

# CARE AND COUNSELING

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As a church we seek to do all we can to care for you. Whether it is grief, marriage enrichment, family support, or when you just need emotional and spiritual encouragement, we have various ministries in place to walk with you. But we also know that sometimes the help and guidance of expertly trained counselors can be beneficial. To guide you in that process, we recommend the following counselors and counseling centers.

If you have questions about our caring ministries or want to discuss your situation further, you are welcome to call 703-639-9111 or email [counseling@mcleanbible.org](mailto:counseling@mcleanbible.org).

## **Heart Song Christian Counseling**

Northern Virginia locations & virtual

Individual, marriage, & family

[www.heartsongcounseling.org/location/northern-virginia](http://www.heartsongcounseling.org/location/northern-virginia)

## **Soul Restore Counseling Center**

400 7th ST NW, Ste. 600

Washington, DC 20004 | 202-500-8807

[www.soulrestoredc.com](http://www.soulrestoredc.com)

Angela Sarafin, MA-LMFT, LPC

Kim Shepard-El-Ince, MA-BC, LGPC

## **Life Counseling Center Ministries**

2600 Marriottsville Road

Marriottsville, Maryland 21104 | 443-419-3884

[www.lifecounselingcenter.org](http://www.lifecounselingcenter.org)

## **Emmaus Family Counseling Center**

Chris Cole, MA, LPC

\*Accepts Insurance

20905 Professional Plaza, Ste. 220

Ashburn, VA 20147 | 703-729-2822

[www.efccva.com](http://www.efccva.com)

## **VIRTUAL ONLY**

### **Christian Trauma Counseling**

Counseling for residents of VA & MD

(Esther Smith is licensed exclusively in MD)

[www.christiantraumacounseling.com/our-counselors](http://www.christiantraumacounseling.com/our-counselors)

### **Lilies and Birds**

Patrick Penaherrera, MA, LPC (English and Spanish)

Individual, marriage & family for residents of VA & NY

[www.liliesandbirds.com](http://www.liliesandbirds.com)

### **Fieldstone Counseling**

Individual, marriage, & family

[www.fieldstonecounseling.org](http://www.fieldstonecounseling.org)

### **Anchored Hope**

Individual, marriage, & family

[www.anchoredhope.co](http://www.anchoredhope.co)

## **COUNSELORS FOR CHILDREN & TEENS**

### **Maryland Christian Counseling**

Jessica Shen, LCSW (MD residents only)

Children (5+), teens, & families

301-284-0724

marylandchristiancounseling@gmail.com

[www.mdchristiancounseling.org](http://www.mdchristiancounseling.org)

### **Soul Restore Counseling Center**

Amira Yanni, MA-BC, LGPC

Teens and young adults

400 7th ST NW, Ste. 600

Washington, DC 20004 | 202-500-8807

[www.soulrestoredc.com](http://www.soulrestoredc.com)

## **PSYCHIATRISTS**

**Adam O'Neill, PA-C**

8324 Professional Hill Drive

Fairfax, VA 22301 | 703-261-4177

[www.aoavirginia.com](http://www.aoavirginia.com)

**Vell Rives, MD**

901 N. Washington Street Ste. 601

Alexandria, VA 22314 | 703-596-1024

**Tom Jacobs, MD**

1635 N George Mason Drive Ste. 240

Arlington, VA 22205 | 703-522-8294

**Ben Crawford, DO**

44084 Riverside Parkway Ste. 420

Leesburg, VA 20176 | 703-724-0200

## **PSYCHIATRISTS FOR CHILDREN & TEENS**

**Dr. Greg A. Law, PLC**

20925 Professional Plaza, Ste. 320

Ashburn, VA | 703-436-9941

[glawmd@gmail.com](mailto:glawmd@gmail.com)

[www.gregorylawmd.com](http://www.gregorylawmd.com)