

MBC YA Spring Retreat 2023 FAQ's

WHAT KINDS OF ACTIVITIES WILL BE AT THE RETREAT?

During free time and the late-night activity periods we'll have tons of options to choose from! These include campfire + s'mores, soccer, volleyball, tether ball, basketball, cornhole, Kan Jam, Spike Ball, and Frisbee. An obstacle course race, high ropes course, mind games, wiffleball/kickball, human PacMan, an escape room, a Survivor competition, glow capture the flag and human battleship. You can even go fishing if you bring your own equipment!

If you're looking for more relaxed options, there will be hammocks around the fire pit and free board games in the shop! Feel free to bring your own board games or books as well.

WHAT IS THE ROOMATE SITUATION?

If you're coming to the retreat with friends, you'll have the opportunity to request them as roommates on the registration form, and we'll try our best to put you in the same cabin. If you haven't met anyone yet, don't worry! Most cabins hold 8-16 people, so there's a great chance you'll find someone you connect with.

WHAT SHOULD I PACK?

- Sleeping Bag and pillow (or a blanket and sheet if you prefer)
- Towel and Toiletries (shower shoes if you'd like)
- Clothes (including some warm clothes for the night and closed-toed shoes)
- A little spending money (almost everything is free but there is a coffee shop and gift shop that take cash/card)
- Bible and Notebook (if you have them)
- Suggested: Water bottle, any games you enjoy in case of rain, earplugs, fitted sheets/mattress protector

HOW DOES CARPOOLING WORK?

Please indicate on your registration if you would like to offer to drive others to the retreat, or if you need a ride. We will be in communication with you regarding your answer and do our best to pair you with passengers or a driver. For additional questions email citywide@mcleanbible.org

WHAT IS THE COST OF THE RETREAT?

It is \$150 per person. Partial scholarships may be approved and given upon request.

WHAT IF THERE IS AN EMERGENCY?

A staff member from the camp will be on call throughout the retreat. If you have a question, can't find a staff member, need something restocked, or if you have an emergency text or call 434-953-3400.

WHAT IF I HAVE CERTAIN ALLERGIES?

Watermarks has alternative options for people with certain allergies or dietary restrictions. During our mealtime, young adults with food allergies go up to the allergy window where the specialist will have a plate made for them. These include:

• **Gluten Free Options** *There is a dedicated allergy air fryer for those who cannot eat anything that cross contaminates with gluten*

- Dairy Free Options
- Egg Free Options
- Vegan Options
- Vegetarian Options

WHAT IF I HAVE MORE QUESTIONS?

Please email us directly at Citywide@mcleanbible.org