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MCLEAN BIBLE CHURCH



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Please note that this is not an all-inclusive listing of all MBC Tysons Ministries, but rather a snapshot of those with upcoming activity.

If you have a ministry or event that you'd like to be considered for addition to this directory, or if you have information that needs to be updated, please email mbctysons@mcleanbible.org.

events

# BAPTISM

The gospel message transforms people's lives and baptism is a celebration of your new life found in Jesus Christ. If you have accepted Jesus and you're ready to take this step of obedience, complete the baptism application on our website. We will walk you through the application process, send you resources, and help prepare you for your baptism.

INFO: mcleanbible.org/baptism or baptisms@mcleanbible.org

# MARRIAGE CONFERENCE

Save the date! MBC is hosting a Marriage Conference with Ray and Jani Ortlund of Renewal ministries on June 10th. Learn how God refines and renews imperfect marriages to display the beauty of the gospel. Join us and gain insight and hope for your marriage. More information coming soon.

INFO: mcleanbible.org/tysons/events or natalie.andersen@mcleanbible.org

# KID'S QUEST BAPTISM CLASS

The Kid's Quest baptism process aims to help children get started in their personal relationship with Christ. Through 4 steps – Kid's Baptism Class, Kid Conversation, testimony writing, baptism ceremony - the program ensures that parents are involved in their child's decision to be baptized, and that each child is fully ready to be baptized. Attend an upcoming Kid's Quest Baptism class for a gospel presentation and more information on the Kid's Quest baptism process. NEXT CLASS: May 21st at 12:45 PM in Community Room A INFO: kidsquest@mcleanbible.org

#### MEMBERSHIP

The Bible refers to the church as "members of one body." At MBC, we live this out through a formal commitment to church membership that includes an application, interviews with an elder or staff pastor, and introduction to the body at a congregational meeting. To become a member of MBC, your first step is to attend a Membership Orientation in-person. Classes are held several times a year and are required for all prospective members. This is a great way to learn about our vision, values, beliefs and our staff.

MEETS: April 23rd from 1:00-3:00 PM in Room 2400

INFO: mcleanbible.org/membership or membership@mcleanbible.org

# HELPING KIDS MANAGE ANXIETY AND EMOTIONS

Parenting can be challenging, especially when it comes to helping your child manage their emotions or anxieties. You don't have to face these challenges alone. Our Director of Counseling, Eliza Huie, will equip you with the tools and resources you need to support your child as they navigate their feelings. This class is not just about gaining information, it is about helping connect your child to the promises and peace of God in the midst of emotional storms. So whether you are a seasoned parent or just starting your journey, this class is for you. Join us and learn how to help your child thrive emotionally and spiritually.

MEETS: April 23rd- the class will be offered two times from 9:00- 10:30 AM and 11:00 AM – 12:30 PM in Room 2400 INFO: counseling@mcleanbible.org

# KID'S QUEST SUMMER CAMP

Save the date! Kid's Quest Summer Camp will be July 24-28, 2023. Rising 3rd, 4th, and 5th graders are invited to spend the week at an overnight camp hosted at Skycroft Conference Center in Maryland. At camp, children will participate in large group worship times, Bible study and activities with their grade group, and activities based on their interests. This summer, we will learn God sees, knows, and cares about our hearts, and he can give us a new heart for Him. More information and registration coming in Spring 2023.

INFO: mcleanbible.org/tysons/events or kidsquest@mcleanbible.org

# ACCESS VBS-JESUS LAVAS YOU

Calling Access participants (special needs ministry) across all MBC locations! Register today for Vacation Bible School this summer that you won't want to miss. This year's theme will be "Jesus Lavas You"- join us for this tropical event as we explore different emotions God has given us! We will offer 2 camps for different age ranges

- Children with special needs, ages 5-15: Tuesday, July 18th Saturday, July 22nd
- Teens and adults with special needs, ages 16 and up: Tuesday, August 1st Saturday, August 5th

It will run from 10:00 AM-3:00 PM here at MBC Tysons. Registration is required to attend, and the cost is \$100 for each participant and \$50 for each sibling. INFO: mcleanbible.org/tysons/events or access@mcleanbible.org

# SHARE YOUR FAITH WORKSHOP

To obey Jesus' Great Commission, we need to explain the gospel and lead people to Christ first. Each one of us! At this one-day workshop, you will learn a method of sharing the gospel that is easy to use and hard to forget. We will help you to remove fear and gain confidence as a witness and cultivate friendships into opportunities to share the gospel.

MEETS: March 4th from 9:00 AM – 12:00 PM in Community Room B INFO: mcleanbible.org/tysons/classes or evangelismtraining@mcleanbible.org

# THE ROCK SUMMER CAMP 2023

Camp is a great opportunity for students to turn down the noise of this world and tune their hearts to hear the voice of God. While away, students have the chance to make and build deep friendships while participating in tons of fun adventures, competitions, and activities. Year after year, we've seen God change students' lives and eternities through camp. We'd love for your student to join us!

- High School Camp will be July 5-9
- Middle School camp will be July 13-16

INFO: mcleanbible.org/tysons/events or rock.tysons@mcleanbible.org

# YOUNG ADULT SPRING RETREAT

Join young adults from across the DMV April 14-16, 2023. Want to know more? Follow us @wearecitywide on Instagram.

