painting, and fellowship with people across the Tysons location. We hope to see you there!

MEETS: September 28th from 11 am- 2 pm

INFO: mcleanbible.org/tysons/events or mbctysons@mcleanbible.org

BAPTISM CLASSES

The gospel message transforms people's lives and baptism is a celebration of your new life found in Jesus Christ. If you have accepted Jesus and you're ready to take this step of obedience, complete the baptism application on our website. We will walk you through the application process, send you resources, and help prepare you for your baptism.

NEXT CLASSES: September 8th at 11 am, October 6th at 1 pm, and November 3rd at 11 am in the Connect Room

INFO: mcleanbible.org/baptism or mbctysons@mcleanbible.org

NEXT MEMBERSHIP ORIENTATION

The Bible refers to the church as "members of one body." At MBC, we live this out through a formal commitment to church membership that includes an application, interviews with an elder or staff pastor, and introduction to the body at a congregational meeting. To become a member of MBC, your first step is to attend a Membership Orientation in person. Classes are held several times a year and are required for all prospective members. This is a great way to learn about our vision, values, beliefs and our staff.

NEXT CLASS: Sunday, September 22nd at 1pm

INFO: mcleanbible.org/membership or membership@mcleanbible.org

MEN'S CHILI COOKOFF

You're invited to join us for a special Chili Cookoff in honor of First Responders Day sponsored by MBC's First Response Team. Come celebrate and show your appreciation for first responders on Monday, October 28, 2024 at 6:00-8:00 pm in the upper parking lot at MBC Tysons. Make this a great outreach event by inviting a first responder or two that you know to bring as a guest (EMT, Medic, Fireman, Police Officer, etc.).

Whether you're a chili master or just love a good bowl, we need your participation! There will be a competition with a panel of judges to determine the best chili recipe. 1st ,2nd and 3rd place awards will be presented. Bring your best recipe and enjoy great company. We hope to see you there!

MEETS: October 28th from 6 - 8 pm INFO: mcleanbible.org/tysons/events

FALL FAMILY KICK-OFF

Join us as we stuff back packs for kids in our community, and see what we have in store for your kiddos this season in Kid's Quest! Lunch will be provided! MEETS: September 22nd at 12:45 pm in Community room C INFO: kidsquest@mcleanbible.org

FAMILY FUN FALL PARTY

Come hang out with us as we pack Trick-or-Treat goody bags that will include candy the sweetest of all: the love of Jesus. Lunch will be provided!

MEETS: October 27th at 12:45 pm in Community Room C

INFO: kidsquest@mcleanbible.org

ROCK STUDENT MINISTRIES WINTER CAMPS

ALL MS and HS students are invited to join us for 2024 Winter Camps! Camp is an opportunity for students to turn down the noise of this world to tune their hearts to the voice of God. Register TODAY! You don't want to miss it!

- HS Winter Camp Dates January 24 26 | @ NorthBay Adventure Camp
- MS Winter Camp Dates January 31 Feb 2| @ NorthBay Adventure Camp INFO: mcleanbible.org/students



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NATHAN REED
Pastor of MBC Tysons



JAMES PARK
Associate Location Pastor



CHRIS LOWEAssociate Pastor, East Region



AMIN POURKAVEH
Associate Pastor, South Region



DAVE MERRIFIELDAssociate Pastor, North Region



JIMMY ROH Associate Pastor



DJ CORKEY Associate Pastor



DONNIE COHNAssociate Pastor



ARLLEN ADE Associate Pastor

If you are a member and would like to request a meeting with one of our pastors, or if you have a wedding or funeral/memorial service need, please reach out to one of our pastors directly.

church groups

WHAT IS A CHURCH GROUP?

At MBC, a Church Group is a group of people who commit to Caring for one another, Growing together to become more like Jesus, and Making disciples together on mission in the world ("C-G-M"). Church Groups are designed to be representative of the entire body of Christ, including men and women of all ages and backgrounds, married and single, and families with and without children in the home. Groups meet in all kinds of places and are all different sizes, although they typically range from 3-30 people.

WHAT CAN I EXPECT IN A CHURCH GROUP?

All Church Groups will look a little different, yet all will include 3 essential elements.

- All Church Groups commit to building biblical community. To care for one another well, we must know one another. We spend time together and build communities that care for both physical and spiritual needs.
- All Church Groups commit to spending time together in and around God's Word. We often discuss sermons from the previous week and help each other apply what we are learning.
- 3. All Church Groups commit to deeper sharing and prayer. We spend time sharing how we are really doing, supporting one another, and praying for and with each other. We send each other out to make disciples.

HOW DO I GET STARTED?

There are two ways to connect to a Church Group. Please go to mcleanbible.org/churchgroups and connect one of these two ways:

- Attend MBC Connect following any Sunday service. This 10-minute info session is designed to orient you to MBC and answer questions you may have about what it looks like to be involved in the life of our MBC family.
- 2. Go to mcleanbible.org/tysons/groups to search for a Church Group that meets in your area. Submit the contact form to connect with the group leaders to learn more.

We offer different opportunities to connect with a Church Group in your primary language. There are four different options below, and we are working to add more.

