

# CARE AND COUNSELING

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As a church we seek to do all we can to care for you. Whether it is grief, marriage enrichment, family support, or when you just need emotional and spiritual encouragement, we have various ministries in place to walk with you. But we also know that sometimes the help and guidance of expertly trained counselors can be beneficial. To guide you in that process, we recommend the following counselors and counseling centers.

If you have questions about our caring ministries or want to discuss your situation further you are welcome to call 703-770-3833 or email [counseling@mcleanbible.org](mailto:counseling@mcleanbible.org).

## **Heart Song Christian Counseling**

Northern Virginia

<https://www.heartsongcounseling.org/counseling/counselors/northern-virginiacounselors.html>

## **Life Counseling Center Ministries**

Maryland

(Counseling for individuals, marriage, family, and children.)

<http://lifecounselingcenter.org/>

## **Curt Thompson, MD & Associates** *\*Accepts Insurance*

Falls Church, VA | 703-241-2664

<https://www.curtthompsonassociates.com/>

## **Chris Cole, MA, LPC Emmaus Family Counseling Center** *\*Accepts Insurance*

Ashburn, VA | 703-729-2822

<https://www.efccva.com/our-counselors-associates/>

## **Counselor for children and teens:**

Jessica Shen, LCSW

301-284-0724

[marylandchristiancounseling@gmail.com](mailto:marylandchristiancounseling@gmail.com)

[mdchristiancounseling.org](http://mdchristiancounseling.org)