INFO: mcleanbible.org/youngadults or citywide@mcleanbible.org

# CITYWIDE: VALENTINE'S EDITION

Love is in the AIR! Let's catch all the wisdom we can about biblical love and how to pursue godly relationships as young adults. Join us for a Valentine's Day panel and after party to follow.

MEET: February 16th at 7:00 PM in the Rock Gym

INFO: mcleanbible.org/youngadults or citywide@mcleanbible.org

# PARENT COMMISSIONING

Parent Commissioning is a public expression of the fact that your child was created by God and belongs to Him. You are making a declaration, before Him and those witnessing the ceremony, of your commitment to make disciples of your children, leading and teaching them to follow and obey King Jesus in all areas of life. Our aim is to provide you with tools for laying a gospel foundation in your home. Attend an upcoming Parent Commissioning class to take the first step toward participating in a Parent Commissioning ceremony.

NEXT CLASS: May 21st at 10:00 AM in Community Room A INFO: mcleanbible.org/tysons/classes or kidsquest@mcleanbible.org

# **ROCK WINTER FEST**

Calling all students (6th – 12th grades)! Join us for Winter Fest on Presidents Day (2/20) from 12pm to 3pm at MBC Tysons! Come hang out with us! INFO: rock.tysons@mcleanbible.org

# **OPERATION KINDNESS- PACKING NIGHTS**

We meet on the second Tuesday of each month. Our objective is to pack up at least 30-35 boxes to send to our deployed soldiers worldwide via their assigned military chaplains, especially to those in remote areas where there are no military stores or commissaries. Each month, we typically collect (via donations or purchases) Bibles, used devotional material and magazines, religious books, toiletries, soap, snacks, baby wipes, coffee, concentrated juices, games, sports equipment, AA and AAA batteries, DVD's, etc. An OKM cart is located under the stairwell near the MBC Café.

INFO: wayne.fujito@mcleanbible.org

church groups

# WHAT IS A CHURCH GROUP?

At MBC, a Church Group is a group of people who commit to Caring for one another, Growing together to become more like Jesus, and Making disciples together on mission in the world ("C-G-M"). Church Groups are designed to be representative of the entire body of Christ, including men and women of all ages and backgrounds, married and single, and families with and without children in the home. Groups meet in all kinds of places and are all different sizes, although they typically range from 3-30 people.

# WHY JOIN A CHURCH GROUP?

We want every member of MBC to experience the deep, healthy community that we read about in the New Testament - it's what we were made for. We are committed to caring for the spiritual health of the body of Christ by creating and strengthening opportunities for biblical community for every group member at every MBC location. We believe that Church Groups can help us experience the strengths of a large church and yet offer the family relationships of a small church community so that no one slips through the cracks.

# WHAT CAN I EXPECT IN A CHURCH GROUP?

All Church Groups will look a little different, yet all will include 3 essential elements.

- 1. All Church Groups commit to building biblical community. To care for one another well, we must know one another. We spend time together and build communities that care for both physical and spiritual needs.
- All Church Groups commit to spending time together in and around God's Word. We often discuss sermons from the previous week and help each other apply what we are learning.
- 3. All Church Groups commit to deeper sharing and prayer. We spend time sharing how we are really doing, supporting one another, and praying for and with each other. We send each other out to make disciples.

# HOW DO I GET STARTED?

There are two ways to connect to a Church Group. Please go to mcleanbible.org/ churchgroups and connect one of these two ways:

- Click on your MBC Location under the question, "Where do we start?" This will help you register for a class called MBC Connect. This class is designed to orient you to MBC and answer questions you might have about what it looks like to be involved in the life of our MBC family.
- 2. Click on your MBC Location under the question "What is a Church Group?" This will bring you to a page where you can search for a Church Group that meets in your area. We would encourage you to attend the MBC Connect class at a later date, but this process will help you connect directly to a group if the timing doesn't work for you to attend MBC Connect prior to connecting to a group.

Whichever avenue works best for you, our goal is to help you get connected to a Church Group where you can find a smaller community committed to caring for one another, helping one another grow to be more like Jesus, and making disciples together both in the DMV and around the world. Please join us!

More information: mcleanbible.org/churchgroups

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# MEMBERSHIP ORIENTATION

The Bible refers to the church as "members of one body." At MBC, we live this out through a formal commitment to church membership that includes an application, interviews with an elder or staff pastor, and introduction to the body at a congregational meeting. To become a member of MBC, your first step is to attend a Membership Orientation, in-person. Childcare is not available at this time, but children are welcome to attend the orientation with you.

MEETS: April 23rd from 1-3 pm in Room 2400

INFO: mcleanbible.org/membership or membership@mcleanbible.org

# **BAPTISM CLASS**

Baptism is an outward symbol of the inward commitment a person has made to Christ. Come to this class and learn more about the meaning, method, and motive of baptism.

MEETS: March 5th at 11 am in the Connect Room

INFO: mcleanbible.org/tysons/classes or mcleanbible.org/baptism

# EVANGELISM EXPLOSION

Evangelism Explosion is a 12-week, in-depth training to equip you to be an effective evangelist. By learning small parts of the gospel each week, including Bible verses and illustrations, you can incrementally master a gospel tool that becomes a lifelong mission.