KOREAN-SPEAKING CHURCH GROUP | oscillooo95@gmail.com

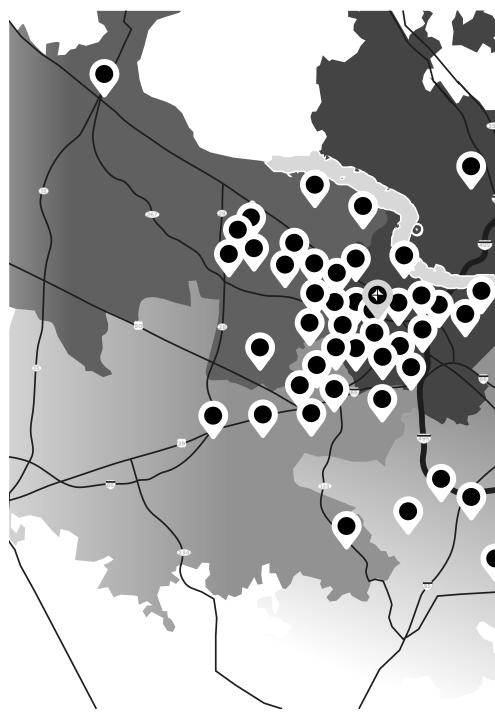
 $\textbf{MANDARIN-SPEAKING CHURCH GROUP} \mid zhihong.zhang@mcleanbible.org$

SPANISH-SPEAKING CHURCH GROUP | hector500@juno.com

FARSI SPEAKING CHURCH GROUP | amin.pourkaveh@mcleanbible.org

More information: mcleanbible.org/churchgroups

MBC TYSONS CHURCH GROUP LOCATIONS





CONNECT WITH A CHURCH GROUP

Visit mcleanbible.org/tysons/ groups for a listing of all Church Groups currently accepting new group members.

Some Church Groups meet in the MBC Tysons building and welcome new group members all year.

SUNDAYS

- LOWE CHURCH GROUP chris.lowe@mcleanbible.org
- KOINONIA CHURCH GROUP wayne.fujito@mcleanbible.org
- TEAMMATES CHURCH GROUP teammates@mcleanbible.org

WEDNESDAYS

- PARK CHURCH GROUP james.park@mcleanbible.org
- LEE CHURCH GROUP john.jungwon.lee24@gmail.com

We also offer different opportunities to connect with a Church Group in your heart language.

- KOREAN-SPEAKING CHURCH GROUP oscillooo95@gmail.com
- MANDARIN-SPEAKING
 CHURCH GROUP
 zhihong.zhang@mcleanbible.org
- SPANISH-SPEAKING CHURCH GROUP hector500@juno.com
- FARSI-SPEAKING CHURCH GROUP amin.pourkaveh@mcleanbible.org

classes

NEXT MEMBERSHIP ORIENTATION

The Bible refers to the church as "members of one body." At MBC, we live this out through a formal commitment to church membership that includes an application, interviews with an elder or staff pastor, and introduction to the body at a congregational meeting. To become a member of MBC, your first step is to attend a Membership Orientation in person. Classes are held several times a year and are required for all prospective members. This is a great way to learn about our vision, values, beliefs and our staff.

NEXT CLASS: September 22nd and October 20th from 1:00 – 3:00 pm INFO: mcleanbible.org/membership or membership@mcleanbible.org

BAPTISM CLASSES

The gospel message transforms people's lives and baptism is a celebration of your new life found in Jesus Christ. If you have accepted Jesus and you're ready to take this step of obedience, complete the baptism application on our website. We will walk you through the application process, send you resources, and help prepare you for your baptism.

NEXT CLASSES: September 8th at 11 am, October 6th at 1 pm, and November 3rd at 11 am in the Connect Room

INFO: mcleanbible.org/baptism or mbctysons@mcleanbible.org

GRIEFSHARE

GriefShare is a 13-week support group for adults who are grieving the death of a loved one. In a Christ-centered and safe environment, participants learn valuable information about loss and grief, share with others who understand their pain, and begin their recovery from grief with renewed hope for the future.

MEETS: Thursdays 7 – 9 pm in room 2100 starting on September 5th INFO: mcleanbible.org/Tysons/classes/ or griefshare@mcleanbible.org

RE|ENGAGE

Re|Engage is a marriage enrichment program examines God's design for marriage and applies biblical principles to guide couples toward one-ness in their relationship through teaching, real-life stories of grace, and small group discussion. Re|Engage is a wonderful tool if you are looking to invest in your marriage and begin working on building a better relationship. Registration is \$15 per person. Enrollment is open so feel free to join anytime between September and July. MEETS: Wednesdays at 7 pm virtually, starting September 25th INFO: mcleanbible.org/tysons/classes/ or reengage@mcleanbible.org

PREPARING FOR MARRIAGE

Preparing for Marriage is a 10-week course designed to equip engaged couples at MBC with biblical principles and skills to build a marriage that lasts a lifetime. During the 10 weeks offered at the Tysons location, you will be paired with a coaching couple who will guide you through the course. Couples participating in Preparing for Marriage learn God's plans for marriage and gain lasting friendships with loving mentors for the road ahead. Please note: this class is only for engaged couples who are members or regular attendees of McLean Bible Church - Tysons. Registration for the fall cohort opens on August 1st and closes on September 7th. The kickoff meeting is on Saturday, September 7th at 9 am. INFO: mcleanbible.org/tysons/preparing-for-marriage/ or preparingformarriage@mcleanbible.org

RE:GENERATION

Re:Generation is a Christ-centered, biblically-based 12-step discipleship program offering healing, recovery, and freedom from all struggles including anxiety/depression, pornography, fear, control, substance abuse, codependency, anger, eating disorders/body image, sexual abuse, and obsessive thoughts. The program is structured with daily lessons, weekly small group meetings, and begins in Groundwork. After completing the Groundwork curriculum, demonstrating a willingness to participate, and deciding to move forward, you will be placed in a Step Group to work through the 12 steps.

MEETS: Groundwork begins on Wednesday evenings in October.

