Welcome to McLean Bible Church. Normally we’re one church that gathers in various locations across the DC Metro area, but because of COVID-19 and social distancing, we haven’t been able to gather physically like we normally do. We look forward to the opportunity to meet you in person one day, but for now we’re so glad you joined us online or worship gatherings in person. Today, we want to provide you some clear next steps, resources, and live online classes for you as you seek to learn more about Jesus and grow your relationship with him. We also want to invite you to get connected with us. We’re a church family committed to staying together, and we’d love for you to join us. INFO: mcleanbible.org/getconnected

ATTEND AN IN-PERSON WORSHIP SERVICE
We are excited to offer opportunities to attend a live worship gathering at 9 am and 11 am! All of our worship gatherings require advance registration, which will go “live” every Monday at 10 am. Please us the link below to register.
INFO: Sign up by clicking here
EVENTS THIS MONTH

MINISTRIES

GROUPS

MADE A NEW DECISION?
If you decided to trust in Jesus, or if you have questions about what it means to trust in Jesus, text the word “decision” to 571-581-6297. We would love to connect with you!

WANT TO GET BAPTIZED?
Through baptism, we share what God has done in our lives, and we commit to grow in our relationship with Jesus Christ. The first step to get baptized would be to fill out this FORM.

DAILY NOON TIME PRAYER
Pastors from every campus are leading us in prayer through the book of Psalms. Write your prayer requests in the comments so that others can pray with you. Like us on Facebook to receive a notification when we begin our live broadcast at noon every day.

GET CONNECTED
If you’re interested in joining community, make sure to visit our Get Connected page to see ways you can connect with others through groups, serving, classes, and more. INFO: mbctysons@mcleanbible.org
CHILDREN & STUDENTS MINISTRIES

KID’S QUEST – FOR NEWBORN TO 5th GRADE CHILDREN
Our Kid’s Quest ministry currently provides various on-line Bible resources for parents to disciple their children at home, including weekly MBC Family Bible Series videos, Family Discussion Guides, and virtual small groups for Elementary age children. Our prayer is that these materials will help families engage in the life-changing truth of the gospel in fun and creative ways. God has ordained parents to be the primary disciplers of their children, so Kid’s Quest aims to equip, encourage, and exhort parents in their high calling. Stay connected with us on Facebook @tysonskidsquest.
INFO: mcleanbible.org/tysons/children or kidsquest@mcleanbible.org

THE ROCK – FOR TEENS IN MIDDLE AND HIGH SCHOOL
The Rock is the student ministry for 6th-12th graders. In light of our church adjusting to this new season of life, we want to do all we can to pursue safe practices while encouraging you to continue worshipping, growing and connecting with others through both in person and alternative digital means. We are providing in person and virtual Midweek Small Group options. We are also inviting all students (13 years and older or parents are encouraged to accompany any student younger than the age requirement) to join us every Monday in the Rock Gym to help pack food boxes with our Outreach Ministry from 8 am – 2 pm. Make sure to follow us on Instagram @therocktysons for updates.
INFO: mcleanbible.org/rock, or leah.buller@mcleanbible.org

ACCESS – FOR CHILDREN AND ADULTS WITH SPECIAL NEEDS
Our special needs ministry sees each person as beautifully made by God for good works. Access has special Sunday classes for children ages 2-15, teens, and adults. We also provide 1-on-1 buddies for inclusion within children’s ministry. It is our desire to develop all people into fully devoted followers of Christ and integrate them into the church body. Stay connected with us on Facebook and Instagram @accessministry
INFO: mcleanbible.org/access, or accessministry@mcleanbible.org

RADICAL GAP YEAR FOR HIGH SCHOOL GRADUATES
Are you set to graduate high school this Spring? Consider Gap Year! Gap Year is a 9-month program designed by Radical, in partnership with MBC, to assist high school graduates in becoming fully engaged disciples of Jesus Christ who will leverage all areas of their lives for the sake of God’s glory among all nations. To reach this goal, the program will focus on equipping students in all areas of life; including godly living, intellectual development, and daily responsibilities and life skills. Applications will close in mid-January.
INFO: radicalgapyear.com
ADULT MINISTRIES