MEETS: Thursdays, March 16th – June 8th from 6:30–9 pm in Room 1207 INFO: mcleanbible.org/tysons/classes or evangelismtraining@mcleanbible.org

# HELPING KIDS MANAGE ANXIETY AND EMOTIONS

Parenting can be challenging, especially when it comes to helping your child manage their emotions or anxieties. You don't have to face these challenges alone. Our Director of Counseling, Eliza Huie, will equip you with the tools and resources you need to support your child as they navigate their feelings. This class is not just about gaining information, it is about helping connect your child to the promises and peace of God in the midst of emotional storms. So whether you are a seasoned parent or just starting your journey, this class is for you. Join us and learn how to help your child thrive emotionally and spiritually.

MEETS: April 23rd- the class will be offered two times from 9-10:30 am and 11 am-12:30 pm in Room 2400

INFO: counseling@mcleanbible.org

# FINANCIAL PEACE UNIVERSITY

Take control of your money by joining our class! This 9-session course uses biblical wisdom and common sense to help you tackle budgeting, pay off debt, and make your money work for you! Great for couples, young and old, as well as individuals who need direction and support in learning wise financial wisdom. Classes are held over Zoom.

MEETS: Thursdays, March 2nd – April 27th from 7:30 – 8:30 pm INFO: mcleanbible.org/tysons/classes or marvin.haines@mcleanbible.org

# GLOBAL OUTREACH INTRO TO MISSIONS CLASS

Are you interested in cross-cultural ministry to the unreached or want to know more about God's plan for the world? Join this 6-week class as we dig into what God says about missions and the world. Class begins Sunday, April 16th. For more information and to register, visit the link below.

INFO: mcleanbible.org/tysons/classes or kelsey.herrera@mcleanbible.org

#### GRIEFSHARE

GriefShare is a 13-week support group for adults who are grieving the death of a loved one. In a Christ-centered and safe environment, participants learn valuable information about loss and grief, share with others who understand their pain, and begin their recovery from grief with renewed hope for the future. Registration is required at www.griefshare.org, and participants may join at any time during the 13-week session. There is a \$20 fee for the workbook.

MEETS: 7 pm Thursdays, February 16th - May 18th in Room 2100 INFO: mcleanbible.org/tysons/classes or griefshare@mcleanbible.org

# PREPARING FOR MARRIAGE

Calling all engaged couples! This 9-week course is designed to equip engaged couples with biblical principles and skills to build a marriage that lasts a lifetime. During the 9 weeks, you will be paired with a coaching couple who will guide you through the course. Couples who participate in Preparing for Marriage not only learn God's plans for marriage, but also gain lasting friendships and loving mentors for the road ahead. Registration for spring cohort closes February 24. INFO: mcleanbible.org/tysons/classes or preparingformarriage@mcleanbible.org

# INTRODUCTION TO ADOPTION AND FOSTER CARE

Are you considering or open to adoption or foster care? Just interested in learning more and hearing from those who are already purusing it? Introduction to Adoption and Foster Care is a free 3-week class that will help you and your family think through critical issues associated with the decision to adopt or foster. Participants will hear from guest speakers who have adopted or fostered for God's glory. You will also have the opportunity to ask questions and get practical information about the process. This class meets virtually. MEETS: Class starts Wednesday, February 15th from 7–9 pm

INFO: mcleanbible.org/tysons/classes or adoptionfostercare@mcleanbible.org

# **RE|ENGAGE**

This marriage enrichment program examines God's design for marriage and applies biblical principles to guide couples toward one-ness in their relationship through teaching, real-life stories of grace, and small group discussion. Re|engage is a wonderful tool if you are looking to invest in your marriage and begin working on building a better relationship. Registration is \$15 per person. We have open enrollment, so feel free to join as anytime.

MEETS: Wednesdays at 7 pm in-person or virtual

INFO: mcleanbible.org/tysons/classes or reengage@mcleanbible.org

#### For more classes being added, please visit mcleanbible.org/tysons/classes



communifies

# WOMEN'S WEDNESDAY NIGHT BIBLE STUDY

The Wednesday Night Women's Bible Study provides an opportunity to fellowship with other sisters in Christ and grow deeper in your knowledge of the Word. For spring 2023, this class will be studying the book of Romans. You can join anytime! MEET: Wednesdays at 7 pm in Community Room A INFO: mcleanbible.org/tysons/classes or kim.blair@mcleanbible.org

# WEDNESDAY MORNING MEN'S COMMUNITY

The WMMC meets weekly on Wednesday mornings at 6:30 am at MBC Tysons in Community Room E. Coffee is available at 6:30 am and during fellowship time afterwards in the MBC Café, along with light breakfast. The 2022-2023 series is titled, "This is My Story' in which different men in the community and church are afforded the opportunity to give their testimony. Testimonies are followed by table discussion and the fellowship in the MBC Café at 7:30 am for those who wish to stay longer. Registration is not required, and you can join anytime. MEET: Wednesdays at 6:30 am in Community Room E

INFO: mcleanbible.org/tysons/classes or bob.sibert@mcleanbible.org

# **TEAMMATES - FOR ADULTS**

TeamMates is a welcoming community which seeks to connect couples interested in strengthening their marriage, equipping them to become effective disciples through their marriages, and ultimately, impact their spheres of influence and the world for Jesus. We invite you to join us, ask important questions about life, and get answers through biblical teaching. Relationships are authentic, and marriages are strengthened.