INFO: regeneration@mcleanbible.org

SHARE THE STRUGGLE COUNSELING GROUPS

Join an 8-week counseling group this fall to connect with other believers, work through struggles, and receive biblical direction and support. Expert-led video courses and facilitated group interactions will help you understand, process, and overcome some deepest struggles on topics including Freedom from Pornography for Women, Moving through Your Past (men and women), and Freedom from Anxiety (men and women). The cost per group is \$40. Space is limited. INFO: counseling@mcleanbible.org

PARENT COMMISSIONING

Parent Commissioning is a public expression of the fact that your child was created by God and belongs to Him. You are making a declaration, before Him and those witnessing the ceremony, of your commitment to make disciples of your children, leading and teaching them to follow and obey King Jesus in all areas of life. Our aim is to provide you with tools for laying a gospel foundation in your home. Attend an upcoming Parent Commissioning class to take the first step toward participating in a Parent Commissioning ceremony.

NEXT CLASS: October 13th at 11:30 am in Community Room C INFO: mcleanbible.org/tysons/classes or kidsquest@mcleanbible.org

FOUNDATIONS CLASSES FOR PARENTS

Join us for a four-week Foundations class on family discipleship, focusing on the vital role of faith transmission within families. We'll explore Deuteronomy 6, discussing practical strategies for passing on faith to the next generation.

MEETS: Sundays, September 29th – October 20th at 11 am in Community Room C

INFO: kidsquest@mcleanbible.org

EVANGELISM EXPLOSION

We will help you to be equipped with the Gospel to share it 'anytime anywhere' in your everyday life as a follower of Christ. You will gradually learn how to present the Gospel convincingly in real-life sharing situations with the help of your own trainer throughout the semester. MEETS: Thursdays, September 5 – November 14 from 6:30 pm – 9:00 pm INFO: mcleanbible.org/tysons/classes or evangelismtraining@ mcleanbible.org

For more classes being added, please visit mcleanbible.org/tysons/classes



Ways to serve

If you've not yet found a way to serve the Lord with your time and gifts we have many opportunities for you to consider. No experience is necessary, and you'll receive any training needed to serve in these roles. All you need is a willing spirit and a desire to serve. Visit mcleanbible.org/tysonsvolunteer to apply!

SERVE ON SUNDAYS

KID'S QUEST - SERVING OUR CHILDREN

We believe that every Christian has a God-given ministry, and with the variety of serving opportunities in Kid's Quest there is a place for everyone to use their gifts. If you have a passion for sharing Christ's love with the next generation, join our volunteer team! Get started today by completing a volunteer application online. INFO: mcleanbible.org/tysonsvolunteer

ACCESS - SERVING THOSE WITH SPECIAL NEEDS

Volunteers are the backbone of our ministry, and we need your help to be able to include these precious children, teens and adults in our church! Access has many volunteer opportunities serving with children, teens and adults with a wide range of special needs. Don't worry if you don't have experience, we will train and guide you the whole way through. You can serve weekly or every other week depending on your schedule.

INFO: mcleanbible.org/tysonsvolunteer or accessministry@mcleanbible.org

ROCK STUDENT MINISTRIES

One of the best ways to grow as you follow Jesus is to help someone else find and follow him. If you love students and have a desire to raise up ONE MORE generation whose highest allegiance is to Christ and His Kingdom, then we invite you to apply to join the movement! You can find the application to serve with the student ministry on our webpage at the link below.

INFO: mcleanbible.org/rock

USHERS

On Sundays, our team welcomes and serves MBC attendees by helping congregants find seats, collecting the offering, and cultivating a spirit of hospitality and unity. Serve 1-4 times per month during any of the main services. INFO: mcleanbible.org/tysonsvolunteer or leah.buller@mcleanbible.org

GREETERS

On Sundays, our team welcomes MBC attendees by standing at the main entry points of the church and auditorium. We invite you to share a friendly smile as you hold open a door. Serve 1-4 times per month during any of the main services. INFO: mcleanbible.org/tysonsvolunteer or leah.buller@mcleanbible.org

WELCOME CENTER HOSTS

Serve as a host at our Welcome Center in the Main Auditorium lobby. We welcome anyone who has a working knowledge of MBC and its various ministries and wants to assist people who come to the center looking for information. Serve 1-4 times per month during any of the main services. INFO: mcleanbible.org/tysonsvolunteer or leah.buller@mcleanbible.org

WORSHIP GATHERINGS: TECH, PRODUCTION, & WORSHIP

Our team has many talented people who work diligently every week to create an environment where people can draw closer to God through deep and meaningful worship. We have audio engineers, broadcast volunteers, camera operators, lighting designers, ProPresenter operators (lyrics and slides), stage managers, musicians, and worship leaders. We are always seeking more people who want to join our community! Experience varies for volunteer positions, but we invite everyone to apply online.

INFO: mcleanbible.org/tysonsvolunteer or greg.loizou@mcleanbible.org

PRE-SERVICE PRAYER

Come join us every Sunday for pre-service prayer at 8:15 and 10:30 AM in the large prayer room off the main lobby. This weekly time of prayer is an opportunity to center our attention on the Lord and confess our need for Him! INFO: glynrob@gmail.com or byhisstrength@aol.com

FIRST RESPONSE TEAM

The First Response Team provides opportunities for individuals trained in security, law enforcement, personnel protection, first responder, and/or medical emergency response to serve to protect our various MBC locations. Applicants are requested to complete the First Response Team (FRT) application form as well as the online McLean Bible Church Volunteer Application Form. It is required that FRT applicants be members of the church or in the process of becoming a member and undergo a background check.

INFO: mcleanbible.org/tysonsvolunteer or bob.sibert@mcleanbible.org

SERVE WITH LOCAL OUTREACH

MBC BABY BOUTIQUE

Serving vulnerable babies and their parents throughout our community with new and used baby clothing and other items. We accept donations (in the bin next to the Smith Center desk, or under the Cafe stairs) and have several serve opportunities per month. INFO: lauren.deluca@mcleanbible.org

LOCAL OUTREACH NEWSLETTER

Sign up for the Local Outreach Newsletter! Receive monthly events, needs and requests, stories, partner spotlights, and prayer requests from MBC partners. INFO: mcleanbible.org/localoutreach

LOCAL OUTREACH RESOURCES

Make sure to check the Local Outreach page for creative ideas, available resources, and partner organizations that would love your help.

