

 McLean Bible Church

church group
MEMBER STARTER GUIDE

FALL 2023

CONTENTS

05

ABOUT CHURCH GROUPS

06

WHY “C-G-M”?

WHY ARE WE COMMITTED TO CARING?

WHAT DOES IT MEAN TO COMMIT TO GROWING?

HOW DO CHURCH GROUPS MAKE DISCIPLES?

WHAT IS EXPECTED OF CHURCH GROUP MEMBERS?

09

WHAT DOES A CHURCH GROUP MEETING LOOK LIKE?

WHAT ARE HUDDLES?

WHAT ARE WE AIMING FOR?

HOW CAN I GET INVOLVED?

ABOUT
**CHURCH
GROUPS**

CHURCH GROUPS

The DC Metro area is filled with busy people moving in different directions, often at a fast pace. If we aren't intentional, we can keep that pace in our church involvement. We can enter our church buildings, sit on the back row, and hurriedly leave without anyone even knowing our name. Add to that dynamic a global pandemic that has left many people feeling disconnected and alone, and our need for genuine community in the church is evident.

We want every member of MBC to experience the deep, healthy community that we read about in the New Testament—it's what we were made for.

We are committed to caring for the spiritual health of the body of Christ by creating and strengthening opportunities for biblical community for every group member at every MBC location. We believe that Church Groups can help us experience the strengths of a large church and yet offer the family relationships of a small church community so that no one slips through the cracks.

At MBC, a Church Group is a group of people who commit to Caring for one another, Growing together to become more like Jesus, and Making disciples together on mission in the world (“C-G-M”). Church Groups are designed to be representative of the entire body of Christ, including men and women of all ages and backgrounds, married and single, and families with and without children. Church Groups often begin in different ways, meet in different places, and are many different sizes. MBC Church Groups may look different at any given time, but all Church Groups commit to caring, growing, and making disciples together. We warmly invite you to join us and be a part of a Church Group!

And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers.

Acts 2:42

WHY “C-G-M”? (CARING, GROWING, AND MAKING DISCIPLES)

WHY ARE WE COMMITTED TO CARING?

The Bible tells us that God’s church is much more than an event on Sunday. Church is a family. As a family, we are committed to caring deeply for one another - for both our physical and spiritual needs. We are inviting you to be a part of our lives and we hope you will have us be a part of yours!

A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another. By this all people will know that you are my disciples, if you have love for one another.

John 13:34-35

I hope to come to you soon, but I am writing these things to you so that, if I delay, you may know how one ought to behave in the household of God, which is the church of the living God, a pillar and buttress of the truth.

1 Timothy 3:14-15

Love one another with brotherly affection. Outdo one another in showing honor. Do not be slothful in zeal, be fervent in spirit, serve the Lord. Rejoice in hope, be patient in tribulation, be constant in prayer. Contribute to the needs of the saints and seek to show hospitality.

Romans 12:10-13

WHAT DOES IT MEAN TO COMMIT TO GROWING?

Growing as a disciple is the process of becoming more and more like Jesus. The Bible tells us that before we trust in Jesus we are slaves to sin. Yet, God makes a way for us to be freed from our sin and reconciled to Him. That way is His Son, Jesus. This is the gospel. God sent His Son who lived a perfect and sinless life, one that we couldn’t live. Jesus willingly died the death that we deserved. That means that although we could not pay the debt of our sin, Jesus paid the entire debt on our behalf. The great news of the gospel is that if we repent of our sin and believe in Jesus as our Lord we are saved and united to Christ. The Bible tells us that if anyone is in Christ, he is a new creation. Jesus makes us new!

We can become more like Jesus, and that is what growing is all about. We are inviting you to join us as we all strive to do this together. Church Groups do this in the power of the Holy Spirit, by studying God's Word together, and helping one another learn to obey and follow Jesus.

We know that our old self was crucified with him in order that the body of sin might be brought to nothing, so that we would no longer be enslaved to sin. For one who has died has been set free from sin. Now if we have died with Christ, we believe that we will also live with him. We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him.

Romans 6:6-9

But God, being rich in mercy, because of the great love with which he loved us, when we were dead in our trespasses made us alive together with Christ—by grace you have been saved.

Ephesians 2:4-5

Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.

2 Corinthians 5:17

HOW DO CHURCH GROUPS MAKE DISCIPLES?

A disciple is someone who follows Jesus. As Church Groups, we are committed to following Jesus and helping others to follow Jesus. In what we call the Great Commission, Jesus told His disciples to make disciples of all nations. Church Groups strive to make disciples right here in the DC Metro area and to be a part of making the gospel known all around the world.