MEET: Sundays at 11 am in Community Room F INFO: teammates@mcleanbible.org

# **TRANSITIONS - FOR PARENTS OF TEENS**

Parenting teens and pre-teens can be challenging. We strive to be a community where members are known and cared for. We encourage one another to seek hard after God, the only One who can give us the wisdom we need to live and parent well.

MEET: Sundays at 11 am in Community Room G INFO: transitions@mcleanbible.org

# UNION - FOR ENGAGED AND RECENTLY MARRIED COUPLES

Union is designed to strengthen marriages for the glory of God and the advancement of His Kingdom. Marriage-based studies and themes, social gatherings, service opportunities, and community meals are offered to help you build community. Please email for more information.

MEET: Sundays at 9 am in Community Room F

INFO: union@mcleanbible.org

# **KOINONIA - FOR ADULTS**

We are a caring community of adults (mostly 55+) who meet for fellowship, discipleship and Bible study. Our group experiences biblical community by making new friends, serving together, assisting, and praying for each other while growing deeper in relationship with Christ.

MEET: Sundays at 11 am in Community Room E , as well as via Zoom INFO: wayne.fujito@mcleanbible.org

#### **KOINONIA MENTORING - FOR MEN**

We are a group of mature Christian men who meet once a month to connect with younger followers and as a group discuss life issues that we are all facing. Weekly, each mentor meets with his respective mentee(s) for ongoing discipleship, diving deeply into God's word and discussing how to overcome life's challenges using Christ as our example. Meeting in-person and virtual.

MEET: 2nd Saturday of the month at 9 am in Amy Carmichael Conference Room INFO: mentoringmbc@gmail.com

# LOVING OUR PRODIGALS

A dedicated safe and confidential environment for Biblical support and encouragement for mothers faced with rebellious teenagers or young adults. We are meeting every 1st and 3rd week of the month and you can join anytime. INFO: kaz.fujito@mcleanbible.org

#### FRIENDS AND FELLOWSHIP - ADULT BIBLE STUDY

We are a year-round Bible study group. We welcome a wide range of ages, cultures, and spiritual backgrounds, including new believers and those with theological training. Our weekly meetings feature worship, prayer, and Bible study. We connect with one another for fellowship and mutual encouragement before, during, and after class, and at socials and service projects. MEET: Sundays at 1 pm in Amy Carmichael Conference Room, and virtually INFO: glynrob@gmail.com

#### FOCUS - FOR SINGLE ADULTS

Focus is a relational ministry for singles over the age of 49. Our mission is to train and equip singles to pursue God's call on our lives and build a community of believers where caring friendships are developed. We welcome you to connect with us over the Word of God and its application to living the single life through the power of Christ.

MEET: Sundays at 11 am in Amy Carmichael Conference Room INFO: Lynnfocus@aol.com

# **FUEL - FOR SINGLE ADULTS**

If you are single and in your 30s, 40s, or early 50s, join us for Bible-based teaching and get connected to community. Fuel is an active, mid-sized group and a place to gain biblical perspectives, engage in meaningful discussions, develop friendships, and experience authentic community. Fuel provides monthly socials and serving opportunities. We invite you

to attend and grow spiritually with this amazing group!

MEET: Sundays at 1 pm in Community Room F

INFO: fuel\_socials@yahoo.com

#### INTERNATIONAL FELLOWSHIP COMMUNITIES

#### AFRICAN FELLOWSHIP

docdoyen@yahoo.com

#### ARABIC FELLOWSHIP

berty.abdelmasih@mcleanbible.org

#### CHINESE FELLOWSHIP

chinesefellowship@mcleanbible.org

#### ETHIOPIAN WORSHIP AND PRAYER

fgetachew3@gmail.com

#### FILIPINO FELLOWSHIP

pj.aluning@gmail.com

# JAPANESE BIBLE STUDY

kaz.fujito@mcleanbible.org

#### NEPALESE FELLOWSHIP

emailthapa@gmail.com, or mynepalichurch@gmail.com

Ways to serve

If you've not yet found a way to serve the Lord with your time and gifts on Sunday, we have many opportunities where we'd like to help you engage. No experience is necessary, and you'll receive any training needed to serve in these roles. All you need is a willing spirit and a desire to serve. Here are a few ways that you can be involved, or visit mcleanbible.org/tysonsvolunteer:

# ACCESS - SERVING THOSE WITH SPECIAL NEEDS

Volunteers are the backbone of our ministry, and we need your help to be able to include these precious children, teens and adults in our church! Access has many volunteer opportunities serving with children, teens and adults with a wide range of special needs. Don't worry if you don't have experience, we will train and guide you the whole way through. You can serve weekly or every other week depending on your schedule.