INFO: mcleanbible.org/localoutreach

ADOPTION AND FOSTER CARE MINISTRY

This ministry helps MBC members care for vulnerable children. This includes those who are currently adopting or fostering, considering whether to adopt or foster, or interested in other pathways of service.

INFO: adoptionfostercare@mcleanbible.org

CHRISTIAN MUSLIM RELATIONS (CMR)

With thousands of Muslims in our area and more than 1.2 billion Muslims all over the world, we pray that CMR will be a resource and a point of contact to catalyze, help, and equip our people to reach their Muslim family members, friends and here and around the world.

INFO: cmr@mcleanbible.org

ANSWERING MUSLIMS' QUESTIONS

The war between Israel and Hamas, the spread of antisemitism, the confusion about Islam and the presence of thousands of Muslims in our neighborhood. Moreover, Muslims themselves are asking questions about Christians' faith! And they have every right to receive an answer from you. The "Answering Muslims' Questions" (AMQ) class will help you as believers to understand the Muslims mind and culture and how to respond adequately to his questions. AMQ is a 12-session class on Zoom. The theme of the class is taken from 1 Peter 3:15: "Aways be ready to give an answer."

INFO: cmr@mcleanbible.org

ENGLISH FOR SPEAKERS OF OTHER LANGUAGES (ESOL)

English classes for adults of all ages and backgrounds. Join us to learn English and make friends from all nations! Our goal is to teach English, develop friend-ships, and show Christ's love to our international friends. Registration takes place at the first class.

MEETS: Mondays and Thursdays at 10 am, starting September 9.

INFO: aimee.palumbo@mcleanbible.org

LAZARUS COMPUTER MINISTRY

Our mission is to provide computers to individuals, families, ministry and missionary partners unable to afford computers. This equipment helps to provide people access to needed information, show God's love and spread the gospel. Lazarus Computer Ministry is in need of computer donations, in particular working laptops and desktop computers that are less than 8 years old. All donated computers are erased as part of the refurbishment process. INFO: computerministry@mcleanbible.org

OPERATION KINDNESS (OKM)

We meet in the Rock Gym at 6:30 pm on the second Tuesday of every month except for December. OKM packs around 30 to 35 boxes monthly and donations are welcomed. An OKM donation bin is located across from the entrance to the MBC café under the stairwell to the third floor. A complimentary light dinner is served after the OKM packing operations are completed, enabling wonderful fellowship. OKM also strives to care for and minister to the dependents of deployed military members and their families in the local area.

INFO: wayne.fujito@mcleanbible.org

SERVE WITH OUR LOCAL OUTREACH PARTNERS

Below are some of the organizations throughout the DMV we partner with who do excellent work supporting various vulnerable populations. Most, but not all, are Christian based, but all provide opportunities to share the love of Christ through service. Feel free to contact the organization you are interested in to see what volunteer roles, events, prayer teams, or other giving options are available.

To learn about more opportunities we have to serve others in our city, sign-up for our local outreach newsletter at www.mcleanbible.org/localoutreach

ADOPTION/FOSTER CARE

PROJECT BELONG

Project Belong inspires, recruits, and resources the local church to care for vulnerable children with the love of Christ. Get involved by supporting a social worker, or to mentor a youth.

INFO: www.projectbelongva.org/dont-go-alone

FOSTER THE FAMILY

Foster the Family serves foster families & children in the greater D.C. metropolitan area.

INFO: www.fosterthefamilydc.org/volunteers

DC127

DC127 supports foster families.

INFO: www.dc127.org/dc127-volunteering

PREGNANCY RESOURCE CENTERS

While each PRC is unique, most have opportunities to make meals, provide office support, or help with classes.

- MOSAIC: mosaic-virginia.org/donate/volunteer
- ASSIST: assistpartners.org/volunteer
- LIFE FIRST: lifefirstva.org/get-involved
- CAPITOL HILL PREGNANCY CENTER: capitolhillpregnancycenter.org/ volunteers.html
- SANCTITY OF LIFE MINISTRIES: slmgetinvolved.org/volunteer
- ABBA CARE: abbacare.org

FOOD/HUNGER

WESTERN FAIRFAX CHRISTIAN MINISTRIES

WFCM serves residents of Western Fairfax County who are experiencing food insecurity and financial instability.

INFO: wfcmva.org/get-involved-volunteer

FOOD FOR OTHERS

Food for Others distributes food for those in need.

INFO: foodforothers.org/ffovolunteer

MOBILE HOPE

Mobile Hope provides support and emergency shelter to youth up to age 24 who are at-risk, precariously housed or homeless and empowers them to become self-sufficient and experience improved well-being.

INFO: mobile-hope.org/volunteer

HOUSE OF MERCY

House of Mercy provides food, clothing, and household items to those in need in Northern Virginia.

INFO: houseofmercyva.org/get-involved

FAIRFAX FISH

FISH provides funds and volunteers to serve the needy and elderly in the greater Fairfax City area of Fairfax County by providing life's necessities.

