

# CARE AND COUNSELING

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As a church we seek to do all we can to care for you. Whether it is grief, marriage enrichment, family support, or when you just need emotional and spiritual encouragement, we have various ministries in place to walk with you. But we also know that sometimes the help and guidance of expertly trained counselors can be beneficial. To guide you in that process, we recommend the following counselors and counseling centers.

If you have questions about our caring ministries or want to discuss your situation further you are welcome to call 703-770-3833 or email [counseling@mcleanbible.org](mailto:counseling@mcleanbible.org).

## **Heart Song Christian Counseling**

Northern Virginia

<https://www.heartsongcounseling.org/counseling/counselors/northern-virginiacounselors.html>

## **Life Counseling Center Ministries**

Maryland

(Counseling for individuals, marriage, family, and children.)

<http://lifecounselingcenter.org/>

## **Chris Cole, MA, LPC Emmaus Family Counseling Center** *\*Accepts Insurance*

Ashburn, VA | 703-729-2822

<https://www.efccva.com/our-counselors-associates/>

## **Patrick Penaherrera**

Licensed Professional Counselor (English and Spanish)

Individual and marriage counseling available

[www.liliesandbirds.com](http://www.liliesandbirds.com)

## Counselors for children and teens:

Jessica Shen, LCSW

301-284-0724

[marylandchristiancounseling@gmail.com](mailto:marylandchristiancounseling@gmail.com)

[mdchristiancounseling.org](http://mdchristiancounseling.org)

## PSYCHIATRISTS

### Vell Rives, MD

901 N. Washington St. Suite 601

Alexandria, VA 22314

703-596-1024

### Tom Jacobs, MD

1635 N George Mason Dr Ste 240

Arlington, VA 22205

(703) 522-8294

### Ben Crawford, DO

44084 Riverside Pkwy (Suite 420)

Leesburg, VA 20176

(703) 724-0200

## Psychiatrist for children and teens:

### Greg Law, MD

Ashburn, VA

(703) 436-9941

[www.gregorylawmd.com](http://www.gregorylawmd.com)