INFO: mcleanbible.org/tysonsvolunteer or accessministry@mcleanbible.org

# GREETERS

On Sundays, our team welcomes MBC attendees by standing at the main entry points of the church and auditorium. We invite you to share a friendly smile as you hold open a door. Serve 1-4 times per month during any of the main services. INFO: mcleanbible.org/tysonsvolunteer or leah.buller@mcleanbible.org

# KID'S QUEST - SERVING OUR CHILDREN

We believe that every Christian has a God-given ministry, and with the variety of serving opportunities in Kid's Quest there is a place for everyone to use their gifts. If you have a passion for sharing Christ's love with the next generation, join our volunteer team! Get started today by completing a volunteer application online. INFO: mcleanbible.org/tysonsvolunteer or kidsquest@mcleanbible.org

# USHERS

On Sundays, our team welcomes and serves MBC attendees by helping congregants find seats, collecting the offering, and cultivating a spirit of hospitality and unity. Serve 1-4 times per month during any of the main services. INFO: mcleanbible.org/tysonsvolunteer or leah.buller@mcleanbible.org

# WELCOME CENTER HOSTS

Serve as a host at our Welcome Center in the Main Auditorium lobby. We welcome anyone who has a working knowledge of MBC and its various ministries and wants to assist people who come to the center looking for information. Serve 1-4 times per month during any of the main services.

INFO: mcleanbible.org/tysonsvolunteer or leah.buller@mcleanbible.org

# WORSHIP GATHERINGS: TECH, PRODUCTION, & WORSHIP

Our team has many talented people who work diligently every week to create an environment where people can draw closer to God through deep and meaningful worship. We have audio engineers, broadcast volunteers, camera operators, lighting designers, ProPresenter operators (lyrics and slides), stage managers, musicians, and worship leaders. We are always seeking more people who want to join our community! Experience varies for volunteer positions, but we invite everyone to apply online.

INFO: mcleanbible.org/tysonsvolunteer or greg.loizou@mcleanbible.org

#### PRE-SERVICE PRAYER

Come join us every Sunday for pre-service prayer at 8:15 and 10:30 AM in the large prayer room off the main lobby. This weekly time of prayer is an opportunity to center our attention on the Lord and confess our need for Him! INFO: glynrob@ gmail.com or byhisstrength@aol.com

#### FIRST RESPONSE TEAM

The First Response Team provides opportunities for individuals trained in security, law enforcement, personnel protection, first responder, and/or medical emergency response to serve to protect our various MBC locations. Applicants are requested to complete the First Response Team (FRT) application form as well as the online McLean Bible Church Volunteer Application Form. It is required that FRT applicants be members of the church or in the process of becoming a member and undergo a background check.

INFO: mcleanbible.org/tysonsvolunteer or bob.sibert@mcleanbible.org

# HERE, YOU'RE MILY

children

# KID'S QUEST

Our Kid's Quest ministry offers programming from newborn through 5th grade children during Sunday worship service times. We engage children with the lifechanging truth of the gospel in fun and creative ways. Due to currently limited classroom capacities, children can check-in to Kid's Quest each Sunday on a first come, first serve basis. God has ordained parents to be the primary disciplers of their children, so Kid's Quest aims to be supplemental in children's discipleship while supporting parents in their high calling. Stay connected with us on Facebook @tysonskidsquest.

INFO: mcleanbible.org/tysons/children or kidsquest@mcleanbible.org

# KID'S QUEST PARENT EMAIL

Every week our Kid's Quest team sends ministry announcements, curriculum information, and discipleship resources to parents. You don't want to miss out on these helpful tools as you teach your child the word of God! Email kidsquest@ mcleanbible.org to be added to this distribution list.

# KID'S QUEST SUMMER CAMP

Save the date! Kid's Quest Summer Camp will be July 24-28, 2023. Rising 3rd, 4th, and 5th graders are invited to spend the week at an overnight camp hosted at Skycroft Conference Center in Maryland. At camp, children will participate in large group worship times, Bible study and activities with their grade group, and activities based on their interests. This summer, we will learn God sees, knows, and cares about our hearts, and he can give us a new heart for Him. More information and registration coming in Spring 2023.

INFO: mcleanbible.org/tysons/events or kidsquest@mcleanbible.org

# AWANA

Awana is a global ministry for youth ages 3 years through 12th grade that focuses on learning God's Word in a fun atmosphere. Each week, Awana provides consistent, positive teaching and training that stresses strong moral and spiritual values. Focusing on child discipleship, our students learn about the reality of God and the truths of the Bible and to know, love and serve Christ. The Awana ministry runs on parent participation. For more information and to register, please visit the link below. Dues to join are \$55.

MEETS: Sundays 4:30 – 6:15 PM, September to May INFO: mcleanbible.org/tysons/awana or awanatysons@mcleanbible.org

students

# R THE ROCK STUDENT MINISTRIES

# MIDDLE SCHOOL AND HIGH SCHOOL STUDENTS, GRADES 6-12

The Rock is a movement for all students to find and follow Jesus. True life is found in Jesus and life in Jesus leads to following Jesus. Everything that we do from our weekly communities to topical classes, to age-specific hangouts is targeted to help students find life in Jesus and relentlessly follow him.