INFO: fairfaxfish.org

CLOTHING/FURNITURE/ COMPUTERS

SHARE OF MCLEAN

SHARE provides emergency assistance to the McLean area, including food, clothing, furniture and more. INFO: mcleanbaptist.org/share

HOUSE OF MERCY

House of Mercy provides food, clothing, and household items to those in need in Northern Virginia. INFO: houseofmercyva.org/get-involved

HOMELESSNESS/POVERTY

THE LAMB CENTER

The Lamb Center is a daytime drop-in shelter for individuals experiencing homelessness in Fairfax, Virginia. We provide a variety of services without cost to our guests, including breakfast, lunch, showers, laundry service, Bible studies, case management, AA meetings, a nurse practitioner clinic, a dental clinic, and much more. INFO: www.thelambcenter.org/get-involved

CENTRAL UNION MISSION

Together we provide safe shelter, hot meals, medical care, job training and compassionate care to transform lives here in the Washington D.C., metropolitan area. INFO: missiondc.org/get-involved

TREE OF LIFE

Tree of Life extends practical help by providing food, lifeskills, shelter, healthcare and relief. INFO: tolministries.org/want-to-help

VIRGINIA WOMEN & FAMILY SUPPORT CENTER

VWFSC provides housing and training for homeless moms of young children. INFO: vawfsc.org/volunteer

HOPE FOR NOVA

Hope for NoVA provides hope to low-income and under-served individuals and families in Northern Virginia through food, kids programming, and more. INFO: hopefornova.org/volunteer

OTHER VULNERABLE POPULATIONS

RESET180

Reset180 serves victims of trafficking. Volunteers can help with office support, survivor services, prayer, and more. INFO: reset180.com/volunteer



children



FOR NEWBORN TO 5th GRADE CHILDREN

Our Kid's Quest ministry offers programming from newborn through 5th grade children during Sunday worship service times. We engage children with the life-changing truth of the gospel in fun and creative ways. Due to currently limited classroom capacities, children can check-in to Kid's Quest each Sunday on a first come, first serve basis. God has ordained parents to be the primary disciplers of their children, so Kid's Quest aims to be supplemental in children's discipleship while supporting parents in their high calling. Stay connected with us on Facebook @tysonskidsquest.

INFO: mcleanbible.org/tysons/children or kidsquest@mcleanbible.org

KID'S QUEST PARENT EMAIL

Every week our Kid's Quest team sends ministry announcements, curriculum information, and discipleship resources to parents. You don't want to miss out on these helpful tools as you teach your child the word of God! Email kidsquest@ mcleanbible.org to be added to this distribution list.

AWANA

Awana is a global ministry for youth ages 3 years through 12th grade that focuses on learning God's Word in a fun atmosphere. Each week, Awana provides consistent, positive teaching and training that stresses strong moral and spiritual values. Focusing on child discipleship, our students learn about the reality of God and the truths of the Bible and to know, love and serve Christ. The Awana ministry runs on parent participation. For more information and to register, please visit the link below. Dues to join are \$55.

MEETS: Sundays 4:30 - 6:15 pm, September to May

INFO: mcleanbible.org/tysons/awana or awanatysons@mcleanbible.org

PARENT COMMISSIONING

Parent Commissioning is a public expression of the fact that your child was created by God and belongs to Him. You are making a declaration, before Him and those witnessing the ceremony, of your commitment to make disciples of your children, leading and teaching them to follow and obey King Jesus in all areas of life. Our aim is to provide you with tools for laying a gospel foundation in your home. Attend an upcoming Parent Commissioning class to take the first step toward participating in a Parent Commissioning ceremony.

NEXT CLASS: October 13th at 11:30 am in Community Room C INFO: mcleanbible.org/tysons/classes or kidsquest@mcleanbible.org

DANCE WITH ME CLASSES

Join moms and others who care for babies and toddlers to enjoy a bonding movement experience together, while having fellowship with other families and exposing them to fun strategies for discipling our youngest children. Exercise and wellness will be discussed too! Families are welcome to enjoy time afterwards at "Stay & Play" in the Nursery area until 11:30am. Class is for babies to 2-year-olds and costs \$5 per class or \$45 for the session.

MEETS: Mondays September 30th – December 9th from 10:00 – 10:45 am in KQ Rooms 2304/2305

INFO: donna.fitzpatrick@mcleanbible.org

WIGGLING WORSHIP CLASSES

This class is to create a time for 3 yr. olds & up to learn how to use their bodies to honor God and share His good news through movement, exercise and wellness. The cost is \$5 per class or \$45 per session.

MEETS: Mondays September 30th – December 9th from 1:30 – 2:30 pm in KQ Rooms 2305

INFO: donna.fitzpatrick@mcleanbible.org

FALL FAMILY KICK-OFF

Join us as we stuff back packs for kids in our community, and see what we have in store for your kiddos this season in Kid's Quest! Lunch will be provided!

MEETS: September 22nd at 12:45 pm in Community room C

INFO: kidsquest@mcleanbible.org

FAMILY FUN FALL PARTY

Come hang out with us as we pack Trick-or-Treat goody bags that will include candy the sweetest of all: the love of Jesus. Lunch will be provided!

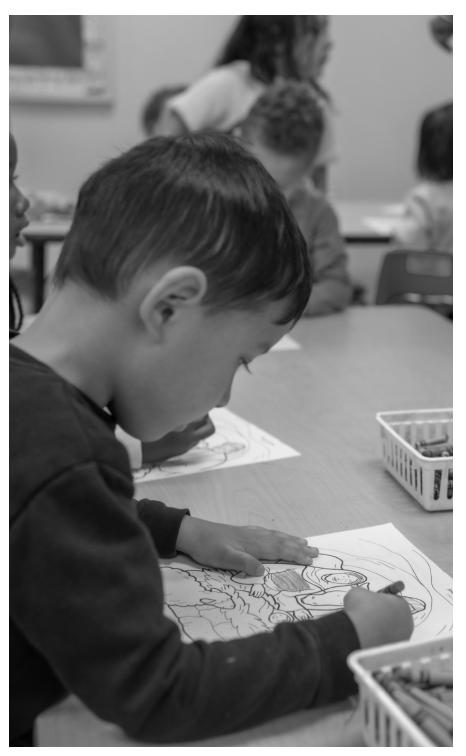
MEETS: October 27th at 12:45 pm in Community Room C

INFO: kidsquest@mcleanbible.org

FOUNDATIONS CLASSES FOR PARENTS

Join us for a four-week Foundations class on family discipleship, focusing on the vital role of faith transmission within families. We'll explore Deuteronomy 6, discussing practical strategies for passing on faith to the next generation.