CITYWIDE – FOR YOUNG ADULTS
Citywide is a gathering of young adults (18-30) from around the DMV. Join us every Thursday at 7 pm on Instagram Live (@WeAreCityWide) for a fruitful time in the Word together. Whether you are just discovering who God is or have been walking with Him for what feels like forever, we hope that you are refreshed and revived in your walk with the Lord in a way that propels you forward!
MEET: Thursdays at 7 pm, through Instagram Live
INFO: mcleanbible.org/youngadults, or citywide@mcleanbible.org

SIGNS OF LIFE
The goal of Signs of Life is to provide opportunities for the Deaf to grow in their relationship with Jesus Christ. We are devoted to providing reasonable accommodations, so all people may join together in community to learn, grow, and fellowship. Watch sermons live with ASL every Sunday.
MEET: Sundays at 10 am online.
INFO: gabriel.love@mcleanbible.org

CLASSES
Whether you’re new to Christianity or you’ve been following Jesus for decades, we all need strong foundations to grow our faith and apply what we learn to our everyday life. We encourage you to participate in some of our online classes and connect with other believers. For details about each class and to register, please visit mcleanbible.org/getconnected.
OUTREACH MINISTRIES

COVID OUTREACH
In the midst of a global pandemic, we want to be a clear picture of God’s love across our city. Therefore, we are coordinating a church-wide effort to provide food and hygiene products to neighbors and communities in need. We have a network of relationships with schools and other churches, and they have shared with us about the need for food for children in light of them not being in school, and for families in light of various challenges at work. As a result, we are working closely with local officials according to CDC guidelines to pack and deliver helpful products to communities across our city.

For information about volunteering, giving financially, requesting a food box, or our distribution sites, please visit mcleanbible.org/coronavirus

FOOD DONATIONS
We are accepting food donations at the Clothing Shop donation cottage (in front of Door 2 on the lower level parking garage). Please, no glass containers or bulk packages.

- Canned veggies, beans, soups, fruit and tuna
- Rice and potato flakes (starchy side dishes)
- Pasta and pasta sauce
- Mac & Cheese
- Single serve Cereal/oatmeal
- Granola bars
- Peanut butter
- Bar soap
- Baby wipes
- Snack-sized chips, cookies, crackers
- Instant noodle cups or packets
- Peanut butter crackers
- Trail mix/mixed nuts (individually packed)
- Baby diapers
- Deodorant
- Travel size hygiene products
- Toothbrushes/toothpaste
- Bottled or canned water

NOTE: We are not receiving clothing donations during the time of the pandemic.

For information about volunteering, requesting a food box, and our distribution sites, please visit mcleanbible.org/coronavirus
CARE MINISTRIES

BENEVOLENCE
The Benevolence Fund assists people currently attending MBC who are facing a short-term financial crisis. Strict guidelines are followed for the fair disbursement of funds. To be considered for financial support, you’ll need to apply for benevolence funds and meet with a financial counselor at MBC. INFO: benevolence@mcleanbible.org

COUNSELING CONVERSATIONS
We believe your spiritual, mental, emotional, and relational health matters. We are committed to gospel-centered counsel that orients you to the hope found in Jesus. Join us every week on social media as we address areas of mental health that matter to you. Tune in on Instagram, Facebook, and Twitter (@mcleanbible).

GRIEFSHARE
A 13-week support group for adults who are grieving the death of a loved one. In a Christ-centered, safe environment, you’ll learn valuable information about loss and grief, share with others who understand the pain, and begin your recovery with renewed hope for the future. We meet online. INFO: griefshare@mcleanbible.org

RE|ENGAGE
This marriage enrichment program examines God’s design for marriage and applies biblical principles to guide couples toward oneness in their relationship through teaching, real-life stories of grace, and small group discussion. MEET: Wednesdays at 7pm, meeting virtually INFO: mcleanbible.org/re-engage, or ken.tucker@mcleanbible.org