Our aim is to partner with parents to raise up ONE MORE generation whose highest allegiance is to Christ and His Kingdom. The best way for parents to stay up to date is through the Parent Newsletter and you can sign up on our webpage. INFO: mcleanbible.org/rock or rock.tysons@mcleanbible.org

# SUNDAY MIDDLE SCHOOL COMMUNITY

We invite our middle school students to join us for Sunday Community at 11:00 AM in the Rock Gym. Rock Communities are designed for middle school students to engage with each other as they engage the word of God. Typically, this involves 3–5-week topical Bible studies that engage relevant issues with the Word of God through teaching and discussion.

MEETS: Sundays at 11 am in the Rock Gym

INFO: mcleanbible.org/rock or rock.tysons@mcleanbible.org

# MIDWEEK

Following Jesus is better together. Midweek Small Groups are the heartbeat of our ministry and a great opportunity for students (6th – 12th grade) to encounter God firsthand by studying His Word together in small groups.

We meet on Wednesdays from 7:00-8:30 PM in the Rock Gym. For the first thirty minutes we play games and hangout or have worship together. During this time, pizza is available for \$1 a slice. Then, we all head into grade and gender specific small groups lead by teams of staff and volunteers. We pray that our students experience profound belonging at Midweek as they build friendships, pray, and study the Bible together.

MEETS: Wednesdays from 7–8:30 pm in the Rock Gym

 $INFO: mcleanbible.org/rock \ or \ rock.tysons@mcleanbible.org$ 

# HIGH SCHOOL | 2ND SUNDAY GATHERINGS

On the Second Sunday of most months, we invite our High School students to grab lunch in the MBC Café with Rock staff and volunteers after the 11:00 AM service. This is a great opportunity to hang-out, get to know each other, and talk about the Sunday message together. This spring, we'll gather on 2/12, 3/12, and 6/12. INFO: mcleanbible.org/rock or rock.tysons@mcleanbible.org



# HIGH SCHOOL CLASSES

Our classes are designed to engage relevant topics to help students find and follow Jesus in our current cultural moment. Following Jesus requires us to think critically and talk openly about the various challenges we face in our day to day lives. The upcoming class will be covering "God's Design for Sexuality" and will meet on 2/26; 3/5;3/19; and 3/26.

MEETS: 12:45-2:15 pm in the Rock Lounge

INFO: mcleanbible.org/rock or rock.tysons@mcleanbible.org

# MIDDLE SCHOOL ONLY NIGHTS

The Rock is a movement for all students, but these nights are ONLY for Middle School Students! MS ONLY Nights are the best nights ever! They are full of laughter, crazy competitions, and lots of memories. Mark your calendars, invite your friends, and come ready to experience pure fun!

Upcoming MS ONLY NIGHTS:

- Friday, March 3rd at MBC Tysons
- Friday, May 5th at MBC Tysons

INFO: mcleanbible.org/rock or rock.tysons@mcleanbible.org

# THE ROCK SUMMER CAMP 2023

Camp is a great opportunity for students to turn down the noise of this world and tune their hearts to hear the voice of God. While away, students have the chance to make and build deep friendships while participating in tons of fun adventures, competitions, and activities. Year after year, we've seen God change students' lives and eternities through camp. We'd love for your student to join us!

- High School Camp will be July 5-9
- Middle School camp will be July 13-16

INFO: mcleanbible.org/tysons/events or rock.tysons@mcleanbible.org

# JOIN THE MOVEMENT

One of the best ways to grow as you follow Jesus is to help someone else find and follow him. If you love students and have a desire to raise up ONE MORE generation whose highest allegiance is to Christ and His Kingdom, then we invite you to apply to join the movement! You can find the application to serve with the student ministry on our webpage at the link below.

INFO: mcleanbible.org/rock

young adults



# YOUNG ADULTS, 18-EARLY 30S

# JOIN US THURSDAY NIGHTS

Citywide is a gathering of young adults (18-early 30s) on Thursday evenings. We will gather weekly to study God's Word together and enjoy time in community. Wherever you are in your faith journey, we'd love to have you join! MEET: Thursdays at 7:00 PM in the Rock Gym INFO: mcleanbible.org/youngadults or citywide@mcleanbible.org

# YOUR BEST LIFE NOW?

Citywide Series January 5 - March 9, 2023

In a culture which constantly invites us to "live our best life", it's easy to focus only on the present. As we study 1 and 2 Thessalonians, we'll consider the much better life in the future God has promised to those who trust in Jesus. Following Jesus is the best way to live in the present, but it's also a life filled with hardships. Jesus' people find incredible joy in this challenging life as they set their eyes on the life to come.

INFO: mcleanbible.org/youngadults or citywide@mcleanbible.org

# STAY CONNECTED

Follow us at @wearecitywide on Instagram and Facebook

special needs ministry



# CHILDREN, TEENS, AND ADULTS WITH SPECIAL NEEDS

Our special needs ministry sees each person as fearfully and wonderfully made by God to glorify Him. Access has special Sunday classes and provide 1-on-1 buddies for inclusion within children's ministry. It is our desire to develop all into fully devoted followers of Christ and integrate them into the church body. INFO: mcleanbible.org/access, or accessministry@mcleanbible.org

# **BEAUTIFUL BLESSINGS - CHILDREN WITH DISABILITIES**

Sunday classes specifically designed for children with special needs and adapted for each child's ability level, age group and need. We also offer inclusion within children and student ministries with 1-on-1 buddies. We will work with you on what is the best place for your child to thrive on Sunday mornings. MEETS: Sundays at 9 am and 11 am