MEETS: Sundays, September 29th – October 20th at 11 am in Community Room C INFO: kidsquest@mcleanbible.org



Students

MIDDLE SCHOOL AND HIGH SCHOOL STUDENTS, GRADES 6-12

The Rock is a movement for all students to find and follow Jesus. True life is found in Jesus and life in Jesus leads to following Jesus. Everything that we do from our weekly communities to topical classes, to age-specific hangouts is targeted to help students find life in Jesus and relentlessly follow him. Our aim is to partner with parents to raise up ONE MORE generation whose highest allegiance is to Christ and His Kingdom. The best way for parents to stay up to date is through the Parent Newsletter and you can sign up on our webpage.

INFO: mcleanbible.org/rock or rock.tysons@mcleanbible.org

SUNDAY MIDDLE SCHOOL COMMUNITY

We invite our middle school students to join us for Sunday Community at 11:00 AM in the Rock Gym. Rock Communities are designed for middle school students to engage with each other as the engage the word of God. This semester we are unpacking the question "Who am I?" as we dig into God's Word together.

MEETS: Sundays at 11 am in the Rock Gym

INFO: mcleanbible.org/rock or rock.tysons@mcleanbible.org

MIDWEEK

Following Jesus is better together. Midweek is designed for students (6th – 12th grade) to find community through Bible study, as they encounter God through His Word and enjoy real friendships in small groups.

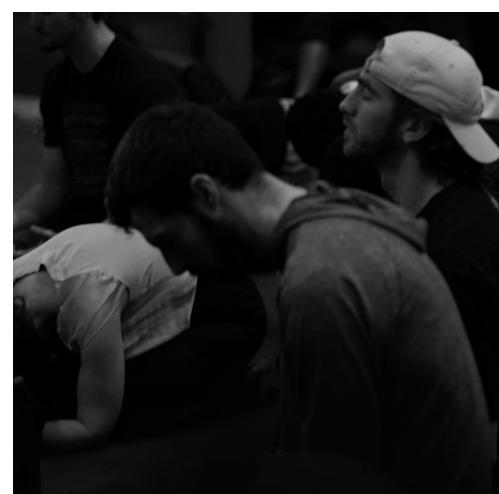
We meet on Wednesdays from 7:00-8:30 PM in the Rock Gym. For the first thirty minutes we play games and hangout or have worship together. During this time, pizza is available for \$1 a slice. Then, we all head into grade and gender specific small groups lead by our ministry staff and serve teams. This semester we are unpacking various encounters with Jesus through the gospel of Luke in our small groups. We pray that our students encounter and enjoy the abundant life God has for them as they dig into God's Word together.

MEETS: Wednesdays from 7:00 - 8:30 PM in the Rock Gym

ROCK STUDENT MINISTRIES WINTER CAMPS

ALL MS and HS students are invited to join us for 2024 Winter Camps! Camp is an opportunity for students to turn down the noise of this world to tune their hearts to the voice of God. Register TODAY! You don't want to miss it!

- HS Winter Camp Dates January 24 26 | @ NorthBay Adventure Camp
- MS Winter Camp Dates January 31 Feb 2| @ NorthBay Adventure Camp INFO: mcleanbible.org/students



JOIN THE MOVEMENT

One of the best ways to grow as you follow Jesus is to help someone else find and follow him. If you love students and have a desire to raise up ONE MORE generation whose highest allegiance is to Christ and His Kingdom, then we invite you to apply to join the movement! You can find the application to serve with the student ministry on our webpage at the link below. INFO: mcleanbible.org/rock

GET CONNECTED

Don't miss out on our upcoming events, classes, and communities! Signup for our Parent Newsletter through our website and stay up to date on all of the ways that your student can get connected to the movement! INFO: mcleanbible.org/rock



govna adults



YOUNG ADULTS, 18-EARLY 30S

JOIN US THURSDAY NIGHTS

Citywide is a gathering of young adults (18-early 30s) on Thursday evenings. We will gather weekly to study God's Word together and enjoy time in community. Wherever you are in your faith journey, we'd love to have you join!

MEET: Thursdays at 7:00 PM in the Rock Gym

INFO: mcleanbible.org/youngadults or citywide@mcleanbible.org

7 WAYS TO WASTE YOUR LIFE

New Series in the Book of Numbers- Starting September 19th God designed us for lives of deeply satisfying purpose, but often we experience something much less, the emptiness of pursuing the wrong purpose or no purpose at all. The ancient Israelites were offered an incredible purpose to take ownership of the Promised Land, but the first generation found every way possible to squander God's plans for them. Come join us as we study the book of Numbers to see how the Israelites wasted their lives and consider how we can avoid doing the same.