There are many ways Church Groups are involved in disciple making. We pray for those who don't know Jesus. We give financially to make the gospel known around the world. We support missionaries who serve around the world and share the gospel with those who need Jesus. And, we actively tell others about Jesus right here in the DC area. We encourage each other, equip each other, and pray with and for each other as we make disciples of Jesus.

And Jesus came and said to them, "All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age."

Matthew 28:18-20

WHAT IS EXPECTED OF CHURCH GROUP MEMBERS?

We want every person who joins a Church Group to flourish in these settings. In order for you and others in the group to experience deep, healthy community, we strongly urge everyone to commit to following two tasks:

- 1. *Show up consistently.*** Make every effort to be present at all meetings. If you don't show up consistently, you will miss out on the formative experience of learning and obeying God's Word. You will also miss out on relational experience of sharing and praying with others. Unless you're sick, traveling, or unexpected circumstances arise, we encourage you to make your Church Group gatherings a consistent priority.
- 2. *Seek to care for others.*** Seeking the good of others means asking others how you can help and serve them. If you don't seek to care for others, you will likely become critical of others for similar reasons. Seek to consider others more important than yourselves (Philippians 2:3-4) while loving them as yourself (Matthew 22:37-40), which is how God desires members of His family to care for each other.

If you commit to showing up consistently, while seeking to care for others, that also will likely be reciprocated. Over time, you will begin to experience deep community with others. We invite every Church Group member to experience this kind of healthy community by showing up and asking others how they can help.

WHAT DOES A CHURCH GROUP MEETING LOOK LIKE?

Church Groups are much more than a meeting, but they do commit to meet regularly as a group. So, what does a Church Group meeting look like? All Church Group meetings will look a little different, but MBC Church Group meetings will include the following three things:

- ***All Church Groups devote time to building community.*** This could include doing things like sharing a meal or snacks and using that time to talk and catch up on life. It could include serving together in a ministry or outreach.
- ***All Church Groups devote time to God’s Word.*** This could include discussing a sermon, doing a Bible study, and discussing books that are based on Scripture. Most group meetings will include discussing the sermon from the previous Sunday as the group members seek to understand and apply the sermon content.
- ***All Church Groups devote time to deeper sharing and specific prayer.*** This could include praying together in the larger group with all the Church Group members. It could include breaking into smaller “huddle” groups to pray more specifically for one another and share more deeply about the details of their lives.

WHAT ARE HUDDLES?

As your group seeks to spend time focused on sharing and prayer, your group may choose to pair up group members into smaller groups, often 3-4 people of the same gender, for deeper sharing about the details of your lives and for more specific prayer. We call these groups “huddles.” What people do during their time in huddles varies, but generally speaking, huddles help us to deepen friendships, live in transparency and accountability, and pray for one another. These huddles typically become one of our first lines of care at MBC.

Why are huddles helpful? Well, sometimes in a group of ten or twenty people it can be difficult to have enough time for each person to share the important details of their life and receive meaningful support. In a group of 3 or 4 people it can be easier. Huddles are also a great place to share and pray together about topics that are

more appropriate in a single-gender context. We hope huddles will be an environment that offers every huddle member an opportunity to share openly, offer and receive care and support, and pray specifically and regularly with those in their group.

There are many different ways to use our time in huddles. Sometimes, we simply focus on taking time to “Share” and taking time for “Prayer”.

SHARE: This is a time when you might share the important things going on in your life. As the Spirit leads, ask one another questions to help care for, support, protect, encourage, correct, and advise one another in love. Praise God for His grace and for the great things He’s been doing in and through you. During this time of sharing, we ask how we can support each other, point one another to Christ, and build one another up in love.

PRAYER: Pray specifically for one another and for others, including those who don’t know Jesus. Commission one another to go in the power of the Spirit to make disciples in the world.

WHAT ARE WE AIMING FOR?

In Church Groups, we strive together towards what we call the “4-Aims”.

AIM #1: We strive to see all Church Group members caring, growing, and making disciples.

AIM #2: We strive to integrate new people quickly and meaningfully into our Church Group. So, invite your friends and neighbors!

AIM #3: We strive to multiply through our Church Group. We desire to multiply disciples, leaders, and even new Church Groups, as the Lord leads.

AIM #4: We strive to serve our church, not just our Church Group. Your group can consider serving in MBC’s churchwide ministries (e.g., Kid’s Quest, The Rock, Access, Local Outreach, Global Outreach, Welcome Teams, etc.). And, we want to be actively involved in the corporate gatherings of our larger church family.

 McLean Bible Church

mcleanbible.org/churchgroups