INFO: mcleanbible.org/access or accessministry@mcleanbible.org

# ADULTS WITH DISABILITIES DAY PROGRAM (A.D.D.P)

A.D.D.P. is a day program for adults with developmental delays. Program goals include spiritual formation, literacy, vocational training, personal care and independence, recreation and leisure, social skills, travel training and community navigation, and self-advocacy. Weekly activities feature a book club, small group devotional, life skills, volunteer opportunities, and community outings. INFO: mcleanbible.org/access or addp.tysons@mcleanbible.org

# FRIENDSHIP CLUB - TEENS & ADULTS WITH DEVELOPMENTAL DISABILITIES

Friendship Club is a vibrant community for individuals 16+ with developmental disabilities. This weekend class includes lessons adapted for each member's ability level, small group discussion, a snack, games, and fellowship. In addition to weekend services, members of the Club plan and engage in fun fellowship. MEETS: Sundays at 9 am and 11 am in Room 1201

INFO: mcleanbible.org/access or accessministiy@mcleanbible.org

#### DEAF MINISTRY

The goal of Signs of Life is to provide opportunities for the Deaf to grow in their relationship with Jesus Christ. We are devoted to providing reasonable accommodations, so all people may join together in community to learn, grow, and fellowship. Join us for church services at 11:00 AM every Sunday with ASL interpreter. Contact briananav@gmail.com about American Sign Language (ASL) interpreting requests.

INFO: lovegc1985@gmail.com

MBC Joons Miniefries

care ministries

#### ANOINTING

Members of the Elder Board are available, upon request, to pray for and anoint with oil those who are injured or ill. This is done in accordance with James 5:14. If you'd like our elders or pastors to pray over you for such a circumstance, please contact us at the information below.

INFO: anointing@mcleanbible.org

#### BENEVOLENCE

The Benevolence Fund assists people currently attending MBC who are facing a short-term financial crisis. Strict guidelines are followed for the fair disbursement of funds. To be considered for financial support, you'll need to apply for benevolence funds and meet with a financial counselor at MBC. INFO: benevolence@mcleanbible.org

#### COUNSELING

We want the church to be a place where hurting and suffering people can find support and care. If you find yourself facing challenges or struggles, we want to care for you. To learn how MBC can connect you to care, please visit our webpage. INFO: mcleanbible.org/counseling or counseling@mcleanbible.org

#### FINANCIAL COACHING

We have many volunteers who enjoy serving people in the area of personal finance. These folks are available to assist in areas including budgeting, debt reduction, and other financial concerns. We also counsel on how to manage money using biblical principles. Our volunteers are not financial planners, but individuals who seek to help you honor the Lord no matter what financial circumstance or crisis you might be in.

INFO: financialcounseling@mcleanbible.org

#### **STEPHEN MINISTRY**

Stephen Ministry provides personal and spiritual support, care, and prayer through trained Stephen Ministers for adults who are having trouble dealing with life's circumstances. To learn more about how to serve with Stephen Ministry or to request a Stephen Minister, please send us a confidential email or call us at (703) 770-4398, and one of our MBC Stephen Ministry Leaders will contact you. INFO: stephenministries.org or stephenministry@mcleanbible.org

# **RE|ENGAGE**

This marriage enrichment program examines God's design for marriage and applies biblical principles to guide couples toward one-ness in their relationship through teaching, real-life stories of grace, and small group discussion. Re|engage is a wonderful tool if you are looking to invest in your marriage and begin working on building a better relationship. Registration is \$15 per person. We have open enrollment, so feel free to join as anytime.

MEETS: Wednesdays at 7 pm in-person or virtual

INFO: mcleanbible.org/tysons/classes or reengage@mcleanbible.org

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#### **GLOBAL OUTREACH NEWSLETTER**

Sign up for the monthly Global Outreach Newsletter! Receive monthly stories and prayer requests from MBC missionaries and partners, and hear about upcoming global events, classes, trips and more! INFO: mcleanbible.org/globaloutreach

#### GLOBAL DISCIPLE-MAKING: AN INTRO TO GLOBAL MISSION

Are you interested in cross-cultural ministry to the unreached or want to know more about God's plan for the world? Join this 6-week class, as we dig into what God says about missions and the world. Class begins Sunday, April 16th. For more information and to register, visit the link below. INFO: mcleanbible.org/tysons/classes

#### **GLOBAL OUTREACH 2023 PRAYER GUIDE**

The Global Outreach 2023 Prayer Guide is Global Outreach's 52-week prayer strategy for the entire church. It is divided into 52 weeks. The current week can be found at mcleanbible.org/gopray. Each weekly session will prompt the reader to learn about and pray for MBC missionaries, MBC partner organizations, and some of the least evangelized regions in the world. Please join us in praying for the nations!

#### MID AND LONG-TERM SENDING

We believe that the local church should be the center of sending, shepherding, and supporting God's people who serve in cross-cultural contexts. Mid-Term Sending refers to individuals who will spend two months to two years serving in a cross-cultural context. Long-Term Sending refers to individuals who will serve in a cross-cultural context for 2+ years. If you feel the Lord may be leading you to serve in these ways, please review the guidelines for MBC missionaries and fill out the Intake Form at mcleanbible.org/globaloutreach.

