

**PRAY,  
FAST,  
MAPS  
(Part 2)**

**Foundations for Life in Christ and  
Leadership in the Church**

David Platt  
McLean Bible Church

## The Mission of MBC

We glorify God by making disciples and multiplying churches among all nations,  
beginning in greater Washington, D.C.

## The Mission of Our Lives

- To enjoy God's grace in a relationship with Him.
- To exalt God's glory to the ends of the earth.

## How Do We Accomplish This Mission?

- We glorify God by growing as disciples of Jesus.
- We glorify God by making disciples of Jesus.
- We glorify God by multiplying churches that reflect Jesus.

## Where Do We Accomplish This Mission?

- Among all nations.

## One Conclusion...

- To be a disciple of Jesus is to let His global cause dictate everything you think, desire, and do.

## One Question...

- Do we really believe the Bible?
  - What the Bible says about the church?
  - What the Bible says about the lost?

## The Story of Scripture...

- The Bible is the story of how God redeems His people for His kingdom.
- God is bringing His people to His place for His purpose.

## Walking with God...

- Praise: Worship God for who He is.
- Repent: Confess your sin to God and acknowledge your need for Jesus.
- Ask: Petition for specific needs in your life and others' lives.
- Yield: Surrender your life to following Jesus wherever and however He leads you.
  
- Focus on God.
- Abstain from food.
- Substitute the time with prayer and meditation on God's Word.
- Taste and see that God is good.

## MAPS

<sup>5</sup> I will not leave you or forsake you. <sup>6</sup> Be strong and courageous, for you shall cause this people to inherit the land that I swore to their fathers to give them. <sup>7</sup> Only be strong and very courageous, being careful to do according to all the law that Moses my servant commanded you. Do not turn from it to the right hand or to the left, that you may have good success wherever you go. <sup>8</sup> This Book of the Law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success. <sup>9</sup> Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the LORD your God is with you wherever you go.”

Joshua 1:5-9

<sup>1</sup> Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; <sup>2</sup> but his delight is in the law of the LORD, and on his law he meditates day and night. <sup>3</sup> He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers. <sup>4</sup> The wicked are not so, but are like chaff that the wind drives away. <sup>5</sup> Therefore the wicked will not stand in the judgment, nor sinners in the congregation of the righteous; <sup>6</sup> for the LORD knows the way of the righteous, but the way of the wicked will perish.

Psalms 1

### Why do we meditate on God's Word?

<sup>7</sup> The law of the LORD is perfect, reviving the soul;  
the testimony of the LORD is sure, making wise the simple;  
<sup>8</sup> the precepts of the LORD are right, rejoicing the heart;  
the commandment of the LORD is pure, enlightening the eyes;  
<sup>9</sup> the fear of the LORD is clean, enduring forever;  
the rules of the LORD are true, and righteous altogether.  
<sup>10</sup> More to be desired are they than gold, even much fine gold;  
sweeter also than honey and drippings of the honeycomb.

<sup>11</sup> Moreover, by them is your servant warned; in keeping them there is great reward.

Psalms 19:7-11

- Because God's Word is perfect, trustworthy, right, and radiant.
- Because God's Word gives us life, makes us wise, brings us joy, and helps us see.
- Because God's Word is more valuable than money and more satisfying than food.
- Because God's Word guards us from danger and leads us to treasure.

*I rejoice at your word like one who finds great spoil.*

Psalms 119:162

## How do we meditate on God's Word?

*Do your best to present yourself to God as one approved, a worker who has no need to be ashamed, rightly handling the word of truth.  
2 Timothy 2:15*

### Dangerous Approaches to the Bible...

- The \_\_\_\_\_ emotional \_\_\_\_\_ approach: What feels right to me?
- The \_\_\_\_\_ spiritual \_\_\_\_\_ approach: What deep, hidden meaning is there for me?
- The \_\_\_\_\_ pragmatic \_\_\_\_\_ approach: What works best for me?
- The \_\_\_\_\_ superficial \_\_\_\_\_ approach: What does this mean to me?

### A Dependable Approach to the Bible...

- M\_\_\_\_\_editate\_\_\_\_\_ and M\_\_\_\_\_emorize\_\_\_\_\_.
  - Meditate: Read the Bible prayerfully, humbly, and reflectively.
    - What is happening in this passage?
    - What does this passage teach about...
      - Who \_\_\_\_\_ God \_\_\_\_\_ is?
      - Who \_\_\_\_\_ we \_\_\_\_\_ are?
      - How we follow \_\_\_\_\_ Jesus \_\_\_\_\_?
  - Memorize: Key verses, passages, and chapters.
- A\_\_\_\_\_pply\_\_\_\_\_.
  - Head: How does this passage transform your \_\_\_\_\_ thoughts \_\_\_\_\_?
  - Heart: How does this passage transform your \_\_\_\_\_ desires \_\_\_\_\_?
  - Hands: How does this passage transform your \_\_\_\_\_ actions \_\_\_\_\_?
- P\_\_\_\_\_ray\_\_\_\_\_.

*<sup>7</sup>If you abide in me, and my words abide in you, ask whatever you wish, and it will be done for you.  
John 15:7*

- P\_\_\_\_\_raise\_\_\_\_\_ according to God's Word.
- R\_\_\_\_\_epent\_\_\_\_\_ according to God's Word.

- Ask \_\_\_\_\_ according to God's Word.
- Yield \_\_\_\_\_ according to God's Word.

- Share \_\_\_\_\_.

*And these words that I command you today shall be on your heart. <sup>7</sup>You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise. <sup>8</sup>You shall bind them as a sign on your hand, and they shall be as frontlets between your eyes. <sup>9</sup>You shall write them on the doorposts of your house and on your gates.*

*Deuteronomy 6:6-9*

*Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, <sup>20</sup>teaching them to observe all that I have commanded you.*

*Matthew 28:19-20*

- Seriously consider \_\_\_\_\_ writing \_\_\_\_\_ down your reflections.
- Intentionally look for opportunities to \_\_\_\_\_ talk \_\_\_\_\_ with others about your reflections.

## MAPS – Psalm 1

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## **MAPS**

### A Guide for Experiencing Intimacy with God through His Word

#### **MEDITATE & MEMORIZE**

- Write down the point of the passage in one sentence:
  
  
  
  
  
  
- Write down one verse that you might want to memorize:

#### **APPLY**

- Write down at least one way you can apply this passage to your life (think head/heart/hands – how does this passage transform the way you think, desire, or act):

#### **PRAY**

- Write down a prayer based on this passage (think PRAY – how does this passage lead you to praise, repent, ask, or yield):

#### **SHARE**

- Write down one specific way you can share any of the above with someone else:



## Practical Takeaway

- Identify one step forward you can take in your life regarding GOD'S WORD.