SAVE THE DATE: Fall Tailgate Social// October 20th @ 3pm SAVE THE DATE: CW Annual Friendsgiving// November 21st @7pm

Want to know more? Follow us at @wearecitywide on Instagram

special needs ministry



CHILDREN, TEENS, AND ADULTS WITH SPECIAL NEEDS

Our special needs ministry sees each person as fearfully and wonderfully made by God to glorify Him. Access has special Sunday classes and provide 1-on-1 buddies for inclusion within children's ministry. It is our desire to develop all into fully devoted followers of Christ and integrate them into the church body. The best way to stay up to date on any upcoming events for Access is to sign up for our newsletter. Please sign up on our website mcleanbible.org/access or email accessministry@mcleanbible.org to request to be added to the distribution list. INFO: mcleanbible.org/access or accessministry@mcleanbible.org

BEAUTIFUL BLESSINGS - CHILDREN WITH DISABILITIES

Sunday classes specifically designed for children with special needs and adapted for each child's ability level, age group and need. We also offer inclusion within children and student ministries with 1-on-1 buddies. We will work with you on what is the best place for your child to thrive on Sunday mornings. MEETS: Sundays at 9 am and 11 am

INFO: mcleanbible.org/access or accessministry@mcleanbible.org

ADULTS WITH DISABILITIES DAY PROGRAM (A.D.D.P)

A.D.D.P. is a day program for adults with developmental delays. Program goals include spiritual formation, literacy, vocational training, personal care and independence, recreation and leisure, social skills, travel training and community navigation, and self-advocacy. Weekly activities feature a book club, small group devotional, life skills, volunteer opportunities, and community outings. INFO: mcleanbible.org/access or addp.tysons@mcleanbible.org

FRIENDSHIP CLUB - TEENS & ADULTS WITH DEVELOPMENTAL DISABILITIES

Friendship Club is a vibrant community for individuals 16+ with developmental disabilities. This weekend class includes lessons adapted for each member's ability level, small group discussion, a snack, games, and fellowship. In addition to weekend services, members of the Club plan and engage in fun fellowship. MEETS: Sundays at 9 am and 11 am in Room 1201

INFO: mcleanbible.org/access or accessministry@mcleanbible.org

SATURDAY RESPITE

Saturday Respite is a fun-filled Saturday for children ages 2-15 with special needs and their typically developing siblings, giving their parents a much-needed break. We host Saturday Respite monthly from 10am-2pm and typically hold it on the 3rd Saturday of the month. Registration is required to attend. Please email accessministry@mcleanbible.org if you are interested in attending or serving as one of our amazing 1-on-1 Buddy volunteers!

FRIENDSHIP CLUB SOCIALS

Friendship Club Socials are a monthly gathering of our wonderful teens and adults with disabilities and other team members within our ministry to build good community together. We have game and movie nights, go bowling and do so many other fun things together! Registration is required to attend any Friendship Club Social. Please email accessministry@mcleanbible.org if you are interested in attending or serving as one of our amazing volunteers!

JILL'S HOUSE

Jill's House is a Christian non-profit that provides short-term, overnight respite care for families raising kids ages 6-17 with intellectual disabilities, not only in the DC metro area but all around the country. Parents regularly receive 24-48 hours to rest and recharge, while their kids are engaged in fun activities, tailored to their interests and abilities. You can become involved by praying, volunteering and giving to make an impact in the lives of these families. Please visit jillhouse.org/volunteer for all available volunteer opportunities. INFO:jillshouse.org





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GLOBAL OUTREACH NEWSLETTER

Sign up for the monthly Global Outreach Newsletter! Receive monthly stories and prayer requests from MBC missionaries and partners, and hear about upcoming global events, classes, trips and more!

INFO: mcleanbible.org/globaloutreach

GLOBAL OUTREACH 2024 PRAYER GUIDE

The Global Outreach 2024 Prayer Guide is Global Outreach's 52-week prayer strategy for the entire church. It is divided into 52 weeks. The current week can be found atmcleanbible.org/gopray, with limited paper copies in MBC lobbies. Each weekly session willprompt the reader to learn about and pray for MBC missionaries, MBC partner organizations, and some of the least evangelized regions in the world. Please join us in praying for the nations!

2025 SHORT-TERM TRIPS

MBC sends short-term teams around the world to effectively advance the goals of our long-term partners in places where the gospel is both accessible and inaccessible. Depending on the destination country, short-term trips typically last between six tofourteen days. We invite all MBC members who have a committed relationship with Christ to consider joining a short-term trip. Spring and Summer 2025 trip dates should be posted on the Global Outreach page in late December for applications.

INFO: mcleanbible.org/globaloutreach

Ministries

ANOINTING

Members of the Elder Board are available, upon request, to pray for and anoint with oil those who are injured or ill. This is done in accordance with James 5:14. If you'd like our elders or pastors to pray over you for such a circumstance, please contact us at the information below.

INFO: anointing@mcleanbible.org

BENEVOLENCE

The Benevolence Fund assists people currently attending MBC who are facing a short-term financial crisis. Strict guidelines are followed for the fair disbursement of funds. To be considered for financial support, you'll need to apply for benevolence funds and meet with a financial counselor at MBC.

INFO: benevolence@mcleanbible.org

COUNSELING

We want the church to be a place where hurting and suffering people can find support and care. If you find yourself facing challenges or struggles, we want to care for you. To learn how MBC can connect you to care through lay counseling or a professional Christian counseling referral, please visit our webpage. INFO: mcleanbible.org/counseling or counseling@mcleanbible.org

FINANCIAL COACHING

We have many volunteers who enjoy serving people in the area of personal finance. These folks are available to assist in areas including budgeting, debt reduction, and other financial concerns. We also counsel on how to manage money using biblical principles. Our volunteers are not financial planners, but individuals who seek to help you honor the Lord no matter what financial circumstance or crisis you might be in.