#### SHORT-TERM TRIPS

MBC sends short-term teams around the world to effectively advance the goals of our long-term partners in places where the gospel is both accessible and inaccessible. Depending on the destination country, short-term trips typically last between six to fourteen days. We invite all MBC members who have a committed relationship with Christ to consider joining a short-term trip. To find out about 2023 opportunities and to apply, visit us online. INFO: mcleanbible.org/globaloutreach

local outreach

# ADOPTION AND FOSTER CARE MINISTRY

This ministry helps MBC members care for vulnerable children. This includes those who are currently adopting or fostering, considering whether to adopt or foster, or interested in other pathways of service. INFO: adoptionfostercare@mcleanbible.org

# CAREER NETWORK MINISTRY (CNM)

CNM provides ministry and caring support to anyone in a work-life transition. We offer moral and prayer support in a safe environment and exchange information, ideas, and resources. CNM provides consultation and training for skill development, job search development, resume development, job search techniques, networking and interviewing techniques, as well as career assessment, including consultation on discovering your spiritual gifts, talents, interests, experiences, and potential career options. We meet twice a month in-person, and twice a month online INFO: CNMhelps@gmail.com, meetup.com/MBC-CNM

#### CHRISTIAN MUSLIM RELATIONS (CMR)

With thousands of Muslims in our area and more than 1.2 billion Muslims all over the world, we pray that CMR will be a resource and a point of contact to catalyze, help, and equip our people to reach their Muslim family members, friends and here and around the world. INFO: cmr@mcleanbible.org

# ENGLISH FOR SPEAKERS OF OTHER LANGUAGES (ESOL)

English classes for adults of all ages and backgrounds. Join us to learn English and make friends from all nations! Our goal is to teach English, develop friend- ships, and show Christ's love to our international friends. MEETS: Mondays and Thursdays at 10 am

INFO: aimeepalumbo1@gmail.com

# LAZARUS COMPUTER MINISTRY

Our mission is to provide computers to individuals, families, ministry and missionary partners unable to afford computers. This equipment helps to provide people access to needed information, show God's love and spread the gospel. Lazarus Computer Ministry is in need of computer donations, in particular working laptops and desktop computers that are less than 8 years old. All donated computers are erased as part of the refurbishment process. INFO: computerministry@mcleanbible.org

#### **OPERATION KINDNESS (OKM)**

We assemble care packages to encourage and spur on our service members deployed overseas via their assigned military chaplains. OKM packs around 30 boxes monthly and donations are welcomed. An OKM donation bin is located across from the entrance to the MBC café under the stairwell to the third floor. OKM also strives to care for and minister to the dependents of deployed military members and their families in the local area. INFO: wayne.fujito@mcleanbible.org

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#### COMMUNITY BIBLE STUDY (CBS) - MEN

Come see what happens in people's lives when they discover God through the study of His Word, the Bible. Our classes meet weekly during the school year. Each member receives a course book with a commentary and home study questions. You'll participate in small group discussions and a large group teaching. From time to time, fellowship meals will provide special times of sharing and relationship-building within the class. Available in-person and online. You can join anytime throughout the class year. INFO: tysons.cbsclass.org, or chuhay@gmail.com

# **COMMUNITY BIBLE STUDY (CBS) - WOMEN**

This is for women of all ages and walks of life. We meet on Tuesdays during the school year. We offer both in-person and virtual opportunities to discuss the home study questions. After meeting in Core Groups, we come together as a large group for worship, a devotional, and teaching. The study this year explores the Books of Daniel, Job, and Paul's letters to Timothy and Titus. INFO: mclean. cbsclass.org, or mcleancbs@gmail.org

#### JILL'S HOUSE

Jill's House is a Christian non-profit that provides short-term, overnight respite care for families raising kids ages 6-17 with intellectual disabilities, not only in the DC metro area but all around the country. Parents regularly receive 24-48 hours to rest and recharge, while their kids are engaged in fun activities, tailored to their interests and abilities. You can become involved by praying, volunteering and giving to make an impact in the lives of these families. Please visit jillhouse.org/volunteer for all available volunteer opportunities. INFO: jillshouse.org

# RADICAL

Jesus calls us to make his glory known among all nations by making disciples and multiplying churches. Being on mission is not simply a compartmental- ized program in the church, but the calling of our lives as Christians. However, 3.2 billion people are currently unreached with the gospel, and many of them endure unimaginable suffering. Radical exists to equip the church to be on mission.

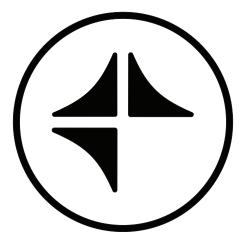
We do this by providing:

- Biblical resources to help develop mature Christians and healthy churches
- Trusted avenues to financially support work among the unreached
- Sound training to go effectively to the unreached INFO: radical.net .











@mcleanbible

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# STAY UPDATED

Get that latest information through our Tysons enews. Sign up at bit.ly/enewsmbc

# SERVE

There are many ways you can jump in and start serving at MBC Tysons. Visit mcleanbible.org/serve to apply and connect with the ministry leaders.