STEPHEN MINISTRY
Struggling with a job loss, have a family member who has COVID-19, falling back into destructive patterns or fear is overcoming you. We are ready to help. Stephen Ministry provides confidential gender specific Christian care by trained Stephen Ministers from our congregation to adults who are experiencing difficulty in dealing with a personal situation(s) brought on by COVID or other life issues. During this pandemic, we are meeting virtually with individuals or personally with social distancing/masks depending on your comfort level. To learn more about or to request a Stephen Minister, please send us a confidential email or call us at 703-770-4398. INFO: stephenministries.org, or stephenministry@mcleanbible.org
DISCIPLESHIP GROUPS

Until we are able to gather together in person, we are directing those who want to connect with our campus to the various online opportunities we’re able to offer during this season. Those online opportunities include the opportunities below. Many of our mid-size community and affinity groups are also meeting online during this season. See page 10-11 for a list of community groups that are still meeting.

*Regional Newsletters* – You can stay up to date about various outreach and connect opportunities close to where you live. Find the region below that’s closest to where you live and sign-up to receive updates for activities and connection opportunities in your area.

**NORTH REGION PASTOR**
Sign up for North Region eNews [bit.ly/mbcnorthenews](bit.ly/mbcnorthenews)
mbctysons@mcleanbible.org
City Areas: Reston, Herndon, Chantilly, Sterling, Ashburn, Aldie, Leesburg

**EAST REGION PASTOR**
Sign up for East Region eNews [bit.ly/mbceastenews](bit.ly/mbceastenews)
Carly Lundi | carly.lundi@mcleanbible.org
City Areas: Falls Church, Great Falls, McLean, Oakton, Vienna, Northern DC, Montgomery County MD

**SOUTH REGION PASTOR**
Sign up for South Region eNews [bit.ly/mbcsouthenews](bit.ly/mbcsouthenews)
Arlen Ade | arllen.ade@mcleanbible.org
City Areas: Annandale, Burke, Springfield, Arlington, Alexandria, Southern DC, Prince George’s County MD

**WEST REGION PASTOR**
Sign up for West Region eNews [bit.ly/mbcwestenews](bit.ly/mbcwestenews)
James Park | james.park@mcleanbible.org
City Areas: Centerville, Clifton, Fairfax, Fairfax City, Fairfax Station
NOTE: If your home area is not listed, use the map to select the region that’s closest to your home.
COMMUNITY GROUPS

Community Groups are mid-size communities that gather primarily for fellowship and connection. These groups range in size from 30-100 people and typically meet throughout the building on Sundays. Many of these groups are organized by specific demographics and affinities. If you are interested in attending any of these groups, feel free reach out by email.

DISCOVERING THE WORD
We welcome all adults and senior-teens regardless of your biblical knowledge whether ‘beginner’ or ‘seasoned’. If you want more than a cursory study of God’s Word, please join us. We study the Bible-text rather than prepared-lessons or publications, to learn more about His plan to save us through faith in Christ Jesus. So when you attend please ask plenty of questions. Currently, we are meeting ‘virtually’ through Zoom, so please contact the facilitators for a specific invitation.

MEET: Sundays at 9 am
INFO: mlynch5473@yahoo.com

FOCUS – FOR SINGLE ADULTS
Focus is a relational ministry of McLean Bible Church for singles over the age of 49. Our mission is to train and equip singles to pursue God’s call on our lives and build a community of believers where caring friendships are developed. We welcome you to connect with us over the Word of God and its application to living the single life through the power of Christ. Contact us for the Zoom link.

MEET: Sundays at 11 am through Zoom
INFO: lynnfocus@aol.com

FUEL – FOR SINGLE ADULTS
If you are single and in your 30s, 40s, or early 50s, please join us for Bible-based teaching and get connected to community. Fuel is an active, mid-sized group and a place to gain biblical perspectives, engage in meaningful discussions, develop friendships, and experience authentic community. When we meet throughout the year, Fuel provides monthly socials and serving opportunities. We invite you to attend and grow spiritually with this amazing group!