INFO: financialcounseling@mcleanbible.org

STEPHEN MINISTRY

Stephen Ministry provides personal and spiritual support, care, and prayer through trained Stephen Ministers for adults who are having trouble dealing with life's circumstances. To learn more about how to serve with Stephen Ministry or to request a Stephen Minister, please send us a confidential email or call us at (703) 770-4398, and one of our MBC Stephen Ministry Leaders will contact you. INFO: stephenministries.org or stephenministry@mcleanbible.org

communities

WOMEN'S WEDNESDAY NIGHT BIBLE STUDY

The Wednesday Night Women's Bible Study meets in person and virtually on Wednesday evenings at 7 pm. You can join at any time. The Wednesday Night Women's Bible Study provides an opportunity to fellowship with other sisters in Christ and grow deeper in your knowledge of the Word. For the 2024-2025 study, we will be going through Galatians and Colossians.

MEETS: Wednesdays starting September 11th at 7 pm in Community Room C INFO: mcleanbible.org/tysons/classes or kim.blair@mcleanbible.org

WEDNESDAY MORNING MEN'S COMMUNITY

The WMMC meets weekly on Wednesday mornings at 6:30 am at MBC Tysons in Community Room E (3rd Floor East). The WMMC is beginning a new series studying through the book of Hebrews. Join us as we teach and discuss how Jesus is Supreme. Presentations by different speakers are followed by table discussions, group Q&A and fellowship in the Cafe from 7:30 am on for those who can stay a little longer. There is no registration fee or need to sign up.

MEETS: Wednesdays at 6:30 am in Community Room E INFO: mcleanbible.org/tysons/communities or bob.sibert@mcleanbible.org

FRIENDS AND FELLOWSHIP - ADULT BIBLE STUDY

We are a year-round Bible study group. We welcome a wide range of ages, cultures, and spiritual backgrounds, including new believers and those with theological training. Our weekly meetings feature worship, prayer, and Bible study. We connect with one another for fellowship and mutual encouragement before, during, and after class, and at socials and service projects.

MEETS: Sundays at 1 pm in Amy Carmichael Conference Room, and virtually INFO: glynrob@gmail.com

FUEL - FOR SINGLE ADULTS

If you are single and in your 30s, 40s, or early 50s, join us for Bible-based teaching and get connected to community. Fuel is an active, mid-sized group and a place to gain biblical perspectives, engage in meaningful discussions, develop friendships, and experience authentic community. Fuel provides monthly socials and serving opportunities. This community will resume September 8, 2024.

MEETS: Sundays at 1 pm in Community Room F

INFO: fuel_socials@yahoo.com

KOINONIA - FOR ADULTS

We are a caring community of adults (mostly 55+) who meet for fellowship, discipleship and Bible study. Our group experiences biblical community by making new friends, serving together, assisting, and praying for each other while growing deeper in relationship with Christ. We are now in the planning stages of our major Koinonia Service Project to serve others.

MEETS: Sundays at 11 am in Community Room E , as well as via Zoom INFO: wayne.fujito@mcleanbible.org

KOINONIA MENTORING - FOR MEN

We are a group of mature Christian men who meet once a month to connect with younger followers and as a group discuss life issues that we are all facing. Weekly, each mentor meets with his respective mentee(s) for ongoing discipleship, diving deeply into God's word and discussing how to overcome life's challenges using Christ as our example. Meeting in-person and virtual.

MEETS: 2nd Saturday of the month at 9 am in Amy Carmichael Conference Room

INFO: mentoringmbc@gmail.com

LOVING OUR PRODIGALS

A dedicated safe and confidential environment for Biblical support and encouragement for mothers faced with rebellious teenagers or young adults. We are meeting virtually, with in person meetings arranged as the need arises. INFO: kaz.fujito@mcleanbible.org

UNION - FOR ENGAGED AND RECENTLY MARRIED COUPLES

Union is designed to strengthen marriages for the glory of God and the advancement of His Kingdom. Marriage-based studies and themes, social gatherings, service opportunities, and community meals are offered to help you build community. Please email for more information. This community will resume September 8, 2024.

MEETS: Sundays at 9 am in Community Room ${\bf F}$

INFO: union@mcleanbible.org

TEAMMATES - FOR ADULTS

TeamMates is a welcoming community which seeks to connect couples interested in strengthening their marriage, equipping them to become effective disciples through their marriages, and ultimately, impact their spheres of influence and the world for Jesus. We invite you to join us, ask important questions about life, and get answers through biblical teaching. Relationships are authentic, and marriages are strengthened. This community will resume September 8, 2024.

MEETS: Sundays at 11 am in Community Room F

INFO: teammates@mcleanbible.org

DEAF MINISTRY

The goal of Signs of Life is to provide opportunities for the Deaf to grow in their relationship with Jesus Christ. We are devoted to providing reasonable accommodations, so all people may join together in community to learn, grow, and fellowship. Join us for church services at 11:00 AM every Sunday with ASL interpreter. Contact briananav@gmail.com about American Sign Language (ASL) interpreting requests.

INFO: lovegc1985@gmail.com

INTERNATIONAL FELLOWSHIP COMMUNITIES

AFRICAN FELLOWSHIP Arllen.ade@mcleanbible.org

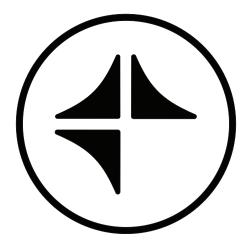
ARABIC FELLOWSHIP berty.abdelmasih@mcleanbible.org

CHINESE FELLOWSHIP chinesefellowship@mcleanbible.org

ETHIOPIAN WORSHIP AND PRAYER fgetachew3@gmail.com

FILIPINO FELLOWSHIP pj.aluning@gmail.com

JAPANESE BIBLE STUDY kaz.fujito@mcleanbible.org









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STAY UPDATED

Get that latest information through our Tysons enews. Sign up at bit.ly/enewsmbc

SERVE

There are many ways you can jump in and start serving at MBC Tysons. Visit mcleanbible.org/serve to apply and connect with the ministry leaders.