MEET: Sundays at 1 pm through Zoom (Check in: 12:45 pm)
INFO: fuel_socials@yahoo.com
FRIENDS AND FELLOWSHIP – ADULT BIBLE STUDY
We are a year-round Bible study group. We welcome a wide range of ages, cultures, and spiritual backgrounds, including new believers and those with theological training. Our weekly meetings feature worship, prayer, and Bible study. We connect with one another for fellowship and mutual encouragement before, during, and after class, and at socials and service projects.
MEET: Sundays at 1 pm, through Zoom
INFO: glynrob@gmail.com

KOINONIA – FOR ADULTS
We are a caring community of adults (mostly 55+) who meet for fellowship, discipleship and Bible study. Our group experiences biblical community by making new friends, serving together, assisting and praying for each other while growing deeper in relationship with Christ.
MEET: Sunday at 11 am and Wednesdays at 5 pm, via Zoom.
INFO: pam.garren@comcast.net or wayne.fujito@mcleanbible.org

MEN’S WEDNESDAY MORNING FIRST LIGHT GATHERING
First Light is a weekly men’s community that strives to help men become more fully devoted followers of Christ through solid biblical teaching and fellowship with other men, and we are on-line with Zoom due to COVID-19 restrictions. Prayer time begins at 5:50 am with program starting at 6:30 am.
MEET: Wednesday at 6:30 am, through Zoom
INFO: tom.lippard1@gmail.com, or bit.ly/archivefirstlight

TEAMMATES – FOR ADULTS
TeamMates is meeting online using the Zoom platform during this time. We are a welcoming community which seeks to connect couples interested in strengthening their marriage, equipping them to become effective disciples through their marriages, and ultimately, impact their spheres of influence and the world for Jesus. We invite you to join us, ask important questions about life, and get answers through biblical teaching. Relationships are authentic, and marriages are strengthened.
MEET: Sundays at 11 am on Zoom
INFO: teammates@mcleanbible.org

TRANSITIONS – FOR PARENTS OF TEENS
Parenting teens and pre-teens can be challenging. We strive to be a community where members are known and cared for. We encourage one another to seek hard after God, the only One who can give us the wisdom we need to live and parent well. We also partner with the Rock Student Ministries to help our students connect and thrive in Christ.
MEET: Sundays at 11 am through Zoom
INFO: transitions@mcleanbible.org
INTERNATIONAL COMMUNITY GROUPS

AFGHAN, IRANIAN, TAJK CHRISTIAN FELLOWSHIP
  gustavo.pacheco@mcleanbible.org

AFRICAN FELLOWSHIP
  docdoyen@yahoo.com

ARABIC FELLOWSHIP
  berty.abdelmasih@mcleanbible.org

CHINESE FELLOWSHIP
  Fridays at 8 pm through WebEx | chinesefellowship@mcleanbible.org
  • Prayer Meeting: Tuesdays at 8 pm
  • Pre-Bible Study Discussing: Thursdays at 8pm

ETHIOPIAN WORSHIP AND PRAYER
  solomon.haile@mcleanbible.org

FARSI FELLOWSHIP
  Sundays at 5:30 pm on Facebook | ddanaei@hotmail.com
  • Prayer Meeting: Wednesdays at 7 pm

FRENCH FELLOWSHIP
  lfrncis132@yahoo.com and trnwilliams@hotmail.com

FILIPINO FELLOWSHIP
  pj.aluning@gmail.com

JAPANESE BIBLE STUDY
  kaz.fujito@mcleanbible.org

KOREAN SPEAKING BIBLE STUDY
  evangelismtraining@mcleanbible.org

INTERCULTURAL FELLOWSHIP
  Sundays at 1 pm through Zoom | balaams.donkey@outlook.com
MBC LATINO – SPANISH SERVICE
Sundays at 11 am on Facebook (@mbclatinotyson) and Zoom
gustavo.pacheco@mcleanbible.org
  • Prayer Gathering: Monday-Friday at 9 pm
  • Children’s Time - Stories about our God: Wednesdays at 8:30 pm

NEPALESE FELLOWSHIP
mainalir@gmail.com

VIETNAMESE FELLOWSHIP
healerrapha1@gmail.com

THAI FELLOWSHIP
gustavo.pacheco@mcleanbible.org